



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Public Health
Department No.: 041
For Agenda Of: June 4, 2024
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Mouhanad Hammami, Director
Director(s) Public Health Department
Contact Info: Kelley Barragan, MCAH Director 805-681-5476

SUBJECT: Cal Poly Early Intervention to Promote Cardiovascular Health of Mothers and Children (ENRICH) study Memorandum of Understanding

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors:

- a) Approve and authorize the Chair execute a Memorandum of Understanding between the County of Santa Barbara and the California State University through its campus Cal Poly Corporation, San Luis Obispo (Attachment A) to work together to promote and study cardiovascular health among pregnant women and infants in the County of Santa Barbara as part of the National Institute for Health Early Intervention to Promote Cardiovascular Health of Mothers and Children program during the period of May 1, 2024 through June 1, 2030 without an exchange of funds.
- b) Determine that the proposed action does not constitute a “Project” within the meaning of California Environmental Quality Act (CEQA), pursuant to Section 15378(b)(5) of the CEQA Guidelines, because it consists of organizational or administrative activities of governments that will not result in direct or indirect physical changes in the environment.

Summary Text:

This item is on the Agenda for your Board to ratify and execute a Memorandum of Understanding (MOU) with the California State University through its campus Cal Poly Corporation, San Luis Obispo to promote and study cardiovascular health among pregnant women and infants in the County of Santa Barbara.

Background:

The National Institute of Health (NIH) has funded the Cal Poly Corporation through its Cal Poly Center for Health Research to promote and study cardiovascular health among pregnant women and infants. This is a seven-year research project involving more than 500 participants in California and Rhode Island enrolled in programs with evidence-based home health visitation services, such as the nonprofit Healthy Families of America® and Nurse Family Partnership.

The NIH Early Intervention to Promote Cardiovascular Health of Mothers and Children (ENRICH) program is to promote heart health and address health disparities in low-income pregnant and postpartum people and their infants living in low-resource communities.

The research will entail program development, implementation and evaluation of a new program designed to promote cardiac health in women and children. In collaboration with local home visiting partners, the program seeks to reduce such heart disease risk factors as obesity, sedentary lifestyles, smoking, poor diets, high blood pressure, and high glucose.

Cal Poly faculty, students, and staff from diverse disciplines are collaborating with counterparts at Brown University, a private research institution in Providence, Rhode Island, and other centers and home visiting programs to develop and evaluate the effectiveness of the heart health program relative to usual home visiting control group. The research team expects to develop and implement strategies around healthy eating, activity, obesity prevention, and other cardiovascular health behaviors.

By entering into this MOU, the Public Health Department’s Healthy Families America (HFA) program will work in collaboration with Cal Poly towards the objective of this research which is to facilitate the prevention and treatment of cardiovascular health among pregnant and postpartum people and children. Public Health staff will offer, but not require, HFA home visiting clients the opportunity to participate in ENRICH. Public Health staff may provide information about a client (e.g., contact information changes, attendance, or other information) to Cal Poly ENRICH staff in accordance with institutionally approved protocols and client consent. When feasible, public health staff will attend home visitor training sessions describing the ENRICH heart health curriculum and provide curriculum to consenting clients.

Performance Measure:

N/A

Fiscal and Facilities Impacts:

Budgeted: N/A

Fiscal Analysis:

There is no fiscal impact for this action. Current staffing resources will be utilized for PHD’s participation in the program

Key Contract Risks:

N/A

Staffing Impacts:

Legal Positions:

0

FTEs:

0

There are no staffing impacts

Special Instructions:

Request the Clerk of the Board to provide a copy of the minute order by email to the Public Health Department Contracts Unit at PHDGROUPContractsUnit@sbcpd.org when available.

Attachments:

- A. MOU Cal Poly ENRICH Home Visiting

Authored by:

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