

Ramirez, Angelica

Public Comment



**From:** Dana Goba <dana.goba@ccmahealth.org>  
**Sent:** Friday, December 11, 2020 4:51 PM  
**To:** Hart, Gregg; County Executive Office; Do-Reynoso, Van; Ansorg, Henning  
**Cc:** sbcob  
**Subject:** Medical Association Support of Central Coast Region  
**Attachments:** CCMA VCMA Letter to Gov Newsom.pdf

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

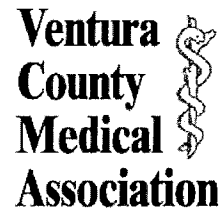
Chair Hart, Ms. Miyasato, Dr. Do-Reynoso, and Dr. Ansorg,

The Central Coast Medical Association and Ventura County Medical Association sent a letter to Governor Newsom supporting the creation of a Central Coast Region separate from Southern California, and the letter is attached for your reference.

Regards,  
 Dana

Dana Goba  
 Chief Executive Officer  
 Central Coast Medical Association  
 T 805.683.5335  
 F 805.364.5135  
[www.CCMAHealth.org](http://www.CCMAHealth.org)

*Promoting the science and art of medicine, the care and well-being of patients, the protection of the public health, the betterment of the medical profession, and to achieve health equity and justice.*



December 10, 2020

Honorable Gavin Newsom  
Governor of the State of California  
1303 10th Street, Suite 1173  
Sacramento, CA 95814

Re: Creation of Coronavirus Central Coast Region Consisting of San Luis Obispo, Santa Barbara, and Ventura Counties

Dear Governor Newsom,

The Boards of Directors of the Central Coast Medical Association and Ventura County Medical Association, representing the physicians of San Luis Obispo, Santa Barbara, and Ventura counties, support the Public Health Officers and Public Health Directors letter to Dr. Erica Pan dated December 7, 2020, requesting the creation of a Central Coast tri-county region.

We believe a Central Coast region would create a more accurate, efficient monitoring region. Resource sharing, hospitalization, and ICU utilization surveillance trends could be understood far better in the context of local discussions among the county public health agencies.

Thank you very much for your leadership during these very challenging times. With all of us working together, we can beat this pandemic.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kevin Casey".

Kevin Casey, MD  
President  
Central Coast Medical Association

A handwritten signature in black ink, appearing to read "Prashant Verma".

Prashant Verma, MD  
President  
Ventura County Medical Association

cc:

Erica Pan, MD, MPH, Acting State Health Officer, California Department of Public Health  
San Luis Obispo County Board of Supervisors  
San Luis Obispo County, County Administrative Officer  
San Luis Obispo County Public Health Department  
Santa Barbara County Board of Supervisors  
Santa Barbara County Chief Executive Officer  
Santa Barbara County Public Health Department  
Ventura County Board of Supervisors  
Ventura County Chief Executive Officer  
Ventura County Public Health Department  
Central Coast Region Elected State Representatives  
California Medical Association

## Ramirez, Angelica

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**From:** seniors@kcbx.net  
**Sent:** Sunday, December 13, 2020 12:46 PM  
**To:** sbcob  
**Subject:** Meals for senior citizens - department item 1  
**Attachments:** Meals for Isolated Seniors Funding-Dec-C.pdf

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Departmental item 1: Public Comment

Good afternoon. Thanks for this opportunity to share with you what one coalition of agencies has done to address COVID 19 challenges locally. As part of the Isolated Senior project and other outreach the Area Agency on Aging has been able to use two of the three recent federal stimulus bills to expand the provision of hot, nutritious meals throughout Santa Barbara County. This was possible with several partners: Center for Successful Aging, CommUnify, Cuyama Valley Family Resource Center, Carpinteria Children's Project, and Life Steps Foundation (serving Lompoc and Santa Maria).

As presented in the Senior Services Funding section of the 2020 Legislative Platform, the relationship between nutrition and health is clear and direct. Numerous studies show that good nutrition is directly related to good health in senior citizens. Some findings include that food insecure seniors have:

- ✓ Low nutrient intakes,
- ✓ Worse health outcomes,
- ✓ Greater cognitive problems,
- ✓ Higher levels of aggression & anxiety
- ✓ More oral health problems and
- ✓ Poorer general health.

With low nutrient intakes, seniors experience lower energy, less protein, less calcium and less iron. These translate directly to lower ability to complete the ADL's (Activities of Daily Living- dressing, transferring, walking, eating, bathing and toileting) and IADL's. Additionally, UCLA CHIS Report on food insecurity revealed that food insecurity was 23.5% for the 65+ population in the Central Coast Counties.

