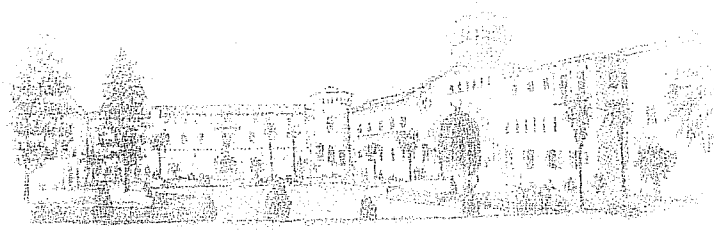


JANET WOLF
County Supervisor, Second District

MARY E. O'GORMAN
Chief of Staff

HILARY R. CAMPBELL
Board Administrative Assistant



BOARD OF SUPERVISORS
105 East Anapamu Street, 4th Floor
Santa Barbara, California 93101

TELEPHONE: (805) 568-2191
FAX: (805) 568-2283
E-mail: jwolf@sbcbos2.org
www.countyofsb.org/bos/wolf

SANTA BARBARA COUNTY

November 2, 2015

Clerk of the Board of Supervisors
County of Santa Barbara
105 East Anapamu Street
Santa Barbara, CA 93101

For placement on the agenda for the meeting of: November 17, 2015

Re: Advisory Board on Alcohol and Drug Problems

I would like to recommend the following for the appointment to subject Committee, Commission or Board.

Full Name of Appointee: Ruth Watkins Ackerman Salutation: Dr.

Address:

E-mail: [REDACTED]

City: Santa Barbara State: CA

Zip: 93105

Home Telephone:

Appointee will represent the Second District on this commission.

Position was formerly held by: Katie Smith

Position Title: Member

Appointment Expires on: 12/31/18

Second District Supervisor Janet Wolf

Clerk of the Board: Please send minute order to:
Maria Xique, ADMHS
Ruth Ackerman, see address above
Hilary Campbell, BOS Second District

**APPLICATION FOR
COUNTY OF SANTA BARBARA
BOARD, COMMISSION OR COMMITTEE**

Return to: Clerk of the Board of Supervisors
105 E. Anapamu Street, Room 407
Santa Barbara, CA 93101

DATE RECEIVED

2015 JUL -9 PM 1:12
■ Copy to Supervisor

Instructions: Please complete each section below. Be sure to enter the title of the Board, Commission or Committee (only one per application) for which you desire consideration in Box 1. For more complete information or assistance, contact the Clerk of the Board of Supervisors. Please print in ink or type. Please note that ALL information provided is a matter of public record, and is subject to disclosure.

1. APPLYING FOR: (Use Specific Title of Board, Commission or Committee)
Advisory Board on Alcohol + Drug Problems

2. TODAY'S DATE:
7/5/15

3. NAME:
Ackerman Ruth Watkins
Last First Middle

4. E-MAIL ADDRESS:
[REDACTED]

6. ADDRESS:

Number Street
Santa Barbara 93105
City Zip Code

5. TELEPHONE:
Home: _____
Business: [REDACTED]

7. REFERENCES: Give names and addresses of three (3) individuals (not relatives) who have knowledge of your character, experience, community involvement, and abilities.

NAME	ADDRESS	TELEPHONE	OCCUPATION
Geoff Green		[REDACTED]	Exec. Dir. SBCC Foundation
Debra Manchester		[REDACTED]	Exec Dir. Family Therapy Institute
Joanne Rapp		[REDACTED]	Volunteer

8. Are you, or have you ever been, employed by the County of Santa Barbara? No Yes - if yes, list below

Department: _____ Title: _____ Date: _____

9. PLEASE CHECK APPROPRIATE BOXES (OPTIONAL):

Ethnic or Racial Identity:
 White
 African American
 Hispanic
 Asian/Pacific Islander
 Native American/Alaskan Native
 Other (please specify): _____

Sex:
 Male
 Female

10. EDUCATION COMPLETED:
PhD

11. INDICATE SUPERVISOR WHO WILL RECEIVE A COPY OF APPLICATION:
Janet Wolf

12. EXPERIENCE: Please explain why you are interested in serving, and what experience you bring to the Committee. Attach additional documentation as necessary.

