



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 22, 2021
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Pam Fisher, Psy.D., Acting Director
Director(s) Behavioral Wellness, (805) 681-5220
Contact Info: Chris Ribeiro, CFO, Behavioral Wellness, (805) 681-5220

SUBJECT: Behavioral Wellness Alcohol and Drug and Mental Health Services - Family Service Agency of Santa Barbara County Contract Renewal FY 21-24

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Family Service Agency of Santa Barbara County (FSA), a California nonprofit** (a local vendor), for the provision of children’s and adult’s mental health services and substance use prevention services, for a total Maximum Contract Amount not to exceed **\$6,262,724**, inclusive of **\$2,135,564** for FY 21-22; **\$2,086,642** for FY 22-23; and **\$2,040,518** for FY 23-24, for the period of July 1, 2021 through June 30, 2024;
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to suspend, delay, or interrupt the services under the Agreement for convenience per Section 20 of the Agreement; make immaterial changes to the Agreement per Section 26 of the Agreement; amend program staffing requirements per Exhibits A-5, A-6, A-7, and A-8 of the Agreement; reallocate funds between funding sources per Exhibits B ADP and MHS of the Agreement; adjust the provisional rate during the term of the Agreement per Exhibits B ADP and MHS of the Agreement; approve in writing in the year end cost settlement that use of the County Maximum Allowable rate was waived for settlement purposes per Exhibits B ADP and MHS of the Agreement; and amend the program goals, outcomes, and measures per Exhibits E ADP and MHS of the Agreement, all without altering the Maximum Contract Amount and without requiring

formal amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time; and

- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text: The Santa Barbara County Department of Behavioral Wellness (Behavioral Wellness) provides a continuum of mental health and substance use disorder (SUD) services to Santa Barbara County residents, in part, through contracted providers including Community-Based Organizations (CBOs). The above-referenced contract is on the agenda to request approval for a contract renewal with FSA for the provision of children's and adult's mental health services and substance use prevention services. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background: FSA provides mental health services to children, youth and adults in several programs throughout Santa Barbara County: Intensive In-Home (IIH); Managed Care; School-Based Counseling; Support, Treatment, Advocacy and Referral Team (START), and Pathways to Being (formerly known as Helping Others Parent Effectively (HOPE)). FSA also provides Case Management Step-Down Housing funded by Prop 47 grant funds. This service is designed to help individuals with Serious Mental Illness/ Substance Use Disorder (SMI/SUD) avoid jail stays by having more treatment options (case management) available to them.

Performance Measure:

Performance goals for the **mental health programs** are:

- Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems;
- Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy, and productive lives in the community;
- Provide mental health (and/or substance abuse) services for children and their families in order to prevent out-of-home and out-of-county placements.

Performance measures for the **mental health programs** are:

- Reduce incarceration/juvenile hall to 5% or lower;
- Reduce client psychiatric inpatient admissions to 5% or lower;
- Clients with stable/permanent housing will be at 95% or higher;
- Clients engaged in purposeful activities will be 95% or higher;
- Clients discharged to a higher level of care will be at 15% or lower;
- Clients discharged to a lower level of care will be at 85% or higher;
- New, out-of-primary home placements (county & out-of-county) will be 5% or lower;
- Child and Adolescent Needs and Strengths (CANS) will be completed on all clients (100%);
- Pediatric Symptom Checklist PSC's will be completed on all clients (100%).

Performance goals for the **SUD programs** were:

- Successful SUD treatment and recovery.

Performance measures for the **SUD programs** were:

- Clients initiating treatment will be 80% or higher;
- Clients immediately dropping out of treatment will be 6% or lower;
- Clients engaged in treatment will be 75% or higher;
- Clients retained in treatment will be 45% or higher;
- Clients successfully completing treatment will be 50% or higher.

Contract Renewals and Performance Outcomes:

During Q1 & Q2 of FY 20-21:

- **IIH Program:** Served 139 clients with 39 discharges. There were no incarcerations; one psychiatric inpatient admission, 97% of clients had stable/permanent housing; 99% were engaged in purposeful activities. Out of the 39 discharges, 85% were discharged to a lower level of care, and 5% were discharged to a higher level of care. There were 8 clients placed in new, out-of-primary home placements. CANS and PSC data were completed at 100% each.
- **Managed Care Program:** Served 70 clients with 27 discharges. There were no jail or hospital days; 100% had stable/permanent housing, 97% were engaged in purposeful activities. Out of the 27 discharges, 67% were discharged to a lower level of care, and 3% were discharged to a higher level of care. There were no new, out-of-primary home placements. For CANS completion, FSA averaged 96%. For PSC completion, it averaged 98%.
- **School-Based Counseling Program:** Served 77 clients with 15 discharges. There were no incarcerations, 1% of clients were hospitalized; 100% had stable/permanent housing; 100% were engaged in purposeful activities. Out of the 15 discharges, 38% were discharged to a lower level of care, and 33% were discharged to a higher level of care. There were no new, out-of-primary home placements. For CANS completion, FSA averaged 95%. For PSC completion, it averaged 100%.
- **START Program:** Served 20 clients with no discharges. There were no jail or hospital days; 100% had stable/permanent housing; 100% were engaged in purposeful activities. For CANS completion, FSA averaged 96%. For PSC completion, it averaged 100%.
- **Pathways to Being (Formerly HOPE) Program:** Served 64 clients with 18 discharges. There were no jail or hospital days; 98% had stable/permanent housing; 100% were engaged in purposeful activities. Out of the 18 discharged, 89% were discharged to a lower level of care, and 11% were discharged to a higher level of care. There were 8% placed in new, out-of-primary home placements. For CANS and PSC completion, FSA averaged 100% for both.
- **Strengthening Families:** Served 76 adults, 81 children, and 61 families. FSA held 2 classes in English, 4 classes in Spanish, collected 119 pre-surveys, and 46 post-surveys. Childcare and meals were provided during Q1, but were not provided during Q2.
- **Step-Down Housing:** Served 22 clients with 3 discharges. There were no jail days; 8% with a psychiatric inpatient admission; 24% who received emergency care for physical health and 8% with hospitalization for physical health. An average of 96% had stable/permanent housing, 100% were engaged in purposeful activities. Out of the 3 discharges, 1 client (33%) was discharged to a higher level of care and the other 2 (66%) were discharged to a lower level of care. About 81% of clients were referred to SUD or Mental Health (MH) treatment services, 77% of clients initiated

treatment, and 77% were referred to healthcare services. An average of about 76% were referred to other services (vets services, food distribution, clothing, personal/grooming needs, household goods, local transportation, educational support services), and 11% obtained permanent housing.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 21-22</u>	<u>FY 22-23</u>	<u>FY 23-24</u>
General Fund			
State	\$ 1,260,440.00	\$ 1,211,518.00	\$ 1,165,394.00
Federal	\$ 875,124.00	\$ 875,124.00	\$ 875,124.00
Fees			
Other:			
Total	\$ 2,135,564.00	\$ 2,086,642.00	\$ 2,040,518.00
Grand Total			\$ 6,262,724.00

Narrative:

The above-referenced contract is funded entirely by State and Federal funds. For FY 21-24, the budget is contingent upon Board approval. Adoption of the Recommended Actions does not impact the General Fund budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. There is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please email one (1) executed contract and one (1) Minute Order to Bethany Le at bethle@sbcbswell.org and one (1) executed contract and one (1) Minute Order to BWell Contracts Division at bwellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: FSA FY 21-24 BC

Authored by:

Melanie Johnson, Bethany Le