

# COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING  
AUGUST 2010 AS BREASTFEEDING  
AWARENESS MONTH IN  
SANTA BARBARA COUNTY**

*WHEREAS, breastfeeding is optimal nutrition and the perfect life-sustaining food for babies, and has a positive impact on the health and well being of both the baby and the mother which lasts far beyond infancy; and*

*WHEREAS, the Ten Steps to Successful Breastfeeding provide evidence-based practices that help improve breastfeeding outcomes; and*

*WHEREAS, health care providers, employers, community organizations, and families can encourage mothers to breastfeed and seek help if concerned so mothers feel confident in continuing to breastfeed; and*

*WHEREAS, access to professional support from International Board Certified Lactation Consultants helps mothers reach their breastfeeding goals; and*

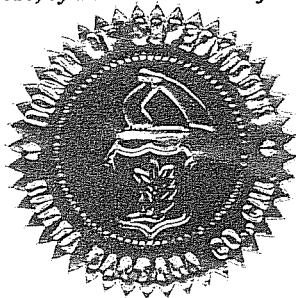
*WHEREAS, Santa Barbara County employee moms have 13 dedicated County locations to express breast milk after returning to the workforce; and*

*WHEREAS, the theme for Breastfeeding Awareness Month 2010 is "Breastfeeding: Just 10 Steps! The Baby-Friendly Way"; and*

*WHEREAS, Breastfeeding Awareness Month is a time to recognize the importance of breastfeeding around the world.*

**NOW, THEREFORE, BE IT HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims August 2010 as Breastfeeding Awareness Month in Santa Barbara County.**

*Passed and adopted by the Board of Supervisors of the County of Santa Barbara, State of California, this 10<sup>th</sup> day of August, 2010, by a unanimous vote of all members present.*



*[Signature]*  
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Supervisor - 1st District

*[Signature]*  
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Supervisor - 2nd District

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Supervisor - 3rd District

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Supervisor - 4th District

*[Signature]*  
\_\_\_\_\_  
Supervisor - 5th District

ATTEST:

*[Signature]*  
\_\_\_\_\_  
Clerk of the Board