As you will see from my resume and bio attached, I have been deeply interested in the issue of service delivery of alcohol and drug treatment services throughout my entire career. I have seen public and private programs in many states + countries and have consulted her the U.S. and abroad. I want to bring my knowledge and skills "home" now.

3. ADDITIONAL INFORMATION: Give any information explaining qualifications, experience, training, education, volunteer activities, community organization memberships, or personal interests that bear on your application for the above Board, Commission or Committee. Attach additional sheets as necessary.

see resume attached

4. SIGNATURE OF APPLICANT: Ruth W Ackerman

Ruth Watkins Ackerman, Ph.D., L.C.S.W.

RESUME

DEGREES:

Ph.D., The Fielding Institute, Santa Barbara, CA. Human and Organizational Systems (1994)

M.A., The Fielding Institute, Santa Barbara, CA. Human Services (1992).

M.S.W., University of California, Berkeley, CA. Social Welfare (1967)

B.A. University of Wisconsin, Madison, WI, History (1964)
Smith College, Northampton, MA, (1960-63)

LICENSES:

Licensed Clinical Social Worker, State of California, #LSW 5312

Licensed Hypnotherapist, State of California

FACULTY AND HOSPITAL APPOINTMENTS:

Fielding University Research Associate

Antioch University, Santa Barbara, CA

Community Colleges, State of California

Pacifica Graduate Institute, Santa Barbara, CA

University of Southern California, School of Social Work

Violet Oaklander Institute, Santa Barbara, CA

Cottage Hospital, Santa Barbara, Dept. of Child and Adolescent Psychiatry

Vista Del Mar Hospital, Ventura, CA

CERTIFICATIONS AND PROFESSIONAL AFFILIATIONS

Diplomat, American Board of Examiners in Clinical Social Work
Diplomat, Qualified Clinical Social Worker
Registered Trainer, National Acupuncture Detoxification Association

Fellow, American Orthopsychiatry Association
Fellow, National Association of Social Workers
Fellow, Society for Clinical Social Work

American Psychological Association
National Acupuncture Detoxification Association
Santa Barbara Community College Lifetime Instructor Certification

EMPLOYMENT:

Psychotherapist, Private Practice, Santa Barbara.
Individual, family, child, marital and organizational counseling. Supervision and consultation in a variety of therapeutic modalities, including systems interventions (1973-Present).

Antioch University, Santa Barbara, Adjunct Faculty, (1989-2007).

Pacifica Graduate Institute, Adjunct Faculty (1993-2007).

University of Southern California, School of Social Work, (1995-96).

Santa Barbara Community Clinics, First Steps Perinatal Substance Abuse Treatment Project, consultant/supervisor, (2000-2003)

National Acupuncture Detoxification Association, Registered Trainer. Train NADA certified acupuncture detoxification specialists and licensed acupuncturist to train and certify those applying for NADA certification, (1995-present).

Acupuncture-based Chemical Dependency Treatment Program Development. Consultant to groups at start up of treatment services including courts, treatment programs, government agencies in the US and abroad (1989-present).

The Rand Corporation, Consultant, Perinatal Substance Abuse Treatment Project. Project design, research and clinical consultation (1994).

Santa Barbara Council on Alcoholism and Drug Abuse, Consultant for Project Recovery, and Community Substance Abuse Program Development (1988-2002).

Santa Barbara County Office of Alcohol and Drug Treatment. Grant Writer. Wrote successful \$100,000 for development and coordination of perinatal substance abuse treatment and resources, (1992-93).

Community Action Commission, Consultant, Homeless Substance Abuse Programming (1988-1989).

Alcohol and Drug Treatment, Inc. Founder and fund-raiser (1987-1990).

Family Therapy Instructor, teaching introductory and advanced classes in family therapy and couples counseling at agencies such as Family Service Agency, CALM, Family Therapy Institute, Santa Barbara Counseling Center (1981-Present).

Child Abuse Listening Medication (CALM). Clinical supervisor of interns (1984-1995).

Philadelphia Child Guidance Center. Trainee in Family and Marital Therapy, (Summer Practicum, 1981).

Children's Home Society, Psychiatric Social Work Consultant, (1978-1982).

