



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 1-26-10
Placement: Departmental
Estimated Tme: 45 mins
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, PhD, Director
Director(s) Alcohol, Drug & Mental Health Services 805-681-5220

Contact Info: Marianne Garrity, Assistant Director, Administration 681-5220

SUBJECT: Alcohol, Drug and Mental Health Services Overview

County Counsel Concurrence

As to form: N/A

Auditor-Controller Concurrence

As to form: N/A

Other Concurrence: N/A

As to form: Select_Concurrence

Recommended Actions:

Receive an overview of the Alcohol, Drug and Mental Health Services Department.

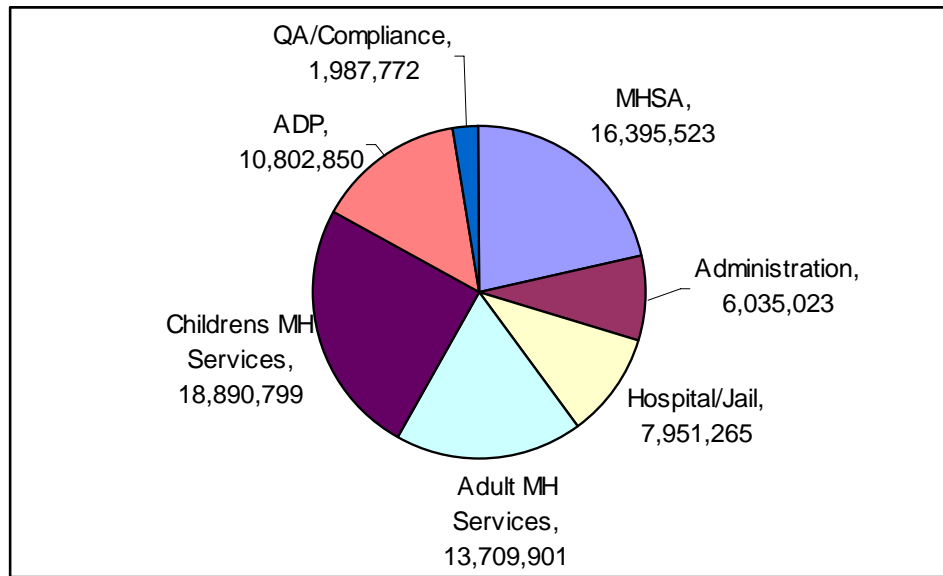
Summary Text:

Last year, the Alcohol, Drug and Mental Health Services Department (ADMHS) reported to the Board of Supervisors on its progress implementing internal operational improvements and controls. In addition, the Board has previously requested that County departments provide presentations to the Board regarding overall departmental operations. This report provides an overview of the Department, including services and funding for the Alcohol and Drug Program (ADP) and Mental Health divisions.

Background:

Budget and Funding

ADMHS' overall FY 09-10 adopted expenditure budget is \$75.7 million (excludes designations, prior period liabilities and intradepartmental charges). This includes \$56.9 million for Mental Health Services to adults and children and approximately \$10.8 million in the ADP division. The remainder of the FY 09-10 adopted budget includes Administration (\$6.0 million) and Quality Assurance/Utilization (approximately \$1.98 million). The department's budget by division is depicted in the following chart.



Mental Health

The mental health services provided by ADMHS are primarily funded by Medi-Cal, Medicare and Mental Health Services Act (MHSA) funding.

- Medi-Cal is California’s version of the Federal Medicaid program, providing assistance to certain low-income individuals and families. Medi-Cal is administered by the State and is composed of a combination of funding streams, including Federal Financial Participation (FFP), State Realignment and, for children under age 21, Early and Periodic Screening, Diagnosis and Treatment (EPSDT) funds. The FY 09-10 budget includes a total of \$31.0 million in Medi-Cal.
- MHSA provides increased funding for personnel and other resources to support county mental health services and monitor progress toward statewide goals for serving children, transition-age youth, adults, older adults and families with mental health needs. The FY 09-10 budget includes \$20.5 million in MHSA funding.
- Medicare is a Federal health program for individuals aged 65 and older and people under age 65 with certain disabilities. Medicare Part A Hospital Insurance helps cover inpatient care in hospitals, including ADMHS’ Psychiatric Health Facility. Medicare Part B Medical Insurance helps cover doctors’ services and outpatient care. Medicare funding (approximately \$1.7 million) comes directly from the Federal Centers for Medicare and Medicaid Services (CMS).
- ADMHS receives a fixed allocation from the State (Realignment and Vehicle Licensing Fee) in the amount of \$9.5 million to serve as match for Federal Funds and to provide mandated services.
- ADMHS’ FY 09-10 Adopted Budget also includes County General Funds, which includes \$2.8 million for local match and for the CARES North Residential program. In addition, the Budget includes \$10.4 million in County General Funds for prior year liabilities.

