



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 43  
For Agenda Of: 01/23/07  
Placement: Administrative  
Estimate Time:  
Continued Item: NO  
If Yes, date from:  
Vote Required: Majority

TO: Board of Supervisors  
FROM: Department Director(s) James L. Broderick, Ph.D., Director  
Alcohol, Drug & Mental Health Services  
Contact Info: Marianne Garrity, ADMHS Assistant Director, Administration  
805-681-4092

**SUBJECT: Sandra Fahey, MFT, Early Childhood Mental Health Services Coordinator Contract.**

**County Counsel Concurrence:**  
As to form:  Yes  No  N/A

**Auditor-Controller Concurrence:**  
As to form:  Yes  No  N/A

**Other Concurrence:** N/A  
As to form:  Yes  No  N/A

**Recommended Action(s):**

That the Board of Supervisors:

1. Approve and execute a Contractor on Payroll contract in the amount of \$78,320 to fund an Early Childhood Mental Health Services Project Manager, Sandra Fahey, MFT, to provide program management, development and leadership to the Early Childhood Mental Health and Special Needs Collaborative in Santa Barbara County. This contract complies with the County of Santa Barbara Contractor On Payroll Policy dated September 2006 which was approved by the Board of Supervisors on October 3, 2006.
2. Authorize the Director of ADMHS to approve amendments to the proposed contract, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

**Summary:**

The Early Childhood Mental Health Services Project Manager is a licensed Mental Health Care Professional who will provide program management, development, and leadership to ADMHS' Early Childhood Mental Health Special Needs programs. Among these are programs previously referred to as the Prop.10/First Five programs as well as a broader group of providers, not receiving First Five funding, all working together within the Early Childhood Mental Health and Special Needs System of

Care to serve our community's children. Santa Barbara County, Children & Families Commission (First Five) was established in February 1999, in concert with the passage of the 1998 California Children and Families Act (Proposition 10) by California voters in November 1998. One of First Five's core initiatives is the Early Childhood Mental Health-Special Needs (ECMH-SN) initiative, a format change from previous years to include additional agencies serving a physical disability-based (special needs) population.

The Early Childhood Mental Health-Special Needs program enables Santa Barbara County to provide mental health treatment services to residents age birth through five years, and their families, with a coordinated, unified and non-duplicative approach. The ECMH-SN initiative enables ADMHS to develop an Early Childhood System-of-Care. Services and partners other than those funded through First five are active members of the ECMH-SN System-of-Care. The ECMH-SN System-of-Care falls within the ADMHS Children's Mental Health Division and is overseen by the Children's Division Manager. Mental health treatment services are provided by Child Abuse Listening and Mediation (CALM), Santa Barbara County Office of Education (SBCEO), Emma Posadas-Espinosa, Santa Ynez Valley People Helping People, Sojourn, UCSB, and Alpha Resource Center as "grantees" under the ADMHS contract with First Five. In addition, ADMHS clinics and myriad Community Based providers have come together with the First Five funded programs to provide the community with a unified approach for service delivery to this population. The Early Childhood Mental Health-Special Needs Project Manager, under ADMHS, provides the administrative leadership for the overall collaborative and ECMH-SN system.

The ECMH-SN initiative augments and leverages private funds and provides a match for Title IV-E funding to support early intervention, prevention, and family support services delivered through bi-lingual home visitors and specialist staff. In addition, Prop 10 dollars are leveraged by Medi-Cal and EPSDT dollars for many services delivered. The coordinated services provided through this initiative include individual and family counseling, health and development screenings and assessments; training, outreach and education; parent support and education and case management.

The Alcohol, Drug and Mental Health Services (ADMHS) department has numerous contracts with service providers that have been approved by the Board of Supervisors as part of the ongoing contract list during Fiscal Year 2006-07 Budget Hearings. For FY 06-07, Sandra Fahey was included on the ongoing contracts list at \$54,000, however this amount was based on less than a full year of service. Please note that Ms. Fahey's new FY06/07 contract is for a full term (one year), thus resulting in a new contract total of \$78,320 exceeding the 10% variance allowed.

Increasing and extending the contract of Sandra Fahey is critical to meeting our Performance Measures, Mandates and Proposition 10 requirements, and to meeting the needs of mentally ill residents in our County. Consequently, ADMHS requests the Board approve and execute the Sandra Fahey contract renewal with variance exceeding 10% of the amount approved in the ongoing contract list. Please note that submission to the Board for approval of this contract was affected by the Contractor on Payroll Policy improvement process and implementation, which began in June 2006. This contract complies with the County of Santa Barbara Contractor On Payroll Policy dated September 2006 which was approved by the Board of Supervisors on October 3, 2006. Ms. Fahey's services continued uninterrupted from the previous fiscal year due to the Proposition 10 funding requirements and the need for a continuous and consistent system of services to special needs children.

### **Performance Measures**

The Early Childhood Mental Health-Special Needs Project Manager will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0214**, to provide effective mental health services to 2,450 youth and their families. In an effort to decrease mental health crises and psychosocial problems of young children, increase the resiliency and social-emotional development of children and families, Ms. Fahey will oversee the services of seven community based organizations that provide services to 2,300 children and families. Ms. Fahey will compile information from the seven organizations and prepare tri-annual reports for submission to the Santa Barbara County Children and Families Commission.

In an effort to provide effective prevention and intervention services to pregnant and/or parenting women in our community and improve parental care for infants and toddlers, Ms. Fahey will assist the Postpartum Depression Steering Committee to develop a curriculum for training providers to identify, prevent and treat postpartum depression; and develop and oversee group sessions for approximately 21 participants every six weeks.

To expand the capacity of ADMHS and effectively serve families with infants and toddlers in our community, Ms. Fahey will identify and train an early childhood clinician at each of the three ADMHS Children and Family Services sites and provide supervision to those clinicians working with First 5 families.

The Early Childhood Mental Health-Special Needs Project Manager will also assist ADMHS in meeting **Recurring Performance Measure (RPM) 0198**, to provide high quality Mental Health services to children in order to keep the number of new out-of-home placements below 100 per year.

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

**Fiscal and Facilities Impacts:**

Budgeted:  Yes     No

**Fiscal Analysis**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State			
Federal			
Fees			
Other: ECMHS Grant	\$ 78,320.00		
Total	\$ 78,320.00	\$ -	\$ -

**Narrative:**

The recommended action has no impact on the General Fund Contribution. The funding source for the Early Childhood Mental Health-Special Needs Project Manager contract is a grant from the First Five Commission. This funding source is identified in the Adopted FY 2006-07, Budget under Federal and State Revenues; Other Charges for Services – LIA 5561 - County & 999 Fees, in the County Budget Book, Children Services Division, Page D-154.

These actions will not result in a need for any additional facilities.

**Staffing Impacts**

**Legal Positions:**  
N/A

**FTEs:**  
1.0

**Sandra Fahey, MFT, Early Childhood Mental Health Services Coordinator Contract.**

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**Special Instructions:**

Please send one (1) fully executed copy of the contract amendment and endorsed minute order to:  
Alcohol, Drug & Mental Health Services  
ATTN: Contracts Office  
300 N. San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110

**Attachments:**

FY 06/07 Contract for Sandra Fahey, MFT, Early Childhood Mental Health Services Coordinator.

**Authored by:**

Cathy Fox

**cc:**