



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 1-13-09
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D.
Director(s) ADMHS Director, 805-681-5220
Contact Info: Marianne Garrity, R.N.
Deputy Director, 805-681-5220

SUBJECT: Contract Amendments for SAMHSA Grant Funding

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

Consider recommendations regarding amendments to allocate Substance Abuse and Mental Health Services Administration grant funds to contracts for Alcohol and Drug Program services, as follows:

1. Approve and execute an amendment to the contract with Good Samaritan Shelter, Inc. (a local vendor) to allocate additional funds in the amount of \$218,653 for a total contract in the amount of \$1,491,640 for FY 08-09.
2. Approve and execute an amendment to the contract with Mental Health Systems, Inc. (not a local vendor) to allocate additional funds in the amount of \$109,789 for a total contract in the amount of \$410,321 for FY 08-09.
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

Summary Text:

On October 28, 2008, the Board of Supervisors authorized the Director of Alcohol, Drug and Mental Health Services (ADMHS) to receive Substance Abuse and Mental Health Services Administration (SAMHSA) Grant funds over a three-year period for the Treatment Drug Courts Grant and the Pregnant

and Postpartum Women Grant. The grants were awarded to ADMHS to administer the Methamphetamine Recovery Services (MARS) Program and the Sober Women and Healthy Families (SWHF) Residential Program in Santa Barbara County. The MARS Program will expand the treatment capacity of the Substance Abuse Treatment Court (SATC) in Santa Maria, and will provide enhanced substance abuse and mental health treatment to existing SATC participants. The SWHF Residential Program will allow for a coordinated continuum of services for the early intervention and integrated treatment of substance abuse and mental illness for pregnant and postpartum women and their minor children. The SAMHSA Grants are expected to provide funding for three-year project periods. The recommended action allocates the first year of grant funds among contractors to implement the programs according to the requirements of the grant award.

Background:

SAMHSA Treatment Drug Courts Grant:

The MARS Program will be administered by Good Samaritan Shelter, Inc. (Good Samaritan) and Mental Health Systems, Inc. (MHS). The MARS Program will serve 252 unduplicated clients through the SATC in Santa Maria over the three year project period and will provide enhanced substance abuse and mental health treatment to current SATC participants. The MARS Program will serve Santa Maria's growing population of SATC participants who have co-occurring methamphetamine dependence and mental health disorders. The MARS Program will provide each client with the support they require in order to establish a clean and sober lifestyle, improve the quality of their lives, and reduce the episodes of criminality and psychiatric disorders.

Good Samaritan will assess all clients upon intake, and again at six months using a test designed to evaluate acute and chronic effects of posttraumatic stress, including the effects of childhood and partner abuse and psychological trauma. Good Samaritan will also develop treatment plans for each client that will simultaneously treat co-occurring mental health disorders and substance abuse. These treatment plans shall include individual and group counseling as appropriate. Good Samaritan will receive \$25,931 in MARS funding for the remainder of FY 08-09.

Mental Health Systems will administer the Addiction Severity Index to each client upon intake, and at regular intervals during the course of treatment. MHS will provide treatment to clients, which shall include comprehensive case management services, provide psychiatric services, including assessment, prescriptions, and medication management to clients who require those services, and shall participate in court conferences as determined by the court team. MHS will receive \$79,789 in MARS funding and an additional \$30,000 to continue the Santa Barbara outpatient program for the remainder of FY 08-09.

SAMHSA Pregnant and Postpartum Women Grant:

The SWHF Residential Program will provide a system of care for early intervention and integrated treatment of substance abuse and mental illness in pregnant and postpartum women. The SWHF Residential Program will expand services of Good Samaritan's residential perinatal program from Santa Maria into Lompoc. The SWHF Residential Program will provide expanded and enhanced services to pregnant and postpartum women in Lompoc. The SWHF Residential Program will be headquartered in Lompoc and will include transitional residential services and supportive housing for pregnant and postpartum women and their minor children, and reunification of children with their families. Program participants will complete a four to six month intensive residential program at the Good Samaritan facility in Lompoc. Upon completion, women and their families will remain linked to the program through intensive support services, including transitional housing, which will be coordinated by Good

Samaritan. Each year of the three year project period, the SWHF Residential Program will serve 50 women, 150-200 children housed with their mother, 50-100 children housed at other locations, and approximately 50 family members, partners and/or fathers to the children. The primary goal of the SWHF Residential Program will be to reduce the impact of substance abuse on women and their children as measured by positive birth outcomes, mother-child bonding and parenting successes, family maintenance and reunification, and improved education, job and housing factors. Good Samaritan will receive \$190,722 in SWHF funding for the remainder of FY 08-09.