California State Department of Health, Continuing Care Services. Case management services of children, adolescents and adults, developmentally disabled and emotionally disturbed. Included post hospitalization planning, resource development, consultation with other service agencies, family therapy, board and care group training facilitator, premarital counseling, sex-education, sheltered work and living placement supervision (1972-1976).

State of Alaska, Department of Social Services, Child Welfare, Anchorage. Protective services and foster placement services with abused and neglected children and their families (1968-1970).

San Francisco Department of Social Services, Child Welfare Protective Services. As above, including special caseload of substance abusing pregnant women (1967-1968).

Langley Porter Neuro-Psychiatric Institute, University of California Medical Center. Children's Services Psychotherapist, Graduate school placement. Inpatient and outpatient treatment of children, adolescents and adults(1966-1967).

Contra Costa County Child Welfare Services. Child Welfare Worker, (1966).

San Mateo County Child Welfare Services. Child Welfare Worker, Graduate school placement (1965-1966)

Division for the Blind , Los Angeles County Social Services, Case Manager/ Counselor(1964-1965)

PUBLICATIONS:

Ackerman, R. (1992). Auricular acupuncture treatment for chemical dependency; (Available from the National Acupuncture Detoxification Association Literature Clearing House, POB 1927 Vancouver, WA 98668-1927 [888] 765-6232.

Ackerman, R. (1993). Auricular acupuncture treatment for chemical dependency: A literature review. In A. Brumbaugh, Transformation and recovery. Santa Barbara, CA: Stillpoint Press.

Ackerman, R. (1993). So you want to start an acupuncture based chemical dependency treatment program... In A. Brumbaugh, Transformation and recovery. Santa Barbara, CA: Stillpoint Press.

Ackerman, R. (1994). The experience of women receiving auricular acupuncture treatment for chemical dependency during pregnancy. (Available from UMI Dissertation Services, #9530166, Ann Arbor, MI).

Ackerman, R. (Producer) & Ackerman, D. (Director). (1992). Treating pregnant and postpartum substance abusing women: Acupuncture for detoxification, preparation for counseling, and relapse prevention (Video). (Available from the

National Acupuncture Detoxification Association Literature Clearing House, POB
1927 Vancouver, WA 98668-1927 [888] 765-6232.

VOLUNTEER EXPERIENCE:

Project Recovery, Santa Barbara Council on Alcoholism and Drug Abuse, Founder
and Consultant, (1989-present).

National Acupuncture Detoxification Association [NADA]. (1988-present).
Board President, 1995-1999; Treasurer, 1991-1995). Annual Conference Chair,
Cleveland Ohio 2015.

Acupressure Bead Project, 2007-Present, Founder and Chair

NADA India Project, 2007-Present, Chair

Fund for Santa Barbara, Board President 1991; Grant Making Committee,
(1991-1994; 1996-1999, 2001-2012).

Physician's Institute for Natural Medicine, Board of Trustees, (2001-2004).

Santa Barbara County Action Network, Board of Trustees, (2002-2008)

ACLU Santa Barbara Chapter, Board Member, (2002-2008).

League of Women Voters, Santa Barbara Chapter, Chair, Social Action
Committee, (2000-2001).

The Dove Healing Trust, Center for Complimentary Medicine, San Francisco.
Board of Trustees Vice President, (1995-1997).

Santa Barbara College of Oriental Medicine, Advisory Board, (1995-99).

Santa Barbara Women's Political Committee, (1990-present).

Parents to the Polls, (1997-1998).

Acupuncture and Recovery Treatment Services [A.R.T.S.], San Francisco,
Advisory Board of Trustees, (1995).

Evaluation Team member, Multi Service Centers for the Homeless, San Francisco. Under the auspices of the alumni group from Fielding Institute, four-year consultation for program evaluation and development of resource centers for homeless individuals. (1990-1994).

Congressional Health Advisory Committee, Santa Barbara County. (1989-1991).

Alcohol and Drug Abuse Treatment Inc., Founder and President, Board of Trustees. Fund-raising and promotion of innovative drug treatment program. (1988-90).

Citizens Planning Association. Board Member (1995-2001).

Step Family Association, Advisory Board, (1987-present).