Alcohol and Drug Program (ADP)

ADP funding is comprised of a combination of State and Federal Funds that are provided through the California Department of Alcohol and Drug Programs and the Federal Substance Abuse and Mental Health Services Administration (SAMHSA).

- Drug Medi-Cal provides substance abuse treatment for Medi-Cal beneficiaries. A combination of State and Federal funding provides about \$3.2 million to reimburse ADMHS for Drug Medi-Cal services.
- ADP also receives about \$2.55 million in Federal Substance Abuse Prevention and Treatment Block Grant funds and about \$213,000 in State General Funds for substance abuse treatment and prevention services.
- For FY 09-10, ADP received one time funds in the form of a Justice Assistance Grant, to partially offset the elimination of Substance Abuse and Crime Prevention Act (SACPA) funding, in the amount of \$539,000.
- In addition, SAMHSA provides approximately \$800,000 in funding for the Methamphetamine Recovery Services and Sober Women, Healthy Families grants.

Services

Mental Health

California Code of Regulations (CCR) Title 9 requires ADMHS, as the County's Mental Health Plan, to provide all Specialty Mental Health Services to Medi-Cal beneficiaries with mental health needs. In addition, ADMHS is required to provide services to children with serious emotional disturbance and adults with serious mental illness to the extent resources allow, as well as to special education students. In FY 08-09, ADMHS provided mental health services to 2,913 children and youth (18 and under) with serious emotional disturbance and 5,753 adults with serious mental illness through its system of County-operated facilities and contracted service providers. The following offers a snapshot of the services provided as part of ADMHS' current mental health service system.

Services provided to adults and children include:

- Mandated acute inpatient psychiatric hospital services as well as State hospital and locked Institutes for Mental Disease. In FY 08-09, ADMHS provided these services to 732 clients.
- Crisis assessment services through the Crisis and Recovery Emergency Services (CARES) and Safe Alternatives for Treating Youth (SAFTY) program. In FY 08-09, ADMHS provided CARES services to 2,428 individuals and SAFTY services to 451 individuals.
- Clinic services provide outpatient psychiatric treatment including medication and case management to adults and children. In FY 08-09, ADMHS' clinics provided services to 3,438 clients.

In addition to the services described above, the following are the major categories of children's services:

- Children's Residential. Mental health services are provided to children placed in residential treatment facilities. In FY 08-09, seven youth received mental health services in residential treatment facilities.
- Therapeutic Behavioral Service (TBS). TBS is a mandated Medi-Cal service designed to help children with serious emotional disturbances and/or those with intensive service needs to avoid placement in a higher level of care such as a residential treatment facility or to help children make a successful move to a lower level of care such as returning home after residential treatment. TBS services were provided to 64 children in FY 08-09.
- Wraparound. Wraparound programs are geared to return clients to their homes and communities, or to help clients at imminent risk of high level placement to remain in their homes by utilizing a "Whatever It Takes" approach. Wraparound programs served 96 clients in FY 08-09.
- Therapeutic Aides. Youth are assisted to develop interpersonal and social skills, manage their behavior, and succeed in their home, school and community. The programs also assist youth and their parents, family members, or caregivers to access needed services, develop skills, participate in care planning and treatment services. In FY 08-09 349 clients received these services.
- Parent Partners. For parents of children enrolled in the ADMHS Clinic programs, Parent Partners work with ADMHS clinical staff and families to ensure the parent/family perspective is incorporated into all treatment planning decisions. Parent Partners have the personal experiences of caring for a child with a special need. The program served 39 clients in FY 08-09.
- Intensive In-Home. Services are provided in homes and community settings to improve client and family functioning and to reduce risk of placement outside of the home or community. Therapeutic Foster Care provides these Intensive In-Home services to children in foster care and Children's Services Screeners provide mental health screening to all children entering foster care to determine necessary services. The program served 589 clients in FY 08-09.
- School Services. Intensive In-School services are provided to ADMHS clients whose mental health needs impair their ability to remain in a mainstream academic setting or who have a special education designation. School Based Mental Health provides individual and group counseling to the general student body. In FY 08-09, 389 clients received services in these programs.
- Early Childhood Mental Health. These services are provided by an interdisciplinary team of licensed clinical staff, child developmental specialists, and occupational therapists to children ages 0-6 and their families in their natural environments such as home or school. The programs provided services to 419 clients in FY 08-09.
- Juvenile Justice Mental Health. ADMHS provides mental health services to youth in the Santa Barbara County Juvenile Probation institutions. During FY 08-09, 885 youth received mental health services in these institutions.