Performance Measure:

SAMHSA Treatment Drug Courts Grant:

The SAMHSA Treatment Drug Courts grant will assist ADMHS in meeting Recurring Performance Measure (RPM) 0147: to promote program effectiveness, 80% of 40 graduates from Adult Drug Court will have no new jail time. For FY 07-08, 92% had no new jail time.

Data will be collected per the requirements of the Government Performance Review Act of 1993 (GPRA). GPRA forms will be administered at entry into the program, six months and at discharge from SATC. Specific objectives of the MARS program include: 1) a reduction in arrests; 2) a reduction in jail days; and 3) an increase in the proportion of participants who complete SATC from 48% to 60%. Assessment instruments to be used include the Addiction Severity Index, which obtains information on drug and alcohol related problems in the areas of legal, medical, family/social, employment, and psychiatric status; the Trauma Symptom Inventory, to evaluate the chronic effects of posttraumatic stress including the effects of childhood and spousal/partner abuse and psychological trauma; and the Mental Health Statistics Improvement Program Adult Consumer Survey, to evaluate the performance of the treatment in the areas of access, quality/appropriateness of care, outcome, and general satisfaction.

SAMHSA Pregnant and Postpartum Women Grant:

The SAMHSA Pregnant and Postpartum Women grant will assist ADMHS in meeting Recurring Performance Measure (RPM) 0244: to promote the health and well-being of children, ensure that 100% of an estimated 25 children born to women receiving perinatal alcohol and drug treatment services will be drug free.

Assessment instruments that will be used in the SWHF program include the required GPRA forms, in addition to the Addiction Severity Index, Trauma Symptom Inventory, and Parenting Stress Index for adults; and the Vineland Social-Emotional Early Childhood Scales for children under age six, to assess children's social-emotional development. Specific outcomes of the SWHF program include: 1) 70% of participants admitted to the program through Child Welfare Services will stay through completion of treatment and successfully reunite with their children; 2) 100% of babies born to women while in the program will be drug free; and 3) 100% of pregnant women who enter the program will adhere to recommended guidelines for prenatal care from enrollment through the child's birth. Additional goals of evaluation include: assessing client satisfaction; evaluation of individual client outcomes and provision of feedback to counselors on client needs and progress; determination of the extent to which the SWHF program meets the specified goals and objectives; and provision of ongoing feedback to the SWHF program administrators for performance review and improvement.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 32,000	\$ 2,000	
Federal			
Fees			
Other: SAMHSA	\$ 296,442	\$ 428,445	
Total	\$ 328,442	\$ 430,445	\$ -

Narrative:

The above referenced contracts are funded by a combination of State and SAMHSA revenue. The funding sources are identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-156 in the FY 2008-09 County Budget Book, in the Alcohol and Drug Program Division). The SAMHSA revenues were approved by the Board on October 28, 2008 and incorporated into the budget with budget revisions #2007557 and 2007558. Execution of these contract amendments will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) copy of each fully executed contract amendment and one (1) minute order to:

Alcohol, Drug and Mental Health Services
ATTN: Contracts
300 North San Antonio Road, Bldg 3
Santa Barbara, CA 93110

Attachments:

The complete Good Samaritan Shelter, Inc and Mental Health Systems, Inc FY 08-09 Contract Amendments are available at the Clerk of the Board office:

- Good Samaritan Shelter, Inc., BC 05-086
- Mental Health Systems, Inc., BC 05-100

Authored by:

E. Jeffery

cc: