

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 11/1/04  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 12/7/04  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, PhD., Director  
Department of Alcohol, Drug and Mental Health Services

**STAFF CONTACT:** Al Rodriguez, Assistant Director – Alcohol and Drug Program  
681.5442

**SUBJECT:** Acceptance of funding for the Federal Substance Abuse and Mental Health Services Administration (SAMHSA) Grant to Expand Substance Abuse Treatment for Pregnant and Parenting Women in Santa Maria and the California State Incentive Grant (SIG Grant) Regarding the Reduction of Binge Drinking

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## **Recommendation(s):**

That the Board of Supervisors:

1. Authorize the Director of Alcohol, Drug and Mental Health Services (ADMHS) to accept funding awarded by the Federal Substance Abuse and Mental Health Services Administration (SAMHSA) to provide Residential Treatment for Pregnant and Postpartum Women and Residential Treatment for Women and their Children for the period October 1, 2004, through September 30, 2007, for a provisional amount of \$500,000, per year for three years;
2. Authorize the Director of Alcohol, Drug and Mental Health Services (ADMHS) to accept funding awarded by the California State Incentive Grant (SIG Grant) Project that funds initiatives to reduce binge drinking and related problems among youth and young adults in Isla Vista for the three-year period commencing October 1, 2004 through September 30, 2007, at the first year amount of \$237,444, and a provisional amount of \$750,000, over the three year period;
3. Authorize a change in the Department's Position Funding Allocation by a combined 1.5 FTE. The recommended positions would be filled through the contractor on payroll process.
4. Authorize the Director of ADMHS to negotiate terms related to the Notice of Grant Awards, including future amendments provided that the results of any such negotiations do not materially change the scope of the grants as originally supported by the Board.

## **Alignment with Board Strategic Plan:**

The recommendations(s) are primarily aligned with Goal No.2. A Safe and Healthy Community in Which to Live, Work, and Visit, and Goal No.7. Strengthen the Safety and Well-Being of Children and their Families to Ensure a Strong Future for our Community.

## **Executive Summary and Discussion:**

On May 25, 2004, (Board of Supervisors File Reference No. 04-00512) and July 27, 2004, (Board of Supervisors File Reference No. 04-00727) ADMHS requested support from your Board authorizing the Director to submit proposals for two grants: The **SAMHSA Grant** for treatment of pregnant and parenting women, and the **SIG Grant** to address the issue of binge drinking in Isla Vista.

### **SAMHSA Grant**

On September 30, 2004, ADMHS received a Notice of Grant Award for the proposal funding Residential Treatment for Pregnant and Postpartum Women and Residential Treatment for Women and Their Children (PPW/RWC) through the U.S. Department of Substance Abuse and Mental Health Administration (SAMHSA). The purpose of this grant is to expand the availability of comprehensive, high quality residential substance abuse treatment services for low-income women, age 18 and over, who are pregnant, postpartum (the period after childbirth up to 12 months), or other parenting women, and their minor children, age 17 and under, who have limited access to quality health services.

The SAMHSA Grant award amount is \$500,000, per year for three years with the funding earmarked for expanded perinatal residential services in North County to provide for a comprehensive service system designed to improve the overall treatment outcomes for homeless or near homeless women, their children and the family unit as a whole.

### **SIG Grant**

On October 1, 2004, ADMHS received a Notice of Grant Award for the SIG Grant to fund the reduction of binge drinking-related problems among youth and young adults in Isla Vista. Santa Barbara County was chosen in the competitive grant application process as a Primary Applicant county. The California SIG Grant Project is designed to create system changes to better coordinate with the State's overall prevention system, thereby enabling state and local programs to obtain optimal results with all available federal, state and county substance abuse prevention funding.

The SIG Grant initiative seeks to reduce binge drinking and related problems among youth and young adults in Isla Vista for the three-year period commencing October 1, 2004 through September 30, 2007, with a first year amount of \$237,444. Subsequent years funding will be dependent upon actual usage of first year funds. The first year funding will expand the existing prevention initiatives beyond the retail/business sector to address problem behavior in residential settings that require significant law enforcement resources, result in significant student injury, and negatively impact other residents of Isla Vista.

## **Outcomes and Performance Measures:**

The SIG and SAMHSA Grants will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0216**, to provide effective alcohol and other drug treatment services to 5,000 clients.

The SIG Grant will also assist ADMHS in meeting **Recurring Performance Measure (RPM) 0197**, to increase the number of county residents participating in substance abuse coalitions.

The SAMHSA Grant will ensure the required comprehensive continuum of care through a collaborative partnership with ADMHS' Early Childhood Mental Health services; Public Health's Women's Clinic and Homeless Health Outreach project; Department of Social Services Child Welfare and CalWorks programs; the First Five Commission's Welcome Every Baby initiative; and other community agencies. To comply with SAMHSA's obligations under Government Performance and Results Act (GPRA) it is proposed that UCSB, under an amended county agreement, would collect, evaluate, maintain, follow-up and report the extensive baseline data required by SAMHSA and the County. In addition, there will be a specific component for outreach and service to the area's Latina population.

The SIG Grant will provide funding resources to strengthen the County's existing evidence-based community projects by focusing on factors within local community environments that contribute to individual, family and community alcohol-related problems. The State's adoption of an environmental approach to prevention is a shift from a traditional education or intervention model and is aimed at changing community practices that encourage high risk drinking behaviors. The University of California Berkley's Institute for Social Change, under an amended county agreement, would assist ADMHS in developing an appropriate evaluation plan for the project.

### **Mandates and Service Levels:**

As a grant award recipient, the County of Santa Barbara is required to comply with: Executive Order 12372 (E.O. 12372), as implemented through Department of Health and Human Services regulation at 45 CFR Part 100. As with all governmental grant awards, the County of Santa Barbara is required to meet grant requirements for submission of progress and financial reports, lobbying, debarment, audits, drug-free workplace, civil rights compliance, non-supplantation of funds and confidentiality.

Both grants require individual Project Directors. If authorized, ADMHS proposes to hire Project Directors for both grants (1.0 FTE for SAMHSA grant and 0.5 FTE for the SIG grant) as Contractors-on-Payroll to oversee the implementation and management of these collaborative programs. Contractor-on-Payroll status potentially avoids long term costs ranging beyond the grant period. Funding for these positions will be supported by the grant allowed under each grant. All other grant services would be provided through contract agreements with existing or newly developed contractors including the Sheriff's Department.

### **Fiscal and Facilities Impacts:**

There are no anticipated facility impacts, no increase in General Fund contributions and no match requirements for these two grant awards. A Budget Revision for FY 2004-2005 (the first-year of the grant period) will be submitted for the inclusion of both grants into the ADMHS budget. The total indirect cost for the SIG Project is 8%, and can only be applied toward personnel, travel, and other direct costs. For the SAMHSA Grant, administrative overhead costs are set at 10%.

A sustainability plan will be developed in year-one of both grants to identify those services that can be reasonably sustained with other funding sources such as a federally funded reimbursement mechanism, Federal Prevention Set-Aside funds, Drug Medi-Cal payments for perinatal services provided by the Good Samaritan Center.

### **Special Instructions:**

Please return (2) Certified Minute Orders to:  
Al Rodriguez, Assistant Director,  
ADMHS-Alcohol and Drug Program,  
300 N. San Antonio Road,  
Santa Barbara, CA 93110

**Concurrence:**  
Santa Barbara County Sheriff's Department