



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 6-26-07
Placement: Departmental
Estimated Tme: 45 min
Continued Item: Yes
If Yes, date from: 6-5-07
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Douglas C. Barton, Interim Director
Director(s) Alcohol, Drug & Mental Health Services 805-681-5220
Contact Info: Marianne Garrity, Assistant Director, Administration 681-5220

SUBJECT: Casa del Mural Facility

County Counsel Concurrence

As to form: N/A

Other Concurrence: Select_Other

As to form: Select_Concurrence

Recommended Actions:

Concur with the Alcohol, Drug and Mental Health Services Department proposal to change the program and vendor operating at the Casa del Mural facility.

Summary Text:

On May 22, 2007, Alcohol, Drug and Mental Health Services (ADMHS) presented a report to the Board regarding the Casa del Mural facility, which provides services to severely mentally ill adults at the Calle Real Campus in Santa Barbara. Subsequently, on June 5, 2007 ADMHS returned to the Board with a report on the department's financial status, recent budget challenges and proposed solutions such as restructuring the program at the Casa del Mural facility. This report is in response to the Board's request for additional information regarding the proposed program restructuring at the Casa del Mural facility.

Background:

As outlined in the June 5, 2007 staff report, the FY 07-08 Proposed Budget included a variety of proposed solutions to ADMHS' budget shortfall, and included program restructuring at the Casa del Mural facility, which is owned by the County of Santa Barbara. Work Training Programs (WTP), a contracted provider, currently operates the existing program at the Casa del Mural facility. The program is an enhanced licensed board and care facility that provides residential and mental health rehabilitation services to 12 severely mentally ill adults who were formerly homeless.

Comparison of Existing and Proposed Programs		
	Existing Program	Proposed SHIA Program
# Clients	12	12
Client Housing Status	At risk of homelessness	At risk of homelessness
Clients	<ul style="list-style-type: none"> ○ Seriously Mentally ill ○ Require highest level of care available in community 	<ul style="list-style-type: none"> ○ Seriously Mentally ill ○ Require highest level of care available in community
Program Type	Licensed Residential Board and Care w/Emphasis on Long Term Stay	Supportive Housing
Average Length of Stay	738 days	Permanent Housing
Services	Services provided by CBO & County: <ul style="list-style-type: none"> ○ Case management (County) ○ Prescribe, monitor medication (County) ○ Psychiatric coverage (County) ○ 24 hour staff on-site supervision ○ Nighttime awake staff ○ Assistance and instruction on basic life skills 	Services provided by CBO's: <ul style="list-style-type: none"> ○ Case management ○ Prescribe, monitor medication ○ Psychiatric coverage ○ 24 hour staff availability ○ Assistance and instruction on basic life skills ○ Individual/Group Counseling ○ Substance abuse services
Annual Cost Per Client	\$44,166	\$10,031

ADMHS' FY 07-08 budget plan proposes to restructure the program operated at the Casa del Mural facility while maintaining it as a permanent housing resource for severely mentally ill, homeless people. Services for up to 12 adults living at Casa del Mural would be provided by the Santa Barbara Supportive Housing Initiative Act (SHIA) Collaborative. Member agencies would provide Assertive Community Treatment (ACT) model services including treatment, rehabilitation and support services to help mentally ill clients live independently in the community. The program currently operating at Casa del Mural provides on site supervision, including a set structure for activities of daily living, and connects individuals with available community mental health treatment and rehabilitation services.

Conversely, the SHIA program staff brings individualized services directly to clients through a multidisciplinary treatment team including a psychiatrist, psychiatric nurse and mental health specialists. SHIA services may include mental health, physical health, substance abuse services and goal-oriented recovery planning. In addition, case management services are coordinated to assist clients with life skills including medication management, transportation and housing services, educational and vocational/employment services. The SHIA team provides these necessary services 24 hours a day, seven days a week, and 365 days a year.

ACT service-delivery programs are evidence based. When compared with traditional mental health treatment models, research has shown that individuals receiving services from an ACT program:

- Spend significantly less time in hospitals;

- Have more time in independent living;
- Are more likely to be employed;
- Earn more income in competitive employment;
- Experience more positive social relationships;
- Express greater life satisfaction;
- Are less symptomatic.

Under the proposed plan, beginning the first quarter of FY 07-08, SHIA services would overlap the existing program at Casa del Mural. ADMHS, in partnership with WTP and SHIA partner agencies, will provide all existing Casa del Mural residents with full transition assistance to either enroll in the new program or to another appropriate level of care. SHIA and ADMHS will coordinate appropriate staffing for 24/7 coverage. WTP and Transitions have existing contracts with ADMHS to provide SHIA services to 130 clients throughout the County, including 65 in South County. The South County SHIA team has the capacity to serve an additional 12 clients. Conversely, the cost for the contract with WTP for operating the existing program at Casa del Mural is \$530,000 annually. At additional cost, ADMHS provides funding for facility expenses and a team of staff to provide intensive case management, psychiatric and medication services.

Some of the funding for the building was originally provided by Federal Housing Urban Development (HUD) continuum of care funding, through the County Housing & Community Development department (HCD). In addition, a State HCD grant, overseen by Santa Barbara Community Housing Corporation (SBCHC), funded building rehabilitation in the early 1990's and attached regulatory requirements governing the use of the facility. SBCHC, which continues to play a major role in assuring that all regulatory agreements are met, will determine that the proposed program is consistent with requirements to maintain the annual HUD grant. Current discussions indicate that the proposed program is consistent with both State and Federal requirements.

Performance Measure:

Performance measures for the SHIA program include the following:

- Decrease number of incarceration days.
- Decrease number of inpatient/acute care days and length of hospital stay.
- Increase number of days in stable/permanent housing.
- Increased success in establishing and maintaining meaningful social activities and relationships.
- Increase skills needed to engage in vocational and educational activities.

Fiscal and Facilities Impacts:

Budgeted: Select_Budgeted

Fiscal Analysis:

Narrative:

The cost of the Casa del Mural program for FY 06-07 is projected to be \$576,000 which includes the WTP contract and other facility operating costs. Implementation of the new service model and terminating the existing WTP contract would result in a savings to the County of \$530,000. The existing SHIA contracts will be able to absorb the additional clients and corresponding costs without additional cost to the County. ADMHS will continue to receive the \$115,000 HUD continuum of care grant funds for Casa del Mural. \$45,000 of the HUD grant will continue to be applied to facility costs

while the remaining \$70,000 would cover SHIA services nighttime coverage to ensure Casa del Mural tenants remain stable in the new model.

Special Instructions:

Please send one (1) copy of the minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110