

Behavioral Wellness Capital Resources and Facilities

September 2021



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Types of Facilities in the BeWell Continuum of Care

Acute

Facilities with the highest intensity level of medical and nursing support for patients in periods of acute psychiatric need.
(Psychiatric Health Facility, Las Encinas)

Crisis

Facilities with available medical and nursing short term support to bridge individuals during periods of serious psychiatric crisis
(23-hour bed Crisis Stabilization Unit, 30 day Crisis Residential)

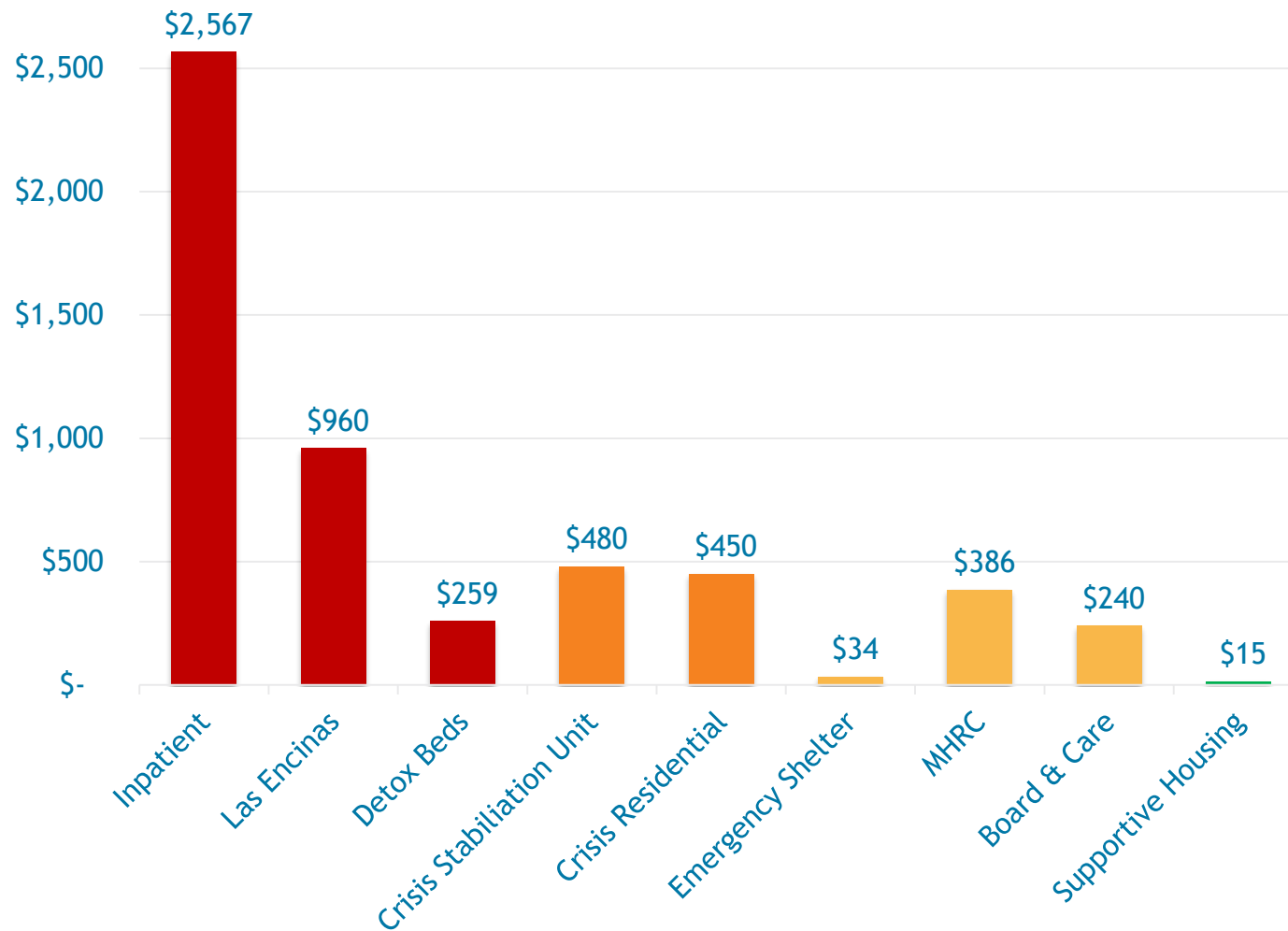
Residential

A broad range of licensed facilities providing varying service intensity levels and longer-term stays
(Residential Treatment Facilities, Mental Health Rehabilitation Center (MHRC), Board & Care)

