

Katherine Douglas

General Public Comment Group 1



**From:** nikkibarthelmess@gmail.com  
**Sent:** Saturday, June 24, 2023 6:58 PM  
**To:** sbcob  
**Subject:** Our Community Needs WEB

**Follow Up Flag:** Follow up  
**Flag Status:** Completed

**Categories:** Complete (Docketed & Attached)

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Dear SB County Board of Supervisors:

I'm writing this email to express my gratitude for Welcome Every Baby, and to say that I think it would be a great disservice to our community to not continue with the program. After giving birth to my daughter, Hadley, in December of 2019, I faced several challenges I wasn't expecting. I had a difficult birth, after which I felt emotionally and physically drained in a way that frightened me. I wanted to take care of my baby, but felt unprepared, particularly in regards to breastfeeding.

The hospital's lactation consultant was helpful, but the real struggles began once I arrived home. Hadley had lost too much weight and she wasn't latching well.

In came Kathy with Welcome Every Baby. She met with my husband, Hadley, and me in our home and immediately began helping us. She helped Hadley latch and showed me better ways to position us. Hadley soon started to gain weight.

I wish it had been that easy, but it wasn't. Each time Hadley fed felt like a painful, long and exhausting battle. To make matters worse, I had an oversupply of milk- enough for twins. And then, I became ill with mastitis. On top of this, I found myself depressed.

Through WEB, I learned ways to breastfeed more effectively and comfortably, how to reduce my chances of getting mastitis again, and how to reduce my milk supply. I also learned about nutrition and ways to take care of myself so that I could take care of my baby better. Kathy also provided information to other community resources, such as the PEP group I later joined.

More than just the breastfeeding education and assistance she provided, Kathy offered kindness and support. If not for Kathy's help- visiting us three times- I might not have been able to keep breastfeeding, which would have devastated me. But she didn't give up on us, and that helped me not give up on myself. Breastfeeding became my favorite thing to do with my baby. In addition to it being a way to provide the nutrition babies needs, I feel breastfeeding has helped me bond more with both of my children, as I had a second child in 2022. Kathy with WEB was there to check in with me with a helpful phone call offering support, resources, and information. Hadley, her brother Robby, and I are all healthy and thriving. And I am so grateful to WEB for helping us all when we really needed it! I hope our leaders and our community can pull together to find a way to give this program the support it needs to be reinstated, because these services are so important and desperately needed.

Best wishes,

Nikki Barthelmess

Nikki Barthelmess

**NikkiBarthelmess.com**

Order *Everything Within and In Between*

Subscribe to my newsletter

## Katherine Douglas

---

**From:** Alissa Caldwell <caldwell.alissa@gmail.com>  
**Sent:** Sunday, June 25, 2023 3:36 PM  
**To:** sbcob  
**Subject:** Welcome Every Baby

Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.

Hi,

I am writing in regards to the WEB (Welcome Every Baby) services within the Santa Barbara community and want to stress how important and valuable these are for new and repeat mothers. I hear that they are closing down due to lack of funding and am writing in an effort to increase funding for WEB in order to allow them to provide these vital services in SB still. A WEB nurse came to my home within the first week of the birth of my daughter and my husband and I feel it was the best thing for us at that time. The nurse was very attentive, stayed with us for 2 hours, checked in on our baby, and reassured us by answering our many questions as new, nervous parents. I can see that WEB would free up time spent contacting pediatricians with questions when they are already so impacted. Please do anything you can to protect and keep WEB!!!

Thank you,

Alissa Santee

Sent from my iPhone

## Katherine Douglas

---

**From:** Katherine Yee <katherineslyee@gmail.com>  
**Sent:** Monday, June 26, 2023 6:56 AM  
**To:** sbcob  
**Subject:** WEB

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Dear SB County Board of Supervisors,

I'm writing to advocate for the WEB program, as I've heard of its upcoming closure. WEB is so valuable to new families, and as a mom of 2, I was so grateful for the offer of support after the birth of my second. While I wasn't living here at the time of having my first, I would've certainly used the service, and can still remember how scary it was to become a first time mom. As a second time mom, I felt a different level of support speaking with a nurse via video call (this was during peak COVID), and can still remember what a difference it made and would've made if I had been living in this town with my first birth. This program is especially important for those that are unable to afford additional support/care, and the loss of this service will have a devastating impact on moms and newborns in the community. Please reconsider and find a way to continue funding this program, as it is so important that we nurture the parents and families in this community.

Thanks,  
Katherine

## Katherine Douglas

---

**From:** Carolynn Johnson <carolynn.johnson@gmail.com>  
**Sent:** Monday, June 26, 2023 10:06 AM  
**To:** sbcob  
**Subject:** My support of WEB nursing care

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Dear SB County Board of Supervisors,

I want to write my gratitude for WEB. I hope you can find funding and it continues. I found it to be an invaluable resource.