Adult mental health services include the inpatient, crisis and clinic services previously described as well as:

- CARES North Residential. A short term residential program diverts clients from being admitted to hospitals and assists clients to transition from acute hospital settings back to their community. The program served 200 individuals in FY 08-09.

- Intensive Residential Treatment. Intensive residential provides 24 hour, structured residential services to persons at high risk for acute or long-term inpatient care. These programs served 93 individuals in FY 08-09.
- Assertive Community Treatment (ACT). ACT provides intensive, in-home treatment, rehabilitation, and support services for individuals with complicated, high risk conditions, including co-occurring mental illness, substance use, health issues, and history of homelessness and/or criminal justice involvement. The program served 280 clients in FY 08-09.
- Supported Housing. These programs provide mental health and supportive services to individuals who live on their own but require supports to live successfully in the community. The South County program has the capacity to serve 130 adults with mental illness. In addition, the State recently approved an expansion of the North County program from 50 to 130 slots for adults with mental illness; implementation of this expansion is occurring in early 2010. The programs served 199 clients in FY 08-09.
- Consumer Recovery Centers. Through the leadership of consumers and the participation of family members and providers, local consumer recovery centers were implemented in January 2009 to support consumer engagement and recovery. These programs serve approximately 260 clients monthly.
- Homeless Services. ADMHS collaborates with homeless shelter providers countywide who provide services and support to homeless individuals with mental illness.

ADP

ADMHS' ADP Division provides services countywide to individuals with substance abuse issues. ADP services are required by the California Health and Safety Code. ADP services, delivered through contracted service providers, include:

- Outpatient. Outpatient treatment services include individual and group counseling, and youth and family treatment programs. In FY 08-09, 3,305 individuals received outpatient treatment services. In addition, 708 individuals received outpatient Narcotic Treatment Program Services.
- Residential Detoxification. Residential detoxification provides a short term living environment for acute withdrawal and stabilizes clients to achieve abstinence from alcohol or other drugs. In FY 08-09, 442 individuals received residential detox services.
- Residential. Residential alcohol and other drug treatment is provided, primarily for women including perinatal and parenting women and their children. In FY 08-09, 240 individuals received residential treatment services.
- Prevention. The ADP Prevention Program provides early intervention, outreach and mentoring services to youth at high risk for developing or with existing substance abuse issues. Prevention services such as secondary prevention (school-based counseling) and mentoring are provided to individuals while most prevention funding goes into primary prevention, activities and processes that are aimed at changing environments. Secondary prevention and mentoring services were provided to 265 youth, while primary prevention such as outreach and intervention services has affected tens of thousands of Santa Barbara residents. Approximately 4,000 Isla Vista residents, for example, received Screening, Brief Intervention and Referral to Treatment (SBIRT) services during FY 08-09, while outreach efforts connected with 23,157 individuals. It is safe to say that significant sectors of Santa Barbara communities are affected by primary, environmental prevention services.

- Justice Services. ADP helps partially fund alcohol and other drug abuse counseling at the Santa Barbara County Jail. In FY 08-09, services were provided to 175 individuals at the Jail. ADP also provides funding for Probation staff to provide intensive supervision, care coordination and case management services to mandated clients.

Challenges

As described in this report, ADMHS provides crucial services to individuals with mental illness and/or substance abuse issues in Santa Barbara County. Counties have experienced challenges due to increased demand combined with shrinking revenues. Some of the challenges that are presenting themselves locally include:

- Growing proportion of clients without insurance (29% in FY06-07 to 38% in FY 08-09).
- Increasing community demand for CARES evaluation, emergency services and acute inpatient care.
- Loss of realignment dollars and risk of decline in MHSA dollars over next few years, tied to State economy.
- Elimination of \$1.5 million in SACPA funding for treatment of persons charged with nonviolent crimes of drug use or possession.
- Maintaining availability of core services within all geographic regions in the face of budget limitations.
- Continuing efforts to remove cultural and language barriers to mental health and alcohol and drug service access.
- Capacity to address the complicated needs of persons with mental illness and co-occurring risks to health and safety, including substance use, homelessness and physical health problems.

Conclusion

ADMHS is striving to maintain mental health and alcohol and drug service access across the County, to respond to community needs, in the face of declining resources. Blending of core funding and MHSA services continues to be critical to the stability of the mental health system. Building on the role of consumers and family members in peer support and personal recovery across the mental health and alcohol/drug systems is an important priority for this fiscal year.

Special Instructions: Please send one (1) copy of the minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Contracts Division
300 N. San Antonio Road Bldg. 3
Santa Barbara, CA 93110

Attachments: ADMHS Departmental Overview PowerPoint Presentation

cc: County Executive Office