As a result of COVID 19 stimulus funds, 1,110 senior citizens have received meals since March 2020 in Santa Barbara County. This is in addition to the ongoing meal service of approximately 815 clients through regular AAA funding from the Older Americans Act monies by CommUnify. According to the State Department of Finance, there are 70,100 persons aged 65+ in Santa Barbara County. Using the CHIS data of 23.5% of 65 + years of age (16,473) are food insecure, we have a challenge to meet the food insecurity among senior citizens in Santa Barbara County.

At this time, we will face meal terminations of most clients receiving meals from the COVID 19 funds on December 30, 2020. Additional senior meals are included in the latest stimulus proposal (Bipartisan emergency COVID Relief Act) and we are very hopeful. But it doesn't appear that such funding will meet our December 30<sup>th</sup> deadline and as a result we have been searching for 'bridge' funding beginning in September 2020. Last month we began reassessing clients to set priorities. We appreciate anything the County can do to address the needs of these senior citizens. Thanks again for this opportunity to share.

*joyce ellen*  
*joyce ellen lippman*

**Central Coast Commission for Senior Citizens**

*AAA Advisory Council statement (June 2020): The Advisory Council of the Central Coast (CA) Commission for Seniors exists to support the needs and well-being of the elders in our community. In so doing, we acknowledge that, for these goals to be realized, they must apply to all regardless of age, ethnicity, skin color, gender orientation, personal challenges, or spiritual belief. Recognizing recent social events, the Advisory Council strongly supports the equality, rights and well-being of all people, regardless of difference. In times such as these, the words in our Constitution's preamble ...life, liberty and the pursuit of happiness, present as fundamental to our individual security and achieving our nation's most vital aspirations.*

# Isolated Seniors During COVID19: Meals and Basic Needs

## *Funding Request for Santa Barbara County Elder Residents*

### SUMMARY

#### MEALS - The Back Story

- Prior to the COVID19 pandemic, the CommUnify (Community Action Commission of Santa Barbara County, Inc) was the primary provider of meals - either provided at local senior centers/facilities or home delivered for the frail, at-risk older adult.
- The number of meals CommUnify was projected to serve for 2020-21 with funding from the Older Americans Act (passed through the local Area Agency on Aging) is 136,674 to 815 clients.
  - 89,000 Home-delivered meals to 425 clients  
Total all-inclusive cost of \$928,807 (\$400,000 is from the Area Agency on Aging)
  - 47,674 Congregate meals to 390 clients  
Total all-inclusive cost of \$925,225 (\$205,000 from the Area Agency on Aging)

During COVID19, all meals have been converted to home-delivered.

- With COVID19, there are significant numbers of older adults without family support systems who are isolated due to the stay-at-home order and their increased risk status.
- Given this, Santa Barbara County needed additional home-delivered meals to meet this additional need. CommUnify and additional providers stepped forward to help. Additional meals are being funded through two federal stimulus bills (Families First Coronavirus Recovery Act and CARES Act), passed through the local Area Agency on Aging.
- Additional home-delivered meals provided during COVID19 from March to September 2020

	March	April	May	June	July	August	September	Total
Center for Successful Aging	0	0	462	2327	2337	1983	0	7,109
Cuyama Valley FRC	0	0	71	1132	1272	1130	1,179	4,784
Carpinteria Children's Project	0	0	0	0	326	778	742	1,846
LifeSteps Foundation (SM/Lompoc)	0	446	2509	2932	2860	2545	2542	13,834
CommUnify	95	2178	4084	5447	6540	6197	6313	30,854
<b>Total</b>	<b>95</b>	<b>2,624</b>	<b>7,126</b>	<b>11,838</b>	<b>13,335</b>	<b>12,633</b>	<b>10,776</b>	<b>58,417</b>

- Client characteristics of the additional seniors receiving meals, March – September 30, 2020

Total #	Over Age 80	Lives Alone	In Poverty	High Nutritional Risk	2+ ADLs deficiencies	+2 IADLs deficiencies
1,100	33%	53%	44%	27%	16%	40%

## MEALS - The Bottom Line and Request

- Federal funding supporting additional home-delivered meals for senior citizens during COVID19 runs out December 31, 2020.
- The amount of funding needed to continue the additional meals from January 2021 to September 2021 is: 442 meals x 195 days = 86,190 total meals, costing \$1,077,625.