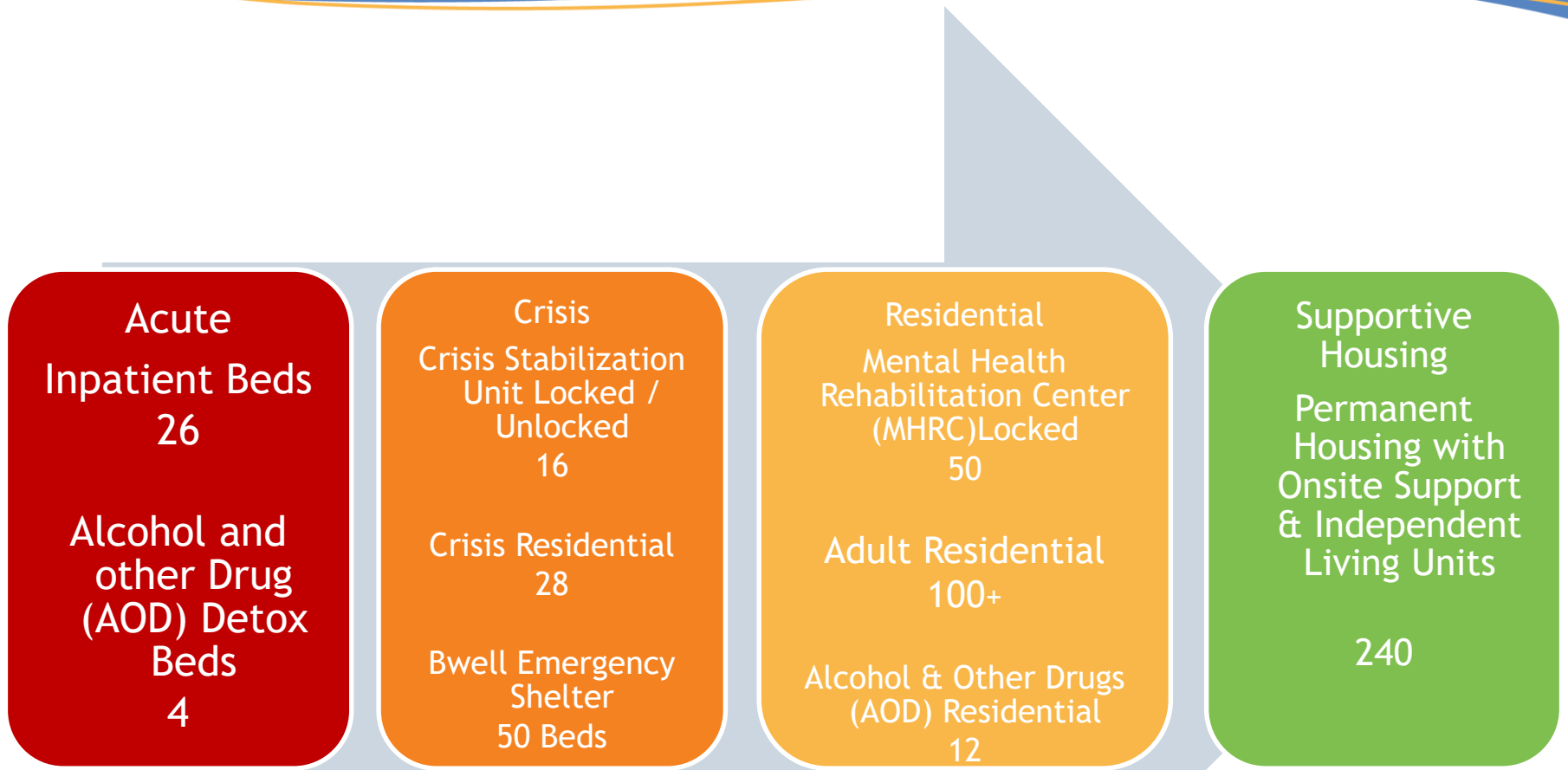
Housing with lower service intensity levels that may provide on-site support for client recovery and independent living skills.

