



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: May 16, 2017
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: John Doyel, Alcohol Drug Program Manager
Behavioral Wellness, 681-5220

SUBJECT: Status Report – Aegis Treatment Centers, LLC FY 16-17 Service Delivery and Performance Outcomes

County Counsel Concurrence

As to form: Yes

Other Concurrence: N/A

As to form: Select_Concurrence

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors:

- A. Receive and file a Board Letter reporting on the performance outcomes and service delivery for Aegis Treatment Centers, LLC's Fiscal Year 16-17 contract.
- B. Determine that the proposed action is not subject to the California Environment Act (CEQA) pursuant to CEQA Guidelines Section 15378(b)(5) since the recommended actions are government administrative activities which do not involve commitment to any specific project which may result in potentially significant physical impact on the environment.

Summary Text:

Behavioral Wellness provides services to individuals with substance use issues in Santa Barbara, per its contract with the State of California, Department of Healthcare Services (DHCS), for Substance Use Disorder services. Behavioral Wellness provides services to individuals with substance use issues primarily through contracted providers, including Aegis Treatment Centers (Aegis), which provides Narcotic Treatment Program services.

The purpose of this Board Letter is to provide a status report on Aegis' FY 16-17 services and performance outcomes, a directive that was given at the June 21, 2016 Board of Supervisors meeting.

Background:

Aegis Treatment Centers, LLC (Aegis) operates a Narcotic Treatment Program (NTP) that provides clients with methadone prescribed by a physician to alleviate withdrawal symptoms from narcotics. Aegis also conducts drug screening and provides clients with individual and group counseling. Clients who have substance abuse diagnoses and addictions to opiates receive services that support stabilization, rehabilitation and recovery.

Currently, Aegis has a three year contract with Behavioral Wellness for the period of July 1, 2016 to June 30, 2019. Due to the nature of the treatment they provide, they are closely monitored by State and Federal agencies, in addition to Behavioral Wellness. Behavioral Wellness staff conducted online research and communicated with behavioral health colleagues throughout the State and with researchers at the University of Los Angeles (UCLA) who are leading the Drug Medi-Cal Organized Delivery System (ODS) evaluation. The results of our research findings led to a January 1, 2017 revision of Aegis's contract outcome measures and performance goals.

Aegis maintains a sophisticated Electronic Health Record system, from which they readily produce data for outcome monitoring. Behavioral Wellness and Aegis collaborated to thoroughly analyze their service delivery data and measure treatment efficacy, prioritizing decreased incarceration rates and successful program completion rates among Aegis clients. Behavioral Wellness continues to work with Aegis to improve treatment and all outcome indicators.

Performance Measures and Outcomes: During the first two quarters of Fiscal Year 2016-2017, Aegis provided outpatient methadone treatment for opioid recovery to an average of 711 clients per quarter. For the purpose of this report, BeWell examined four measurable outcomes: (1) the completion of a physical examination, (2) the cessation of drug abuse other than the prescribed narcotic replacement, (3) a decrease in client incarceration rates, and (4) treatment discharges. The drug measure data was collected from clients who had been in treatment for at least six (6) months or more because at this point it is reasonable to expect that drug use would decline or stop. Aegis demonstrated positive outcomes for each of the four measures in Quarters 1 & 2 during FY 16-17. Specifically, for clients who had completed treatment for six (6) or more months, 100% completed a physical examination. An average of 78.6% of clients stopped using drugs other than the prescribed narcotic replacement; while an average of 63.5% stopped using drugs altogether. For those in treatment for at least a year, Quarter 1 and 2 averaged a 7% decrease in incarceration rates. Currently, at Aegis, the average duration of treatment is 48 months and in the first half of this fiscal year, successful completion of treatment averaged 35.5%. The results are summarized in Table 1.

Table 1. Aegis Performance Measures and Outcomes for Quarters 1 & 2 of FY 16-17

| Outcome Measures | Goal | Actual | | Average |
|--|-------------------------|------------------|-------------------|---------------|
| | | Q1 | Q2 | |
| (1) Clients will have a complete physical examination | 100% | 100% | 100% | 100% |
| (2) Clients will stop using drugs of abuse other than the prescribed narcotic replacement (for those in Treatment =>6 months) | 75% | 78.5% opiates | 78.65% opiates | 78.60% |
| | | 64% all drugs | 63% all drugs | 63.50% |
| (3) * Decrease client incarceration rates (for those in Treatment =>1 yr) | 50% decrease | 8% | 22.5%** | 7%** |
| (4) * Successful Completion of Treatment (discharges) | 20% | 40% | 31% | 35.5% |

* New outcome

measure for Quarter 1 and Quarter 2.

** During Q2 one SM client spent time in jail, which skewed the data; without that one client, they had a 50% decrease in incarceration rates (and an average 29% decrease in incarcerations for the first half of the fiscal year).

Special Instructions:

Please send one (1) minute order to: gilopez@co.santa-barbara.ca.us.

Authored by:

Q.Lopez

cc: John Doyel, Shereen Khatapoush