

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 09/07/2004
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 09/28/2004
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: Phoenix of Santa Barbara and Aurora Vista Del Mar contracts.

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract with Phoenix of Santa Barbara (**Phoenix**), a local vendor, to continue providing psychiatric, rehabilitation and mental health services to mentally ill adults, for the period of July 1, 2004, through June 30, 2005, in the amount of \$860,544;
2. Approve and execute a contract with Aurora Vista Del Mar (**Aurora**), not a local vendor, to continue providing acute Psychiatric Inpatient Hospital services to adults and adolescents, for the period of July 1, 2004 through June 30, 2005 in the amount of \$300,000;
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

The services provided under these contracts will enable 200 Santa Barbara County residents to continue receiving intensive psychiatric inpatient, residential and outpatient services, case management, crisis intervention and mental health services. The services provided by Phoenix of Santa Barbara and Aurora Vista Del Mar are described below:

1. **Phoenix of Santa Barbara** operates three distinctive programs in Santa Barbara: Phoenix House, Mainstream Outpatient, and Ada's Place.

A. The **Phoenix House** provides intensive transitional residential treatment to 28 clients per year. The nature of these clients indicates that without this treatment and intervention, their behavior would often be problematic and would frequently result in hospitalization or incarceration. The contract requires that at least 10 clients involved in this treatment move to a lower and less costly level of care during the year. The participating clients will also incur fewer than 15 jail days per year and have a combined total of 15 weeks per year of employment and volunteering.

B. Phoenix's **Ada's Place** program provides sub-intensive transitional residential treatment to 18 clients per year. These sub-intensive clients are individuals with serious mental illness that, without this type of treatment and housing, would regularly be incarcerated or hospitalized at significant cost to the community. The contract requires that at least 5 clients move to a lower and less costly level of care. The participating clients will incur fewer than 5 jail days per year and have a combined total of 120 weeks per year of employment.

C. The **Outpatient Mainstream Program** serves 50 additional clients per year who reside in Board and Care and Room and Board living environments. These are clients who, without this type of treatment and support, would be at-risk of incarceration or hospitalization at a much higher rate. The program provides flexible around-the-clock short term or long term case management services as needed. The types of services provided are determined by the client's comprehensive service plan. The contract requires that twelve clients per year, will move to a lower level of care while the hospitalization rate will be no more than ten (10) hospital days per year, per client. Clients will be jailed no more than five (5) days per year, for all clients. Clients will be employed or volunteer more than twelve (12) weeks per year, per client.

Phoenix Outcomes: Phoenix's contract will assist ADMHS in meeting **Recurring Performance Measure (RPM) 215**, to provide effective mental health services to 4,200 seriously mentally ill adults. Additionally Phoenix's contract will assist ADMHS meet **RPM 200**, to provide cost effective services to mentally ill individuals, help mentally ill individuals live quality lives in the community and decrease the annual number of hospital bed days from an estimated 950 to 900.

2. **Aurora Vista Del Mar** provides Intensive Psychiatric Inpatient services to acutely mentally ill adults and children. These services include routine hospital and hospital-based ancillary services provided to clients requiring one-to-one intensive supervision. Intensive one-to-one service must be ordered on a daily basis by the attending physician with supporting documentation specifying the rationale for the medical necessity. This contract will result in the use of up to 527 bed days by acutely mentally ill adults and children.

Aurora Outcomes: The contract with Aurora will assist ADMHS to meet **RPM 219**, to provide 900 hospital bed days for individuals in acute crisis.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The Phoenix and Aurora contracts are funded by Medi-Cal and realignment. These funding sources are identified in the Adopted FY 2004-05, Budget, line items 5404, Medi-Cal; and 4102, realignment funds in the Adult Services Division, page D-146 and in the Children's Services Division on page D-152.

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of each contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management