



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: July 11, 2017
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness 805-681-5220
Contact Info: Ole Behrendtsen, MD, Medical Director
Department of Behavioral Wellness 805-681-5220

SUBJECT: Behavioral Wellness FY 17-20 Institutions for Mental Disease/Residential Mental Health Contract Renewals

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute an Agreement for services of Independent Contractor with **Crestwood Behavioral Health Center, Inc.** (not a local vendor), an institution for mental disease, for a contract amount not to exceed **\$850,000** per fiscal year, and a total maximum contract amount not to exceed **\$2,550,000** for the period of July 1, 2017 through June 30, 2020.
- B. Approve, ratify, and authorize the Chair to execute an Agreement of services of Independent Contractor with **Merced Behavioral Center** (not a local vendor), an institution for mental disease, for a contract amount not to exceed **\$550,000** per fiscal year, and a total maximum contract amount not to exceed **\$1,650,000** for the period of July 1, 2017 through June 30, 2020.
- C. Approve, ratify, and authorize the Chair to execute an Agreement of services of Independent Contractor with **Sylmar Health and Rehabilitation Center** (not a local vendor) an institution for mental disease, for a contract amount not to exceed **\$1,100,000** per year and a total maximum contract amount not to exceed **\$3,300,000** for the period of July 1, 2017 through June 30, 2020.

- D. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text: The Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Institutions for Mental Disease (IMDs). Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background:

Behavioral Wellness provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. Behavioral Wellness examines the current caseload and historical use of IMD facilities in order to project the following year's contract amounts within Department's budget constraints. Behavioral Wellness contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches, and Mental Health Rehabilitation Centers. Due to limited bed availability at each IMD, Behavioral Wellness contracts with a number of IMDs throughout the State.

Crestwood facilities, located in Kern, Shasta and Santa Clara counties, provide intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders, in locked facilities. These skill-building and symptom management services are designed to support clients in returning to community living as soon as possible. For the past fiscal year, Crestwood has consistently held a caseload of 10-13 clients per month. The current funding projections are based on an average caseload of 11 clients per month.

Merced Behavioral Center (Merced), located in Merced County, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring in a locked setting. For the past fiscal year, Merced has consistently held a caseload of 7-10 clients per month. The current funding projections are based on an average caseload of 8 clients per month.

Sylmar Health & Rehabilitation Center (Sylmar) is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or

fragile individuals. For the past fiscal year, Sylmar has consistently held a caseload of 15-18 clients per month. The current funding projections are based on an average caseload of 17 clients per month.

Performance Measures:

Program goals and expected outcomes have been added to each of the agreements above and include the following:

Adult Program Evaluation IMD Services		
Program Goal	Outcome	Target
❖ Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems	Maintain the average quarterly percentage of acute psychiatric inpatient admissions at X% or less.	10%
	Maintain the percent of clients hospitalized for physical health reasons per quarter at X% or less.	10%
	Maintain the percentage of clients transitioning to a higher level of care (i.e., State Hospital, locked IMD or long-term stabilization on inpatient unit) due to psychiatric conditions at X% or lower.	10%

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 17-18</u>	<u>FY 18-19</u>	<u>FY 19-20</u>
General Fund			
State	\$ 2,500,000.00	\$ 2,500,000.00	\$ 2,500,000.00
Federal			
Fees			
Other:			
Total	\$ 2,500,000.00	\$ 2,500,000.00	\$ 2,500,000.00

Narrative: The above referenced contracts are funded by State funds. The funding sources are included in the FY 2017-2018 Adopted Budget.

Key Contract Risks: There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In this case, the department will return to the Board of Supervisors to request an increase to the contract maximums where needed.

Special Instructions:

Please send one (1) complete copy of each executed contract and one (1) minute order to:
qilopez@co.santa-barbara.ca.us.

Attachments:

Attachment A: Crestwood Behavioral Health Center Inc. FY 17-20

Attachment B: Merced Behavioral Center FY 17-20

Attachment C: Sylmar Health & Rehabilitation Center FY 17-20

Authored by:

Q. Lopez