



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 20, 2017
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness 805-681-5220
Contact Info: Ole Behrendtsen, MD, Medical Director
Department of Behavioral Wellness 805-681-5220

SUBJECT: Behavioral Wellness FY 17-20 Renewal - Psynergy

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement of services of Independent Contractor with **Psynergy Programs, Inc.** (not a local vendor), for the provision of adult residential mental health services, for a contract amount not to exceed **\$773,549** for FY 17-18, **\$500,000** for FY 18-19, and **\$500,000** for FY 19-20 for a total contract amount of **\$1,773,549** for the period of July 1, 2017 through June 30, 2020.
- B. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text: The Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Approval of the

recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background:

Behavioral Wellness provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. Institutions for Mental Diseases (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. IMD-alternative facilities, such as Psynergy are unlocked facilities providing highly structural residential programs for clients transitioning out of IMDs.

Psynergy Programs, Inc. (Psynergy), located in the Bay Area, provides residential treatment services to adult clients as a step down from IMDs. Psynergy works with clients in IMDs to identify clients who may be ready to step down to a lower level of care, then works to step clients down through three progressions of residential care, with the eventual goal of equipping clients to return to Santa Barbara County to live independently. For the first half of the current fiscal year, Psynergy has consistently held a caseload of 9-14 clients. The current funding projections are based on a caseload of 14 clients per month for the second half of the fiscal year.

Performance Measure:

- Maintain the average quarterly percentage of psychiatric inpatient admissions at 10% or less.
- Maintain the percent of clients hospitalized for physical health reasons per quarter at 10% or less.
- Maintain the percentage of clients transitioning to a higher level of care due to psychiatric conditions at 10% or lower.
- Of clients that have been in treatment for 12 months or more, 75% will have reduced their level of service need from High to Moderate, as measured by the Level of Service Evaluation Form.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	FY 17-18	FY 18-19	FY 19-20
General Fund			
State	\$ 386,774.50	\$ 250,000.00	\$ 250,000.00
Federal	\$ 386,774.50	\$ 250,000.00	\$ 250,000.00
Fees			
Other:			
Total	\$ 773,549.00	\$ 500,000.00	\$ 500,000.00

Narrative: The above referenced contracts are funded by State and Federal funds. The funding sources are included in the FY 2017-2018 Adopted Budget.

Key Contract Risks: There is risk that the number of contracted IMD-alternative beds may increase beyond what the department has projected. In this case, the department will return to the Board of Supervisors to request an increase to the contract maximums where needed.

Special Instructions:

Please send one (1) complete copy of each executed contract and one (1) minute order to: qilopez@co.santa-barbara.ca.us.

Attachments:

Attachment A: Psynergy Programs, Inc. FY 17-20

Authored by:

Q. Lopez