Family Therapy Institute. Board Member, Education, Committee, Faculty for Workshops, Consultant, (1979-present).

Junior League of Santa Barbara (1976-present).

Children's Creative Project, Board and Advisory Board, (1976-present).

CALM (Child Abuse Listening Mediation). Board of Trustees (Pres. 1978-1979 and 1980-1981), Trainer of Volunteers for Abuse Prevention Project 1977-1978. Fund-raising, grant writing. (1970-present).

Santa Barbara Middle School, Board Member, (1980-1982).

Smith College. Capital Campaign Area Chairperson, (1980-81).

Family Service Agency of S. B., Task Force for Child Guidance Clinic, (1980).

Advocates for Children's Emotional Health, County Schools, (1977-78).

South Coast Coordinating Council, (1976).

United Nations Association. Board member, (1975-1977).

Early Childhood Education Advisory Committee, Montecito Union School
(1975-77).

Santa Barbara Museum of Art. Docent (1974-1977).

Planned Parenthood. Consultant on education for the retarded (1973-1976).

Santa Barbara Council for the Retarded. Residential Care Committee,
(1973-1978).

El Montecito Nursery School. Board. 1970-1972. (Pres. 1972).

Welfare Rights Organization, Berkeley CA. Client Advocate (1966-1967).

East Los Angeles Youth Training Project, Youth Opportunities Board. Literacy
Tutor, (1965).

Big Brother-Big Sister Project. Neighborhood House. Madison, WI. (1963).

Friends of SNCC, Pres. Smith College Chapter, (1962-63).

Ruth Watkins Ackerman PhD, LCSW

Biographical Information

- Founder, Project Recovery, Santa Barbara, CA
- Chair, NADA India Support Project
- Chair, Acupressure Bead Project
- Chair, NADA Conference, Cleveland Ohio 2105

Ruth W. Ackerman, Ph.D., L.C.S.W. received her M.S.W. from the University of California, Berkeley in 1967, a Master's Degree in Organizational Development in 1991 and a Ph.D. in Human and Organizational Development from The Fielding Institute, Santa Barbara, CA in 1994.

Dr. Ackerman has been in private practice since 1974. Her theoretical orientation is eclectic and includes individual, family, couples and adolescent treatment. She is an adjunct faculty member at Antioch University, and Pacific Graduate Institute where she has taught family therapy and couple's counseling. Currently a Research Associate at the Fielding Graduate University, Dr. Ackerman pursues research on alternative treatments for ADHD. She is a Registered Trainer for the National Acupuncture Detoxification Association. She consults nationally and internationally.

Her specific background in child and adolescent treatment includes field placement on the inpatient children's unit at Langley- Porter Neuropsychiatric Hospital in San Francisco, and four years working in child protective services in San Francisco and Anchorage, Alaska. She has been trained as a behavioral intervention specialist. She worked for the state of California during the deinstitutionalization process in the 1970's, providing placement and resource development services for developmentally delayed children and teens. She served for many years as president of the board of CALM, the non profit agency providing services to abused and neglected

children. Dr. Ackerman was initially trained in family therapy at the Philadelphia Child Guidance Center under Salvador Minuchin.. She has been a consultant to the Daniel Bryant Youth Center, a non profit program for chemically dependent youth. She has been supervisor and consultant for counseling services to Casa Serena and Casa Rosa, two clean and sober living programs for women and their young children.

Dr. Ackerman has been affiliated with the National Acupuncture Detoxification Association since 1986. In 1988 she founded the acupuncture based chemical dependency treatment program, Project Recovery, in Santa Barbara, CA. She served as a consultant to various Drug Court Diversion Programs nationally and internationally. Her research has focused on acupuncture treatment for chemically dependent pregnant women and she has been instrumental in establishing many such programs.

Other modalities used in her practice include:

- Licensed Hypnotherapist
- Sensory Defensiveness Assessment and Treatment Intervention
- Heart Math Technique
- Neuro Linguistic Programming
- Thought Field Therapy
- Emotional Transformation Therapy
- EMDR

Current research interests include acupuncture for ADD/ADHD and SPECT scan verification

Contact Information:

email: 

cell:

mail:

Santa Barbara, CA 93105