



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Behavioral Wellness  
**Department No.:** 043  
**For Agenda Of:** June 15, 2021  
**Placement:** Administrative  
**Estimated Time:** N/A  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors  
**FROM:** Department Alice Gleghorn, PhD, Director  
Director(s) Behavioral Wellness, 681-5220  
Contact Info: John Doyel, MA, LAADC, Division Chief, Alcohol and Drug  
Programs, Department of Behavioral Wellness, (805) 681-5220  
**SUBJECT:** Behavioral Wellness – Council on Alcoholism and Drug Abuse Drug Medi-Cal  
Organized Delivery System and Mental Health Services Act FY 21-24 Service  
Contract Renewal

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Council on Alcoholism and Drug Abuse (CADA)**, a California nonprofit (a local vendor), for the provision of substance use disorder services for adolescents, youth, and adults and mental health services for youth for a total Maximum Contract Amount not to exceed **\$6,910,866**, inclusive of \$2,194,640 per fiscal year in Alcohol and Drug Program (ADP) funding with a total ADP funding amount of \$6,583,920 and \$108,982 per fiscal year in Mental Health Services (MHS) funding, with a total MHS funding amount of \$326,946 for the period of July 1, 2021 through June 30, 2024;
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to make immaterial changes to the Agreement per Section 26 of the Agreement; authorize additional services per Exhibit A-7 of the Agreement; amend program staffing requirements per Exhibit A-7 of the Agreement; reallocate funds between funding sources per Exhibits B ADP and MHS of the Agreement; adjust the provisional rate per Exhibits B ADP and MHS of the Agreement; approve that use of the County Maximum Allowable rate was waived for settlement purposes in the year end cost settlement per Exhibit B MHS of the Agreement; and amend the program goals, outcomes, and measures per Exhibits E ADP and MHS of the Agreement, all without altering the Maximum

Contract Amount and without requiring formal amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time; and

- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and is therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

**Summary Text:** The above-referenced contract is on the agenda to request the Board of Supervisors (Board) to approve and authorize the Chair to execute a multi-year contract for CADA to deliver mandated ADP substance use disorder services under the Department of Health Care Services (DHCS) Drug Medical Organized Delivery System (DMC-ODS) Intergovernmental Agreement No. 18-95148 and Mental Health Services Act (MHSA) prevention services, for the period of July 1, 2021 through June 30, 2024. Approval of the recommended actions will allow the Department of Behavioral Wellness (Behavioral Wellness) to provide necessary Outpatient Drug Free, Intensive Outpatient Treatment, Alcohol and Drug Housing Services, and mental health youth services to clients needing care with no disruption in services.

**Background:** Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part, through contracted providers including Community-Based Organizations (CBOs) under the DHCS DMC-ODS Intergovernmental Agreement No. 18-95148, approved by the Board in October 2018. This contract renewal is for the continued provision of substance use disorder and mental health services. Behavioral Wellness obtained approval from the Board to enter into an agreement with CADA in November 2018 for the provision of substance use disorder services and mental health services for the period of December 1, 2018 through June 30, 2021.

CADA will provide the following mandated substance use disorder services: outpatient individual and group treatment services to adults and adolescents, a detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara and Santa Maria. Through the Daniel Bryant Youth and Family Treatment Center, CADA provides outpatient Alcohol and Other Drug Treatment services to adolescent clients to assist clients to obtain and maintain sobriety. CADA's Project Recovery provides adolescents with early intervention services to address youth specific development issues and provides comprehensive and integrated services, which involves families and allows youth to remain in the most appropriate but least restrictive setting within their community. It also provides a Screening, Brief Intervention and Referral (SBIRT) component for adolescent clients.

The Residential Detoxification Program offers a 12-bed facility, providing social model monitored residential detoxification services to help clients withdraw from alcohol and/or other drugs. Residential detoxification provides a safe, sober, and supportive living environment for acute withdrawal and stabilization of clients to achieve sobriety and abstinence.

CADA also operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START). START staff from CADA, experts in substance abuse and mental health prevention and treatment, are assigned to each school in the Carpinteria area to provide mental health services to address mental health issues related to learning, behavior, and emotional problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA serves an average caseload of at least 40 clients through the START program. CADA also provides dual diagnosis specialists to the Crisis and Recovery Emergency Services program in Santa Barbara through MHSA funding.

**Performance Outcomes:**

During the first two quarters of FY 2020-21:

1. Youth Outpatient Treatment Programs (Level 1.0): On average, CADA served about 100 youths; 100% initiated treatment; no one immediately dropped out of treatment; 86% engaged in treatment; 76% were retained in treatment; and 54% successfully completed treatment.
2. Adult Outpatient Treatment Program (Level 1.0): On average, CADA served about 81 clients, 100% initiated treatment; 1% immediately dropped out of treatment; 98% engaged in treatment; 85% were retained in treatment; and 67% successfully completed treatment.
3. Adult Outpatient Treatment Programs (Level 2.1): There were no clients served at this level during Q1 and Q2.
4. Residential Treatment (Level 3.1): On average, CADA served about 30 clients, 98% of clients initiated treatment; 17% immediately dropped out of treatment; 76% successfully completed treatment; 100% were free of primary drug use at time of discharge; and 35% transferred to treatment at a lower level of care within 14 days.
5. Withdrawal Management (Formerly Detoxification) (Level 3.2): CADA served about 24 clients; 17% immediately dropped out of treatment, 76% successfully completed treatment, 78% were abstinent of primary drug use at time of discharge, 86% transferred to treatment at a lower level of care within 14 days, and 92% had no re-admission within 30 days of treatment.
6. Perinatal: On average, CADA served 16 clients; about 60% were abstinent at discharge/drug-free births and about 50% successfully completed treatment.
7. Medication Assisted Treatment: Treatment consisted of Suboxone (26 clients) and Vivitrol (2 clients).

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b>CADA FY 21-22 Cost:</b>	<b>CADA FY 22-23 Cost:</b>	<b>CADA FY 23-24 Cost:</b>
General Fund			
State	\$ 1,151,811	\$ 1,151,811	\$ 1,151,811
Federal	\$ 1,151,811	\$ 1,151,811	\$ 1,151,811
Fees			
Other:			
<b>Total</b>	<b>\$ 2,303,622</b>	<b>\$ 2,303,622</b>	<b>\$ 2,303,622</b>
<b>Grand Total</b>			<b>\$ 6,910,866</b>

Narrative: The above-referenced contract is funded by State and Federal funds. The funding sources are included in the FY 21-22 Proposed Budget. For FY 22-23 and FY 23-24 the budget is contingent on Board approval.

**Key Contract Risks:**

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

**Special Instructions:**

Please email one (1) complete executed contract and one (1) minute order to [dmorales@co.santa-barbara.ca.us](mailto:dmorales@co.santa-barbara.ca.us) and [bwellcontractsstaff@co.santa-barbara.ca.us](mailto:bwellcontractsstaff@co.santa-barbara.ca.us).

**Attachments:**

Attachment A: CADA FY 21-24 BC

**Authored by:**

D. Morales