



COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING THE MONTH
OF MAY 2022 AS MENTAL HEALTH MONTH**

WHEREAS, this resolution proclaims May 2022 as Mental Health Month to enhance public awareness of mental health and dispel the stigma surrounding it.

WHEREAS, mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, one out of every twenty-four Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, access to support and ending the stigma is of paramount importance; and

WHEREAS, The Santa Barbara County Department of Behavioral Wellness wishes to enhance public awareness of mental health now.

IT IS HEREBY ORDERED AND RESOLVED that the Santa Barbra County Board of Supervisors does hereby proclaim the month of May 2022 as Mental Health Month and calls upon all Santa Barbara County citizens to fight stigma associated with mental illness and reaffirm a commitment to supporting the mental health of all people in Santa Barbara County.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this 3rd day of May 2022, by the unanimous votes of the members present.



ATTEST: *Heidi Young*
Clerk of the Board

Debi Kline

Supervisor - 1st District

Aly Hart

Supervisor - 2nd District

Joan Hartman

Supervisor - 3rd District

Bob Moran

Supervisor - 4th District

Stefano

Supervisor - 5th District