

# County of Santa Barbara Custody Fitness Center Equipment

<b>Body Master</b>	<b>Tuff Stuff</b>	<b>Cybex</b>
• Chest Press	• Leg Press / Hack Squat	• Shoulder Press
• Chest Fly	• Cable Crossover	• Seated Row
• Lat Pulldown	• Adductor / Abductor	• Back Extension
• Triceps Pushdown	• Olympic Bench	• Multi Hip
• Bicep Curl	• Flat / Incline Bench (2)	• Smith Machine
• Leg Extension	• Preacher Curl	<b>Miscellaneous</b>
• Prone Leg Curl	• Vertical Leg Raise	• Olympic Bar
• Abdominal Crunch		• Olympic Weights
<b>Cardio Equipment</b>		• EZ Curl Bar
• Life Fitness Treadmill (2)	• Concept 2 Rower	• Hex Dumbbells (10 to 95)
• Life Fitness Elliptical	• Recumbent Bike	• Dumbbell Rack



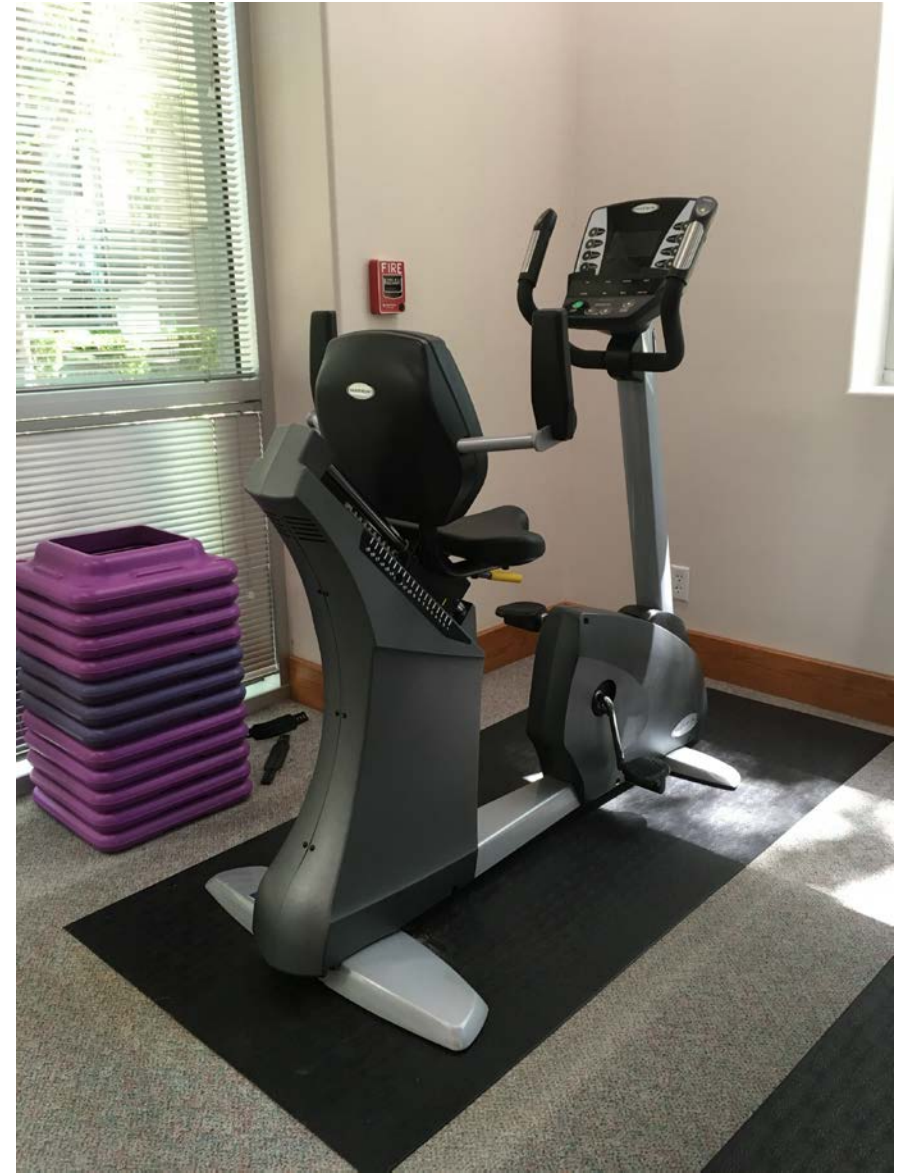
Life Fitness Treadmill (2)



