

# COUNTY OF SANTA BARBARA CALIFORNIA

## RESOLUTION PROCLAIMING THE MONTH OF SEPTEMBER, 2011 AS NATIONAL CHILDHOOD OBESITY AWARENESS MONTH

*WHEREAS, September, 2011, is National Childhood Obesity Awareness Month; and*

*WHEREAS, obesity is a leading cause of chronic diseases such as diabetes, hypertension, and heart disease associated with premature death; and*

*WHEREAS, more than half of adults, over one-third of teens, and over 45% of lower-income children in Santa Barbara County are overweight or obese; and*

*WHEREAS, the number of overweight and obese children has increased significantly in recent years, and 80% of obese children are obese as adults; and*

*WHEREAS, only 51% of county children eat the recommended five or more servings of fruit and vegetables daily; and*

*WHEREAS, only 38% of local children are physically active the recommended one hour per day; and*

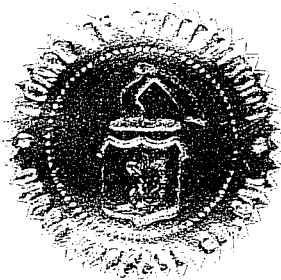
*WHEREAS, Santa Barbara County has three times as many fast food restaurants and convenience stores as supermarkets and produce vendors; and*

*WHEREAS, the Public Health Department is committed to providing children with healthy futures, and provides a number of obesity prevention programs, including the Network for a Healthy California, the Women, Infants and Children (WIC) Nutrition Program, the Maternal Child and Adolescent Health Program, and the Children's Medical Services Program; and*

*WHEREAS, the Public Health Department is collaborating with local schools, non-profits, medical providers, and other organizations to develop a long-term, comprehensive obesity prevention plan.*

**NOW, THEREFORE, BE IT HEREBY ORDERED AND RESOLVED** that the Board of Supervisors of Santa Barbara County does hereby observe the month of September, 2011 as National Childhood Obesity Awareness Month, and recognizes the efforts of the Public Health and community organizations to prevent childhood obesity in the County of Santa Barbara.

**PASSED AND ADOPTED**, by the Board of Supervisors of the County of Santa Barbara, State of California, this sixth day of September, 2011, by a unanimous vote of all members present.



*L. J. O'Connell*  
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Supervisor - 1st District

*Paul Wolf*  
\_\_\_\_\_  
Supervisor - 2nd District

*Robert J. ...*  
\_\_\_\_\_  
Supervisor - 3rd District

*Juan ...*  
\_\_\_\_\_  
Supervisor - 4th District

*...*  
\_\_\_\_\_  
Supervisor - 5th District

ATTEST: *Chandra Walla*  
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Clerk of the Board