



COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING NOVEMBER 18, 2023 TAKE A HIKE DAY IN SANTA BARBARA COUNTY

WHEREAS, Santa Barbara County has an abundance of natural resources and freely accessible parks and open spaces that play a central role in our community's quality of life, health, and economic well-being; and

WHEREAS, hiking is a popular and inexpensive way for people of all ages and abilities to access nature and the enjoyment of trails, parks, and open spaces; and

WHEREAS, hiking provides numerous physical and mental health benefits, including reducing stress, improving cardiovascular health, and strengthening muscles and bones; and

WHEREAS, hiking can help to promote interest in environmental stewardship, conservation, and volunteering to make public lands and hiking trails more accessible and enjoyable for all users; and

WHEREAS, group hikes sponsored by community organizations make it easy for people to get together, socialize, and build relationships with others who share their love of the outdoors; and

WHEREAS, the County of Santa Barbara Board of Supervisors initiated the Recreation Master Plan process to provide a roadmap for making strategic and equitable investments to meet the parks and recreation needs of residents and generate economic, social, and environmental benefits for the entire community; and

WHEREAS, **Take a Hike Day** is a celebration of the benefits of hiking and an opportunity to encourage people to get outside, have fun, and enjoy the trails;

NOW, THEREFORE, BE IT AND IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors declares November 18, 2023 as TAKE A HIKE DAY.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this 7th day of November 2023, by unanimous vote of all members present.



ATTEST:

Monica Reyes
Clerk of the Board

Paul Hill
Supervisor - 1st District

Jack Crow
Supervisor - 2nd District

Joan Hunter
Supervisor - 3rd District

Bob Felt
Supervisor - 4th District

Spencer
Supervisor - 5th District