Life Fitness Elliptical



Concept 2 Rower



Recumbent Bike



Body Master Chest Press



Body Master Pec Fly and Bicep Curl (In Background)



Body Master Ab Crunch



Body Master Lat Pulldown



Body Master Leg Extension and Prone Leg Curl



Cybex Shoulder Press



Cybex Seated Row



Cybex Back Extension



Tuff Stuff Adductor/Abductor





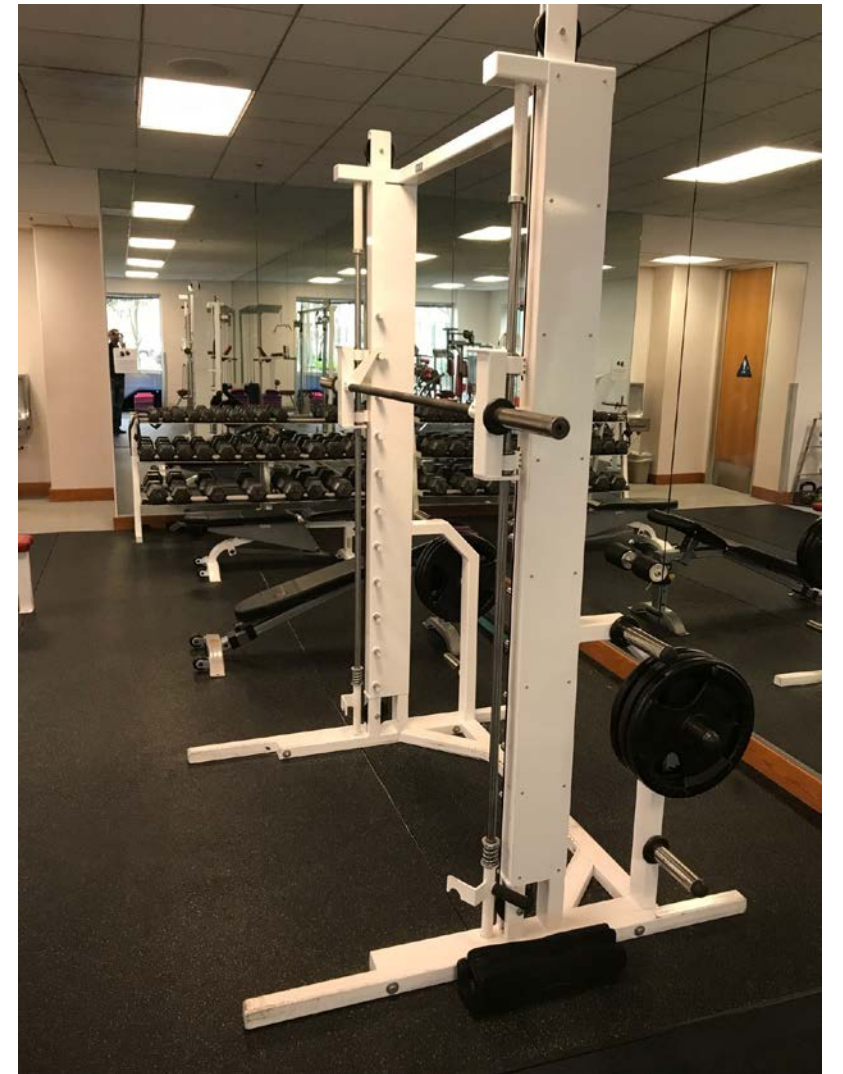
Cybex Multi Hip



Vertical Knee Raise



Tuff Stuff Cable Cross-Over



Cybex Smith Machine



Olympic Bench

Body Master Pec Fly



Tuff Stuff Leg Press/Hack Squat



Steel Hex Dumbbells (10 to 95) with Rack



Preacher Curl and Weight Tree



Flat Adjustable Incline Bench (2)



Pull-Up and Dip Station