## BASIC NEEDS - The Back Story

- Prior to COVID, some basic needs assistance was being provided to seniors by various providers. Unfortunately, it is difficult to quantify these pre-COVID services.
- Since COVID, providers across the county have been allocated a total of \$305,000 to support additional basic needs assistance for senior citizens during COVID19. 1,221 older adults have been served. Of these, about 76% had not received services previously.
- Common needs have included food insecurity; lack of essential items – paper, cleaning, hygiene, masks and gloves; lack of socialization and mental health services; lack of transportation to medical appointments; other basic needs; care management.
- Partners connect seniors with existing services if they exist, or provide services directly if there are no other options. Linking older adults to services and supports that are no cost to them helps free up their resources for other critical needs like rent, medication, food etc.

*“A total of 910 unduplicated senior citizens in Santa Barbara County received hot, nutritious meals through federal stimulus monies from March - September 2020 that met the qualifications as a congregate meal participant.”*

## BASIC NEEDS - The Bottom Line and Request

- Most providers are self-funding these additional basic needs services starting October 2020.
- A few providers need funding to continue these services. The amount of funding needed from January 2021 to September 2021 is \$18,000/month, or \$162,000 total.

# DETAILS

## Introduction

The COVID19 pandemic hit the community in March 2020. The stay-at-home order created concern about isolated senior citizens, so in April a consortium of nonprofit partners throughout the county worked together to locate and offer services. Through this Isolated Senior Outreach project, 800 seniors were identified who had never had services from any human service agency. The project is coordinated by Family Service Agency and funded by philanthropists and local foundations, with additional support for meals from federal stimulus funds.

As part of the Isolated Senior Outreach project, seniors were offered information and referral regarding a variety of services in the community. The needs identified were basic human needs: food, grocery shopping, transportation, prescription pick-up, financial resources (how do I get the stimulus check?), housing eviction concerns and fear/anxiety. While not everyone contacted needed any of the basic needs, most did and appropriate referrals were made and information provided. Partners in the Isolated Senior Outreach project continue to provide services as the pandemic continues.

Prior to the COVID19 pandemic, the CommUnify (Community Action Commission of Santa Barbara County, Inc) was the primary provider of meals. Through a contract with the Area Agency on Aging, meals were provided at local senior centers/facilities, and also home delivered for the frail, at-risk older adult. With COVID19, the AAA needed additional providers and several local organizations stepped forward. They secured monies from the two stimulus bills (Families First Coronavirus Recovery Act and CARES Act).

## Needs Assessment & Waiting Lists

The latest formal Elder Needs Assessment completed by the local Area Agency on Aging in 2018 identified the following at the top help needed now: Understanding Medicare, affordable housing, transportation and meal/food. This is pre-COVID19 pandemic.

In the pandemic period, these needs have been exacerbated and expanded. The focus has continued to be to assist senior citizens and family caregivers to remain at home safely. The 'shelter in place' order has placed a unique burden on seniors and their families. And as the months have progressed, the burden has become increasingly difficult and multi-faceted. The information below addresses senior meals as the priority request, and other basic needs as the secondary request.

In June-July 2020, the Cuyama Valley Family Resource Center conducted a Client Satisfaction Survey. The survey was completed on paper and included five (5) questions. The results are presented below. The results indicate that the new meal program is very important during this COVID19 period and has been very helpful in helping seniors being safe. Eighty (80) surveys were distributed and 67 returned, an 84% response rate. CVFRC Client Satisfaction survey results:

1. How important has the Cooked & Delivered Meals for Seniors program been to you during the COVID19 crisis?  
Response: Very Important = 37 or 55%; Important = 14 or 21% Total = 51 or 76%
2. How important do you consider these meals to keeping you safe during the COVID19 crisis?  
Response: Very Important = 39 or 58%; Important = 14 or 21% Total = 53 or 79%
3. What percent of your household food intake does the Cooked & Delivered Meals for Seniors program represent?  
More than 90% = 4 or 6%; 90% = 4 or 6%; 75% = 15 or 22%; 50% = 24 or 36%;  
or 50% and above = 47 or 70%
4. Going forward, how important is it to your household that this supplemental food program continue in the coming months?  
Response: Very Important = 34 or 51%; Important = 12 or 18% Total = 46 or 69%
5. Before COVID19, did you attend the Senior Luncheons at CVFRC?  
Response: Yes = 30 or 45%; No = 30 or 45%; NA = 7 or 10%

In considering the results, it is important to remember that residents of the Cuyama Valley are an independent and self-reliant people. They live in a community with few resources and the community has a high poverty rate. At the end of the stimulus funding from the Area Agency on Aging (December 2020) all

meal program participants from all meal providers will be asked to complete a satisfaction survey (designed by the meal providers).