I first learned of it at Cottage Hospital. I had a very draining birth after a long induction. This was my second kid. Although I was prepared for somethings and had excellent care at the hospital, I underestimated how much post-partum care I needed. I live far away from extended family. It was an extremely hard process.

Just 48 hours after being home I had a long list of things that I was concerned about and was not sure how to handle. This baby behaved differently than my last one. I was struggling to read her signs. When would my after pains subside? What was normal and what was concerning?

I didn't have the wherewithal to schedule something on my own and an appointment with WEB was set up through the hospital. When the nurse showed up and I had a long list of questions. She helped steer me back in a good direction. She helped me stay on track with breastfeeding.

Post-birth is one of the most vulnerable times in a mother's life and the infant. As a society, I believe we have an obligation to support each other in precisely those times. It isn't just about helping individuals, but making decisions about who we are as a city and county.

I strongly recommend that the county work to find permanent funding for the program. At under \$500K in operating expenses it can welcome our newest members into a more stable, secure and supportive community.

Thank you,  
Carolynn Johnson

## Katherine Douglas

---

**From:** Kara Goldstein <karagreenandgold@gmail.com>  
**Sent:** Monday, June 26, 2023 11:49 AM  
**To:** sbcob  
**Subject:** maternal health matter

**Caution: This email originated from a source outside of the County of Santa Barbara. Do not click links or open attachments unless you verify the sender and know the content is safe.**

Dear Sb County Board of Supervisors,

I was a new mother, for the second time in April of 2022. I gave birth at the Birth Center in Santa Barbara because Cottage did not allow vbacs and I had a cesarean due to my breech baby in June of 2012. My care with the birth center was fantastic, however I was in need of more help after my baby was born as I was bleeding for weeks after birth and struggling to breastfeed. I called around and was instructed by the midwives to call WEB. I spoke with one of the WEB staff members over the phone and she mentioned a visit would be helpful for me, so we scheduled one. This visit was what helped me more than anything else after my son was born.

When my first son was born, the only help I had was from a lactation consultant through Cottage. This specific consultant did not encourage me to breastfeed, she did not warn me about my milk coming in. Instead, because my milk had just come in, she said I was engorged and that I should start pumping (one week after my baby was born). She told me my baby's mouth was too small to breastfeed and that I may develop an infection. She THEN took my blood pressure which was high, as it would be after this news, and she told me I should go to the ER. I could not even walk. She alone made an impression on me that would lead to my inevitable inability to breastfeed my child.

My experience with WEB was the opposite. She encouraged me and gave me loads of tangible advice and information. She was warm, patient and experienced. She helped both my husband and I learn how to navigate the hardest time of our lives. She was available by phone for months after and I contribute the fact that I still am able to breastfeed today solely to her help in the beginning.

It is not just me, most women agree that the months after their baby is born is the hardest time of their lives. Without support, it seems impossible. There are limited resources for women specifically who cannot afford it. WEB is the only affordable public support for women in this town. Taking that away is reason enough to move. It is pertinent that this remains- if not for financial reasons, then at least for moral reasons.

Sincerely,  
Kara Goldstein

Money being people ~~received~~ <sup>received</sup> for favors, with women organizing for the benefit of all women, <sup>no object, or perhaps a kitchen with every ingredient you could imagine.</sup> in the ballpark of money is no object, or perhaps a kitchen with every ingredient you could imagine. (for leadership camp below)

BOARD OF SUPERVISORS  
 WOMANS Army  
 Elite Special Forces

## PILLOW FLUFFERS

"Waiting until everyone everywhere is tired of absolutely everything!"

- acceptable for oppressed submissive women
- double agent central (vs. motto;)

Clusive "Post First Female President — (culture/equality?)"

a. They can learn/teach themselves the things we know we don't know

b. Certainties & possibilities in changes of government/culture

(National) Middle/High School Fall 2023?

After school club similar to pillow fluffers, "2025 female pres." (2023-4)

Leadership/Decision Making

Camp/Parks & Rec program designed/structured to absorb unlimited volunteers for profession/hobby/interest skilled and unskilled.

Eplanet Thunderstruck vice-presidential campaign volunteers begin organizing massive volunteers to be first female president!

Time 15<sup>th</sup> Nov 22

Based on memory and notes written throughout ordeal.  
I explained an appropriate amount to Rudy & Carlos.  
Upon entry to site they should have been prepared for at least one  
I wouldn't investigate. I first went to 4<sup>th</sup> floor clerk, Brandi.  
w/ dialogue, no issues. Return to supervisor's reception door locked,  
ring bell, step 2 paces to right to view. Note "someone hiding  
behind door cowboy boots, purple shirt" I explain this to  
clerk, go back, she is at desk. First she waves me on, I did  
casual signal, she comes to door, denies hiding at door, asks how  
what I need. Tell her brb. Tell Brandi. Return to lobby, tell security.  
Return to 4<sup>th</sup> floor. Meet 2 admin employees. Ms Hartmann enters office.  
Go to admin door, Angelia on voice intercom told one issue for  
admin in immediate situation complaint. Rudy around corner.  
Failure to resolve passit, option to leave on S.B.P.D.