Permanent Supportive Housing

Facility Average Daily Cost Per Client Per Night



2016 Goals from Capital Facilities



ACUTE Capacity from 2016 to 2021

2016

Inpatient
16 Beds

Alcohol and other
Drug Detox (AOD)
0 Beds

2021

Inpatient
16 Beds
+ 7 Contracted Beds

Alcohol and other
drug Detox
17 Beds



Crisis Capacity from 2016 to 2021

2016

Crisis Stabilization
8 Beds

Crisis Residential
12 Beds

BWell Emergency
Shelter
50 Beds

2021

Crisis Stabilization
8 Beds
+ 2 In Development

Crisis Residential
32 Beds

Bwell Emergency
Shelter
49 Beds

Residential Capacity from 2016 to 2021

2016

Mental Health
Rehabilitation Center
0 Beds

Adult Residential
Facilities
52 Beds

AOD Residential
0 Beds

2021

Mental Health
Rehabilitation Center
34 Beds

Adult Residential
Facilities
74 Beds

AOD Residential
38 Beds

Supportive Housing Capacity from 2016 to 2021

2016

Supportive Housing
54 units

2021

Supportive Housing
Developed
122 units

In Development
33 Units

Goals from 2016, Capacity 2021, Remaining Need, & Funding Strategies

Acute	2016 Need	2021 Capacity	2021 Need
Inpatient	26	16 + 7	3
Alcohol and other drug Detox	4	17	Attained
Crisis	2016 Need	2021 Capacity	2021 Need
Crisis Stabilization grants for capital investment	8	10	Attained
Crisis Residential grants for capital investment	12	32	Attained
BWell Emergency Shelter	50	49	1
Youth Short Term Residential Treatment		30	
Funding Strategies <ul style="list-style-type: none"> California Health Facilities Finance Authority (CHFFA) capital investment funding was used for Crisis Stabilization and Crisis Residential 			



Goals from 2016, Capacity 2021, Remaining Need, & Funding Strategies

Residential	2016 Need	2021 Capacity	2021 Need
Mental Health Rehabilitation Center	50	34	16
Adult Residential/Board & Care	100+	74	26
AOD Residential	12	38	Attained

Funding Strategies

- MHRC - shifted funding from out of County placements
- Received start-up funding from BOS and utilized Medi-Cal for expansion

Supportive Housing	2016 Need	2021 Capacity	2021 Need
Permanent Supportive Housing	240	122 / 33	85

Funding strategies

- Permanent Supportive Housing is supported by No Place Like Home, HomeKey, and MHSa funding



Service locations in Santa Barbara County



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Service locations in Santa Barbara County



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Department Priorities



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Residential - Mental Health Rehabilitation Programs (MHRC)

Definition:

- 24-hour locked facility (also at times referred to as IMD)
- Intensive support and structured rehabilitation services
- Program designed to develop residents' skills to increase independence
- Considered a lower-level alternative to state hospitals

Strategies

- Recently secured two additional beds at the Champion MHRC for clients with misdemeanor offenses
- Goal is to secure an additional 16 MHRC beds with at least 6 for LPS (mental health) conservatorship state hospital stepdown



Residential - Adult and Youth Residential Facilities

Definition:

- A state licensure category for facilities serving adults 18 to 59 *receiving* specialty mental health services.
- Broad range of facilities offering different service level intensities.
- Examples range from out-of-County placements not currently available within County (Psynergy's unlocked MHRC funded by MHSA) to local residential treatment (Phoenix) and smaller facilities with onsite support (Alameda House)

Strategies

- Identify opportunities with community partners for development of additional Board and Care and residential treatment beds (focus on medically fragile, aging population)
- Explore MHSA and/or grant funding to support development of an unlocked MHRC to support clients transitioning from locked facilities to the community
- Continue to explore youth placement using grant and STRTP funding



Supportive Housing - Independent Living

Definition:

- Permanent housing with onsite support: Unlimited length of stay with some onsite mental health and substance use services and peer support. Examples: Pescadero Lofts, Homekey Studios
- Independent Living Units: Clients reside in private units. Minimal treatment staff onsite with linked services that support treatment. Examples: Garden St. apartments

Strategies

- Complete development of No Place Like Home (NPLH) funded projects
- Explore and secure sites for additional Homekey projects



Crisis Stabilization Unit



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Crisis Residential- Agnes Avenue Facility



CGSA Design Award
April 2021



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

MHRC - Champion Center



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Supportive Housing - Depot St



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Supportive Housing - Homekey Studios



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery