



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 6-24-08  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services  
805-681-5220  
Contact Info: Marianne Garrity, RN, ADMHS Deputy Director  
805-681-5220

**SUBJECT: 08-09 Inpatient Mental Health Services and Institute for Mental Disease Agreements**

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

Consider recommendations regarding amendments to contracts for adult mental health services as follows:

1. Approve and execute an amendment to the contract with Aurora Vista del Mar Hospital (not a local vendor) to continue providing acute hospital services to adults with severe mental illness for the period of July 1, 2008 through June 30, 2009 in the amount of \$600,000.
2. Approve and execute an amendment to the contract with Crestwood Behavioral Health Center, Inc. (not a local vendor), an institute for mental disease, to continue to provide a mental health rehabilitation center program for the period of July 1, 2008 through June 30, 2009 in the amount of \$280,000.
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

Aurora Vista del Mar (Aurora) provides acute Psychiatric Inpatient Hospital Services to adults with severe mental illness (SMI). Aurora provides observation and treatment for clients admitted involuntary

because they are determined to be a danger to themselves or others, pursuant to Welfare and Institutions Code 5150. Crestwood Behavioral Health (Crestwood) is an Institution for Mental Disease (IMD) that provides 24-hour psychiatric mental health treatment for chronic, psychiatrically-impaired County clients. Approval of the recommended actions will renew the agreements for FY 08-09.

**Background:**

**Aurora Vista del Mar** (Aurora), located in Ventura, is one of the closest facilities accepting client referrals from Alcohol, Drug, and Mental Health Services (ADMHS). Aurora provides Psychiatric Inpatient Hospital Services such as psychiatric assessment, medication management, and therapeutic services to clients requiring one-to-one intensive supervision. The services are designed to stabilize clients as rapidly as possible and return them to an improved level of functioning. Aurora is the primary acute inpatient hospital providing services to county clients in need of hospitalization when Santa Barbara County Psychiatric Health Facility (PHF) is at capacity. ADMHS continues to experience a high volume of involuntary hospitalizations at Aurora since Cottage Hospital relinquished its “5150” designation and no longer accepts involuntary psychiatric clients. Clients may be referred to the San Luis Obispo County PHF as space allows, however, scarce local resources and a PHF that is regularly at capacity, has resulted in considerable growth in the number of individuals with acute SMI being placed at Aurora.

**Crestwood**, located in Bakersfield, operates a twenty-four hour Mental Health Rehabilitation Center. This Institute for Mental Disease (IMD) provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients diagnosed with co-occurring disorders. The services are designed to return the client to community-living through an active daily living and symptom management program.

**Performance Measure:** Approval of the recommended actions will assist ADMHS in meeting the following **Recurring Performance Measures:**

**RPM 0230** to provide effective mental health care to 5,200 seriously mentally ill adults.

In FY 06-07, Aurora provided 1,821 hospital bed days to 253 ADMHS clients with an average length of stay of 7.2 days. ADMHS has implemented utilization review and control measures to ensure appropriate and effective bed day usage.

In FY 06-07, Crestwood provided 1858 hospital bed days to ten ADMHS clients.

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 980,000.00		
Federal			
Fees			
Other:			
Total	\$ 980,000.00	\$ -	\$ -

**Narrative:**

Funding for the Aurora Vista Del Mar is identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-168 in the County Budget Book, in the Hospital and Jail Services Division) while funding for the Crestwood contract is identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160, in the Adult Mental Health Division). The proposed expenditures are included in the FY 2008-09 budget for Professional and Special Services. Execution of these amendments will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of amendment and minute order to:

Alcohol, Drug, & Mental Health Services  
 ATTN: Contracts Office  
 300 North San Antonio Road, Bldg 3  
 Santa Barbara, CA 93100

**Attachments:**

Aurora Vista del Mar FY 08-09 Eighth Amendment  
 Crestwood Behavioral Health FY 08-09 Fourth Amendment

**Authored by:**

Erin Jeffery

**cc:**