There are periodic waiting lists, as there is always a flow of seniors leaving the nutrition program as well as new seniors who need meals. Agencies have been funded since March/April with primary funding from two federal stimulus bills: Families First Coronavirus Recovery Act (FFCRA Act - HR 6201) and Coronavirus Aid, Relief, and Economic Security Act (CARES Act - HR 748). They have also sought and secured additional funding for this pandemic period from private philanthropists and foundations.

## NUTRITION/MEALS DATA

### A. Prior annual meal provision, clients served and costs: senior nutrition program from Older Americans Act (does not include COVID19 additional meals)

	2020/21 Projection	2019/20 Actual	2018/19 Actual	2017/18 Actual
CommUnify				
HDM Meals	89,000	85,061	91,230	88,552
HDM Clients	425	411	401	474
AAA cost	\$400,000.	\$556,796.	\$483,115.	\$477,836.
Total cost	\$928,807.	\$873,236.	\$751,158.	\$680,503.
Congregate Meals	47,674	40,090	54,264	53,782
Congregate Clients	390*	636	890	987
AAA cost	\$205,000.	\$292,488.	\$275,954.	\$282,459.
Total cost	\$925,225.	\$896,147.	\$841,024.	\$854,964.

\*The 2020/21 allocation was significantly reduced from the Older Americans Act. This first allocation is frequently lower than previous year. Additional funding generally comes through later in the year that will increase the number of served.

For the period, July-August 2020, CommUnify provided 13,418 Older Americans Act funded meals for Congregate meal clients and 14,732 for home delivered clients.

### B. Additional COVID19 Nutrition/Meals provision March – September 30, 2020

It is important to note that while all the meals provided are delivered to the home (COVID19 order to shelter in place), clients are categorized by the stimulus bills as either a senior eligible for a home delivered meal or a congregare meal.

All clients must be 60 years of age or older. Clients identified as home delivered must have two deficiencies of Activities of Daily Living (ADLs). Impairment of Activities of Daily Living (ADL) is defined as the inability to perform two or more of the following six activities of daily living without assistance: eating, dressing, bathing, toileting, transferring in and out of bed/chair, and walking.

Impairment in Instrumental Activities of Daily Living (IADL) is defined as the inability to perform two or more of the following eight instrumental activities of daily living without assistance: preparing meals,



shopping for personal items, medication management, managing money, using the telephone, doing heavy housework, doing light housework, and transportation ability (transportation ability refers to the individual's ability to make use of available transportation without assistance).

## B1. Meal services provided by provider, March – September 2020

### Meals provided, March – September 2020

	March	April	May	June	July	August	September	Total
Center for Successful Aging	0	0	462	2327	2337	1983	0	7,109
Cuyama Valley FRC	0	0	71	1132	1272	1130	1,179	4,784
Carpinteria Children's Project	0	0	0	0	326	778	742	1,846
LifeSteps Foundation (SM/Lompoc)	0	446	2509	2932	2860	2545	2542	13,834
CommUnify	95	2178	4084	5447	6540	6197	6313	30,854
<b>Total</b>	<b>95</b>	<b>2,624</b>	<b>7,126</b>	<b>11,838</b>	<b>13,335</b>	<b>12,633</b>	<b>10,776</b>	<b>58,417</b>






## B2. Client characteristics of seniors served, March – September 30, 2020

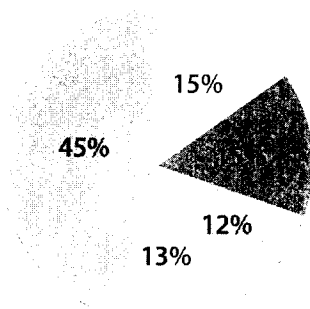
### Characteristics of seniors who met the qualifications for congregate meals:

	Total #	Over Age 80	Lives Alone	In Poverty	High Nutritional Risk	+2 ADLs deficiencies	2+ IADLs deficiencies
Carpinteria Children's Project	141	31%	15%	35%	12%	11%	55%
Center for Successful Aging	136	24%	67%	51%	51%	4%	40%
Cuyama Valley Family Resource Services	107	17%	31%	72%	34%	7%	38%
LifeSteps Foundation (SM/Lompoc)	119	43%	49%	9%	11%	2%	8%
CommUnify	407	30%	57%	55%	52%	23%	54%

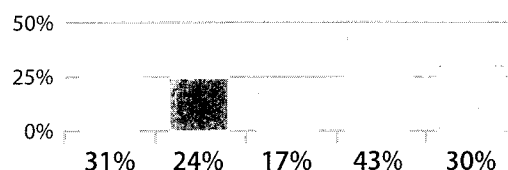
A total of 910 unduplicated senior citizens in Santa Barbara County received hot, nutritious meals through federal stimulus monies from March-September 2020 that met the qualifications as a congregate meal participant.

### Congregate Clients

-  Carpinteria Children's Project
-  Center for Successful Aging
-  Cuyama Valley Family Resource Services
-  LifeSteps Foundation (SM/Lompoc)
-  CommUnify



### Percentage of Congregate Clients over 80 years



## Characteristics of seniors who met the qualifications for home delivered meals:

	Total #	Over Age 80	Lives Alone	In Poverty	High Nutritional Risk	+2 ADLs deficiencies	2+ IADLs deficiencies
Carpinteria Children's Project	33	76%	21%	45%	15%	97%	97%
Center for Successful Aging	19	38%	62%	62%	46%	31%	54%
Cuyama Valley Family Resource Srvcs	2	0	50%	100%	50%	100%	100%
LifeSteps Foundation (SM/Lompoc)	75	49%	31%	20%	23%	68%	91%
CommUnify	72	42%	53%	28%	75%	49%	88%

A total of 201 senior citizens in Santa Barbara County received hot, nutritious meals through stimulus monies from that met the qualifications as a home-delivered meal participant (clients had at least two ADL deficiencies).

## B3. Allocations for COVID19 Meals/Nutrition services, March – December 2020

	Allocation	Contract Period	Funding Source	Meal Goal	Cost to AAA per meal
Center for Successful Aging	\$106,875.	5/26 - 9/30	HR 6201	7,125	\$15.00
	\$96,000.	10/1 - 12/31	HR 748	8,000	\$12.00
Subtotal	\$202,875.			15,125	\$13.41
Cuyama Valley Family Resource Center	\$51,300.	5/19 - 9/30	HR 6201	5,400	\$9.50
	\$28,329.	10/1 - 12/31	HR 6201	3,520	\$9.50
Subtotal	\$79,629.			8,920	\$9.50
LifeSteps Foundation (SM/Lompoc)	\$43,500.	4/13 - 6/30	Title IIID	6,000	\$7.25
	\$43,430.	7/1 - 12/30	Title IIID	3,948	\$11.00
	\$44,984.	7/1 - 12/30	HR 6201	4,090	\$11.00
	\$90,336.	7/1 - 12/30	HR 748	8,212	\$11.00
Subtotal	\$222,250			22,250	\$9.99
CommUnify	\$67,841.	4/23 - 8/31	HR 6201	4,523	\$15.00
	\$514,465.	9/1/20-9/30/21*	HR 748	53,053	\$10.00
Subtotal	\$582,306.			57,576	\$10.11
Carpinteria Children's project	\$40,800.	7/12 - 11/15	HR 748	3,200	\$12.75
<b>Total</b>	<b>\$1,127,860.</b>			<b>107,071</b>	<b>\$10.54</b>

Meal costs vary for a variety of reasons. They include: type of meal preparation (restaurant purchase, own meal production, own kitchen prepares other meals for non-seniors, volume, delivery by volunteers of paid personnel and/or overhead/administrative costs. Currently, the providers are providing meals as follows:

- Center for Successful Aging: restaurant prepared meals, staff make the deliveries, 5 days a week,
- Cuyama Valley FRC: restaurant prepared meals, volunteers and staff delivered, 3 days a week,
- LifeSteps Foundation (SM/Lompoc) – own kitchen preparation, staff delivery, 5 days a week
- CommUnify: meals from a vendor, staff delivery (hoping to add volunteers), 5 days a week,
- Carpinteria Children's Project: restaurant purchased meals, volunteer and staff delivery, 1 day a week (Sunday)

## C. THE BOTTOM LINE AND REQUEST:

### Nutrition/Meals Conclusions and Request for Additional COVID19 Meals

Based on the information above and the continuing needs, the following request is presented to the Santa Barbara County community to continue the funding of essential food/nutrition services in 2021:

<i>Name of Organization</i>	<i>Proposed Meal Services</i>	<i>Time Period</i>	<i>Proposed Funding</i>
<b>Center for Successful Aging</b>	125 meals per day/195 days 24,375 meals @ \$15.00 per meal	Jan -September 2021	\$365,625
<b>Cuyama Valley Family Center</b>	70 meals per day/195 days 13,650 meals @ \$9.50 per meal	Jan- September 2021	\$129,675
<b>LifeSteps Foundation (SM/Lompoc)</b>	175 meals per day/195 days (Lompoc & Santa Maria areas) 34,125 meals @ \$11.00 per meal	Jan- September 2021	\$375,375
<b>CommUnify</b>	72 meals per day/195 days 14,040 meals @ \$14.74 pr meal	Jan -September 2021	\$206,950
<b>TOTAL Request</b>			<b>\$1,077,625</b>

Other options to consider:

Reduce/limit meal services to 75% of the new clients for 2021: (331 clients X \$12.50 per meal X 195 days) \$806,812.

Reduce/ limit meal services to 50% of the new clients: (221 clients X \$12.50 per meal X 195 days) \$ 538,687.

Reduce/limit meal services to those who meets the HDM characteristics: (168 X \$12.50 X 195 days) \$409,500.

Reduce/limit meal services to those that self-identified as living in poverty: (317X 12.50 X 195 ) \$772,687.

Reduce/limit meal services to those identified that they were over 80 years of age: (239 X \$12.50 X 195) \$ 582,562.

### C1. Other major nutrition resources not included in this Request

Several other food programs have received stimulus funds to address the nutrition/meal issues from COVID19 pandemic. The largest and most effective are Food Bank of Santa Barbara County and CalFresh/ County Department of Social Services. We have also connected with the Emergency Feeding Task Force.

### C2. Other

Carpinteria Children's Project has notified the Area Agency on Aging that they will not continue to provide meals for senior citizens. They did so due to the COVID19 pandemic and have decided to return to their main mission at the end of their current Agreement (November 15, 2020).

It is important to note that all programs provide one (1) meal a day. Meals are required to meet or exceed the revised federal Guidelines required by the State of California. One provider's meal portions are adequate for two (2) meals.

Also, new clients continue to express need and become a delivered meal participant during this pandemic period. And, there continue to be senior citizens who drop off the meal program because they feel confident to complete meal preparation, grocery shopping, or have enough resources with other resources secured.

**D. Projections for additional meals for the next 3 years.**

The focus of this request is the needs of vulnerable older adults during the extended period of COVID. Additional information has also been requested about possible continued need after COVID19. At this point we don't have verifiable data about continued need, so have provided two estimates below.

**D1. Projections of additional meals needed for the next 3 years if 75% of new clients identified during COVID19 continue to have nutrition/meal needs after COVID19**

In response, these projections have been prepared based on the following assumptions:

- A. Other funding sources remain the same, such AAA, CenCal, County, cities, client donations etc.
- B. Costs remain the same in constant dollars
- C. Increase of 5% seniors per year
- D. 75% of 'new' clients remain on program after COVID 19 Pandemic
- E. One provider (CommUnify) assumes all clients from other providers

	<u>2021/22</u> <u>Projection</u>	<u>2022/23</u> <u>Projection</u>	<u>2023/24</u> <u>Projection</u>
CommUnify			
HDM Meals	27,375	28,835	30,295
HDM Clients	75	79	83
HDM costs from new source	\$410,625.	\$432,525.	\$454,425.
Congregate Meals	117,500	122,500	127,500
Congregate Clients	470	490	510
Cost from new source	\$1,762,500.	\$1,837,500.	\$1,912,500.
<b>Total</b>	<b>\$2,173,125.</b>	<b>\$2,270,025.</b>	<b>\$2,366,925.</b>

## D2. Projections of additional meals needed for the next 3 years if 50% of new clients identified during COVID19 continue to have nutrition/meal needs after COVID19

In response, these projections have been prepared based on the following assumptions:

- A. Other funding sources remain the same, such AAA, CenCal, County, cities, client donations etc.
- B. Costs remain the same (\$15.00 per meal)
- C. Increase of 5% seniors per year
- D. 50% of 'new' clients remain on program after COVID 19 Pandemic
- E. One provider (CommUnify) assumes all clients from other providers

	2021/22 Projection	2022/23 Projection	2023/24 Projection
CommUnify			
HDM Meals	20,531	21,557	22,635
HDM Clients	50	52	54
HDM costs from new source	\$307,968.	\$323,355.	\$339,525.
Congregate Meals	78,250	82,162	85,000
Congregate Clients	313	328	345
Cost from new source	\$1,173,750.	\$1,232,437.	\$1,275,000.
<b>Total</b>	<b>\$1,481,718.</b>	<b>\$1,555,792.</b>	<b>\$1,614,525.</b>

## E. What happens after COVID19 pandemic as COVID19 restrictions ease up and extra funding ends?

There are several scenarios that may happen after these meals end either in December 2020, September 2021 or anytime. It is important to note that all program participants will be reassessed prior to the service termination. At that time, the service provider will confer and review options for the participant's consideration. The meal options include:

1. All clients can consider eating at any of the congregate meal sites (13 sites throughout County) when the sites reopen following federal, state and County guidelines;
2. Clients re-assessed and meeting the home delivered meal qualifications can consider applying to CommUnify and the other meals on wheels programs in the County;
3. If no availability for a client needing home delivered meals, suggest getting on the wait list and consider attending congregate meal site, if available, with caregiver in the interim; and
4. If none of the options for meals are workable due to the clients continued anxiety and/or fear, they can be referred to the Family Services Agency of Santa Barbara County for their CARES Act expanded mental health counseling and support groups.

Transition Planning - The partnerships established through this project will be critical in transition planning. Care coordination would be an effective approach to assisting each senior in working through the service options. In addition, the Aging and Adult Network could be a forum for collaborative conversations among providers in preparation for and implementation of these needed transitions.

## BASIC NEEDS DATA

Prior to COVID, some basic needs assistance was being provided to seniors by various providers. Unfortunately, it is difficult to quantify these pre-COVID services. Since COVID, providers across the county have been allocated a total of \$305,000 to support additional basic needs assistance for senior citizens during COVID19. 1,221 older adults have been served. Of these, about 76% had not received services previously.

The Isolated Seniors Outreach partners are:

- Family Service Agency, also known as the Youth and Family Center in Santa Maria, the Little House by the Park in Guadalupe, and the Dorothy Jackson Family Resource Center in Lompoc
- Santa Ynez Valley People Helping People
- Center for Successful Aging
- CommUnify (formerly Community Action Commission)
- Central Coast Commission for Senior Citizens
- Lompoc Valley Medical Center
- Lompoc Valley Community Healthcare Organization
- Carpinteria Children's Project
- Community Partners in Caring
- Cuyama Valley Family Resource Center

Service provision began April 15, 2020. The partners conducted outreach throughout the county to identify senior citizens in need of assistance. Outreach consisted of door hangers, flyers, radio announcements, print media and TV public service announcements.

When working with older adults, partners first assess needs utilizing a checklist that covers nutrition, hygiene (paper, cleaning etc. supplies needed), wellness (physical, emotional, social), finances, legal issues, and census completion.

Common needs identified include:

- Food insecurity
- Lack of essential items – paper, cleaning, hygiene, masks and gloves
- Lack of socialization and mental health services
- Lack of transportation to medical appointments
- Other basic needs
- Care management

Partners connect seniors with existing services if they exist, or provide services directly if there are no other options. Linking older adults to services and supports that are no cost to them helps free up their resources for other critical needs like rent, medication, food etc.

Existing services partners are connecting seniors to or providing directly include such things as home-delivered meals and foodbank food deliveries; assistance with basic needs applications like CalFresh and reduced utilities costs; telephone reassurance and mental health counseling; transportation.

Services the consortium partners are providing directly also include help with prescription delivery, purchase and delivery of essential supplies (paper products; cleaning supplies; health and personal supplies), and food to augment what is provided through home-delivered meals or the Foodbank.

Many seniors were not aware of services available in their communities and they have now been linked to providers who may continue to be a support in the future.

The number of seniors assisted from April 15 to September 30, 2020 is below.

Communities	Unduplicated Older Adults Assisted April 15 to August 15 2020	Had Contact With Prior to COVID-19	New Older Adults	% New	Estimated Number With Continued Need After SB County Fully Open	% With Continued Need
Santa Ynez Valley (PHP)	96	55	41	43%	75	78%
Lompoc (LVCHO & LVMC, then CPC)	215	83	132	61%	150	70%
Santa Barbara/Goleta (CSA)	132	6	126	95%	110	83%
Carpinteria (CCP)	251	18	233	93%	158	63%
Santa Maria (CPC)	307	92	215	70%	225	73%
Cuyama Valley (FRC)	111	30	81	73%	75	68%
Guadalupe (LHP)	109	11	98	90%	90	83%
<b>TOTAL</b>	<b>1,221</b>	<b>290</b>	<b>926</b>	<b>76%</b>	<b>883</b>	<b>72%</b>

## THE BOTTOM LINE AND REQUEST:

### Basic Needs

Partners have been allocated a total of \$305,000 in additional funding for these additional services during COVID-19. All communities in the county will continue to be served through the end of December 2020, and most partners will continue services in 2021 through their own self-funded efforts. However, Carpinteria Children’s Project will not continue services for seniors into 2021. Additional funding will be needed for a new partner in Carpinteria and for partial support of two existing partners, starting January 1, 2021. This request is for \$18,000 per month for nine months, totaling \$162,000, to ensure continued services throughout the county.