Months ago, in Bolita never wash near more ledge east of  
Admissions. Two different places about a week apart S.B. county,  
park and no "vegetation removed" when I slept. No debris to remove  
complaint with struff/pdus & case #. In Bolita report, client to  
have better view from struff/bridge, zero possible debris issue (SB park etc)



UCSB/ Isla Vista

- @ IVCSD building 12:15 before 2:00 meeting w/ manager  
 female (beautification department) previously @ meeting I made public comments  
 instructing volunteers, "I'll work" first ok, then "you're not supposed to be here".  
 Get time from clinic reception, no issue discourse w/ security in route to park.  
 UCPD approaches then changes route & discussion w/ 2 green shirt males  
 I return to building @ 1:38, time from "General Services" county admin  
 security supervisor, previous escort in January for first public comments  
 due to being banned from admin since previous November.  
 Advised by him heard UCPD were neither there due to me.  
 John, IVCSD manager, likely individual who told me it was organization  
 that trains Community Service officers  
 Activity still in office until appointment date. Substantial after.  
 Requests for school contact failure.  
 New board member in society run  
 @ LAFCO for basic info, long time holding on board heard public comments  
 for IVCSD, advised me lafco not board of supervisors, asked how artist for de  
 should/could help.

Substantial corruption/intimidation evident.

Highway 246  
San, CA 93427  
(805) 686-8150

Merita  
Carpenteria Avenue  
Merita, CA 93013  
(805) 755-4452

Merita  
Ringo Road  
Merita, CA 93117  
(805) 681-4179

Merita  
Harris Grade Road  
Merita, CA 93436  
(805) 737-7737

Merita  
Mason Street  
Merita, CA 93254  
(661) 766-2310

Merita  
W. Foster Road  
Merita, CA 93455  
(805) 934-6150

Merita  
Mission Drive  
Merita, CA 93463  
(805) 686-5000

Merita - Coroner Office  
San Antonio Road  
Merita, CA 93110  
(805) 681-4145

Merita  
Calle Real  
Merita, CA 93110  
(805) 681-4260

**Merita Services  
Merita Offices**

Merita  
Merita Barbara Street  
Merita 690  
Merita, CA 93102  
(805) 568-2900

Merita  
Cook Street, "O"  
Merita 5049  
Merita, CA 93456  
(805) 346-7430

P. O. Box 6427 • 4434 Calle Keal • Santa Barbara, California 93100  
Phone (805) 681-4100 • Fax (805) 681-4322  
[www.sbsheriff.org](http://www.sbsheriff.org)

Deputy Sheriff

Date 10/22/2022

**Dear Mr. Miller,**

**After Careful review by more than one law enforcement agency including our own.**

**Currently, we find no criminal matter that the Sheriff's Office will be able to address. Although allegations are concerning, without any facts or witnesses willing to come forward we won't be able to pursue this matter any further.**

  
Lt. Valencia

FOR OFFICIAL USE ONLY

# Leadership/Decision Making for Females

Commission for Women  
 Parks & Rec  
 Citizen Advisory  
 prothon conf/ crime marks/ bait  
 Admonishment of music industry / prostitution / criminal

county  
Co. public info department

No complain volunteers, <sup>currently</sup> no phone or secure internet use (email)

Finding me around blocks @ Time sooner than later.

# Office of the Sheriff



SANTA BARBARA COUNTY

HEADQUARTERS  
P. O. Box 6427 • 4434 Calle Real • Santa Barbara, California 93160  
Phone (805) 681-4100 • Fax (805) 681-4322  
[www.sbsheriff.org](http://www.sbsheriff.org)

**BILL BROWN**  
Sheriff - Coroner  
**SOL LINVER**  
Undersheriff

Date 10/22/2022

- Highway 246  
Santa Barbara, CA 93427  
(805) 686-8150
- Arpintera Avenue  
Santa Barbara, CA 93013  
(805) 755-4452
- Arpintera Avenue  
Santa Barbara, CA 93117  
(805) 681-4179
- Arpintera Avenue  
Santa Barbara, CA 93436  
(805) 737-7737
- Arpintera Avenue  
Santa Barbara, CA 93254  
(661) 766-2310
- W. Foster Road  
Santa Barbara, CA 93455  
(805) 934-6150
- Arpintera Avenue  
Santa Barbara, CA 93463  
(805) 686-5000
- Coroner Office  
San Antonio Road  
Santa Barbara, CA 93110  
(805) 681-4145
- Calle Real  
Santa Barbara, CA 93110  
(805) 681-4260

Dear Mr. Miller,

After Careful review by more than one law enforcement agency including our own.

Currently, we find no criminal matter that the Sheriff's Office will be able to address. Although allegations are concerning, without any facts or witnesses willing to come forward we won't be able to pursue this matter any further.