



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: November 29, 2022
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Antonette Navarro, LMFT, Director
Director(s) Department of Behavioral Wellness, 805-681-5220
Contact Info: Chris Ribeiro, Chief Financial Officer
Department of Behavioral Wellness, 805-681-5220

SUBJECT: Behavioral Wellness – Second Amendment to the Sylmar Health Rehabilitation Center, Inc., Institution for Mental Disease Board Contract FY 20–23

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute a Second Amendment to the Agreement for Services of Independent Contractor (BC 20-140) with **Sylmar Health and Rehabilitation Center, Inc.**, a California corporation (not a local vendor), an Institution for Mental Disease, to increase the Fiscal Year 21-22 contract maximum amount by \$20,000 and increase the Fiscal Year 22-23 contract maximum amount by \$175,000 for additional client placements for a new Total Contract Maximum Amount not to exceed **\$2,045,000**, inclusive of \$850,000 for FY 20-21; \$520,000 for FY 21-22; and \$675,000 for FY 22-23, for the period of July 1, 2020 through June 30, 2023; and
- B. Determine that the above action is a government fiscal activity, which does not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and is therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

The above-referenced item is on the agenda to request a second amendment to increase the Fiscal Year 21-22 contract maximum amount by \$20,000 and increase the Fiscal Year 22-23 contract maximum amount by \$175,000, for the Sylmar Health and Rehabilitation Center, Inc. (Sylmar) Board Contract as a result of an increase in demand for inpatient contracted long-term beds.

Background:

Sylmar Health and Rehabilitation Center, Inc., is classified as an Institution for Mental Disease (IMD). IMDs are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California. BWell contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches, and Mental Health Rehabilitation Centers. BWell also contracts with IMD-alternative facilities, which are unlocked facilities providing highly structural residential programs for clients transitioning out of IMDs.

Sylmar is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessments, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or fragile individuals.

Approval of this amendment will allow for BWell to continue providing necessary IMD mental health services to BWell clients without a gap in service.

On September 15, 2020, the County of Santa Barbara Board of Supervisors (BOS) authorized the Department of Behavioral Wellness (BWell) to enter into an Agreement with Sylmar for the provision of mental health services and residential treatment services; for a total contract maximum not to exceed \$1,650,000, inclusive of \$650,000 for FY 20-21, \$500,000 for FY 21-22, and \$500,000 for FY 22-23.

The initial contract maximum for FY 21-22 and 22-23 was developed with the anticipation of approximately five to six (5-6) client placements with varying acuity. In FY 21-22, client placement trended on the high end of that range necessitating a slight increase to the contract maximum. Subsequently, on May 4, 2021, the BOS approved of a First Amendment to the Agreement to increase the FY 20-21 contract maximum by \$200,000 for additional client placements due to the increased need for client services.

There are currently seven (7) client placements in FY 22-23 and increasing the contract maximum for this Fiscal Year will permit BWell to continue to maintain client placements at that level through the end of the year. Approval of this Second amendment will allow for BWell to continue providing necessary IMD mental health services to BWell clients without a gap in service.

Performance Outcomes:

Sylmar has held a steady client caseload of 6 during the first three quarters of FY 2021-22. The current funding projections are based on a current client case load of 7 clients in Q4 of FY 2021-22.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 20-21 Cost</u>	<u>FY 21-22 Cost</u>	<u>FY 22-23 Cost</u>	<u>Overall FY 20-23 Cost</u>
General Fund				
State	\$ 850,000.00	\$520,000.00	\$ 675,000.00	
Federal				
Fees				
Other:				
Total	\$ 850,000.00	\$520,000.00	\$ 675,000.00	\$ 2,045,000.00

Narrative: The above-referenced contract is funded by State funds. The recommended contract increases will be funded through existing IMD and Acute Hospital contract savings and an unanticipated increase in realignment revenue by the State.

Key Contract Risks:

There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what BWell has projected. In this case, BWell will return to the Board of Supervisors to request an increase to the contract maximums, as needed.

Special Instructions:

Please send one (1) complete copy of the executed amendment and one (1) minute order to: cfoschaar@sbcbswell.org and the BWell Contracts Division at bwellcontractsstaff@sbcbswell.org.

Attachments:

Attachment A: Sylmar Health and Rehabilitation Center, Inc. FY 20-23 Board Contract Second Amendment

Attachment B: Sylmar Health and Rehabilitation Center, Inc. FY 20-23 BC First Amendment executed

Attachment C: Sylmar Health and Rehabilitation Center, Inc. FY 20-23 BC executed (BC 20-140)

Authored by:

A. Foschaar