**Ramirez, Angelica**

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**From:** Deb Andrews <needhelpaskdebandrews@gmail.com>  
**Sent:** Sunday, December 13, 2020 9:01 PM  
**To:** sbcob  
**Subject:** Testimony to be read at the 12-15-20 meeting attached  
**Attachments:** NCS SBCBOS 12-15-20.docx

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Hi please also distribute to each Supervisor.

Thank you,

Deb Andrews 402-598-0738 3240 Beck Rd Lompoc  
Senator, New California State Santa Barbara County

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Deb Andrews  
[www.electdebandrews.com](http://www.electdebandrews.com)



NCS Lompoc City Council

Deb Andrews, 3240 Beck Rd Lompoc, Senator, New California State, Santa Barbara County

Life, Liberty and the pursuit of Happiness: are unalienable rights given to all humans by their Creator and which governments are created to protect. Nearly 250 years after the founding fathers recognized the need to declare independence from tyranny, we find ourselves at the same crossroads.

The Santa Barbara County Board of Supervisors' actions taken in 2020 are egregious violations of the oath each took upon entering elected office. The people's representatives closed the people's house to the people. Employees and elected representatives continued to have access.

A fraud was perpetrated on the people to deny their sovereignty and subjugate them to draconian dictates. Citizens were falsely told their liberty and freedoms were restricted or cancelled to protect them from deadly disease.

Elected officials knew, or should have known, that was a falsehood generated to control and cause fear. According to the Center for Disease Control less than 20,000 people have died of COVID-19 across the entire nation. Covid-19 survival rate is 99.99% depending on age group.

Large businesses controlled by government and allowed to remain open, require citizens to wear masks and maintain a six-foot distance from other citizens. Essential businesses post signs: where to stand, when to load groceries on the belt for the cashier, and my personal favorite, "For your safety, restrooms are closed".

Citizens are forbidden to share a meal or coffee with friends in a restaurant or coffee shop. Restaurants are not even allowed to serve patrons outside, though restaurants are allowed to offer water bowls for dogs.

Small businesses are the very essence of freedom and liberty as well as the backbone of our economy. They are more difficult for government to control. COVID-19 restrictions are forcing mom and pop businesses out of existence.

Citizens are now under house arrest from 10pm to 5am each day.

As outlined in the Constitution of the United States of America; Amendment 14 Section 1, (**No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws**).

If complicit and proven guilty of dereliction to your oath of office, charges carry felony jail time. I request you rescind the unconstitutional actions/ordinances you have undertaken under color of law.

Deb Andrews, Senator, New California State, Santa Barbara County 402-598-0738

## Ramirez, Angelica

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**From:** Lisa Sloan <lsloan728@gmail.com>  
**Sent:** Monday, December 14, 2020 12:50 PM  
**To:** sbcob; Lavagnino, Steve; Williams, Das; Hart, Gregg; Adam, Peter; Hartmann, Joan  
**Cc:** Do-Reynoso, Van; Ansorg, Henning; info@sbsheriff.org  
**Subject:** Stop Unscientific and Unconstitutional Lockdowns

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

December 8, 2020 Hearing

Public Comment submitted for the public record.

Item #1

SB County BOS

Dear Honorable County Supervisors,

Thank you kindly to Chair Hart and Supervisors Hartman and Williams for responding to my letter from last week. You each described the plan to send a letter formally requesting Governor Newsom to ungroup our county from the Southern California Region and to form a Central Coast region with Ventura and San Luis Obispo. Meanwhile, each day that goes by waiting for a response, our county continues to suffer.

Would you please help your constituents who wish to make a living, go to school, and worship God in church? These lockdowns are political and are not based upon science. The data does not warrant the closures for a virus with a 99.8% survival rate, according to the CDC. Besides, nowhere in the U.S. Constitution is there a provision for the Bill of Rights to become void in time of pestilence or any other emergency crisis.

What makes us think that a tyrannical Grinch Newsom will respond in a timely manner to our pitiful letter? Businesses that have submitted their attestations obviously intend to be protective of their customers. Meanwhile, Newsom breaks his own guidelines. Do his actions demonstrate that he believes his guidelines are effective? No, the only goal of this Grinch is to steal Christmas.

Stop the interminable unscientific and unconstitutional closures of businesses, schools and churches, whether our hospital capacity is measured as a sole County or as the entire Southern California region. Don't wait for a response to your letter that may never come! Please protect your constituents now. Uphold your oath of office. **Defy the Grinch!**

Lisa Sloan

Goleta

Cc: Henning Ansorg  
Van Do-Reynoso  
Sheriff Bill Brown