



COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING THE MONTH OF SEPTEMBER NATIONAL CHILDHOOD OBESITY AWARENESS MONTH IN SANTA BARBARA COUNTY

WHEREAS, nutrition and physical activity are the foundation to a lifetime of good health. In America, the percentage of children affected by obesity has more than tripled since the 1970s; and

WHEREAS, childhood obesity is a major public health problem that can lead to lifelong physical and mental health issues. Children with obesity are at a higher risk for having other chronic health conditions and disease. Children with obesity can be bullied, teased, and are more likely to suffer from social isolation, depression, and lower self-esteem; and

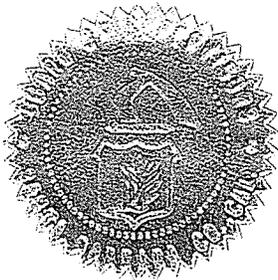
WHEREAS, in 2018 Santa Barbara County had 40.3% of 5th graders were identified as overweight or obese, while 23.8% of children age 4 in the Women, Infants, and Children (WIC) program were identified as obese; and

WHEREAS, the built environment our children live in become compounded by social and individual factors like, gender, age, race, ethnicity, education, and socioeconomic status that influence a child's ability to eat a healthy diet, stay physically active, and achieve or maintain a healthy weight; and

WHEREAS, the Public Health Department is committed to providing children with healthy futures, and provides a number of programs working together to overcome inequities leading to childhood obesity, including the Cal Fresh Healthy Living, the Women, Infants and Children (WIC) Nutrition Program, the Maternal Child and Adolescent Health Program, the Children's Medical Services Program, and the Federally Qualified Health Centers.

NOW, THEREFORE, BE IT ORDERED AND RESOLVED that this Board of Supervisors does hereby proclaim the month of September, as National Childhood Obesity Awareness Month in Santa Barbara County.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this tenth day of September 2019 by a unanimous vote of all members present.



[Signature]

Supervisor - 1st District

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Supervisor - 2nd District

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Supervisor - 3rd District

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Supervisor - 4th District

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Supervisor - 5th District

ATTEST: *[Signature]*

Clerk of the Board