



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 6, 2017
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: Pam Fisher, PsyD, Deputy Director of Clinical Operations
Behavioral Wellness, 681-5220

SUBJECT: Behavioral Wellness - Council on Alcoholism and Drug Abuse FY 17-18 Contract Renewal

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for services of Independent Contractor with **the Council on Alcoholism and Drug Abuse (CADA)** (a local vendor), for the provision of substance use disorder services and children's mental health services, for a total contract not to exceed **\$1,511,730** for the period July 1, 2017 through June 30, 2018.
- B. Determine that the above actions are organizational or administrative actions of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

The Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs) such as the Council on Alcoholism and Drug Abuse (CADA). Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services to clients needing care.

Background:

CADA provides outpatient individual and group treatment services to adults and adolescents, a detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara and Santa Maria. CADA is anticipated to provide substance use disorder treatment services to approximately 1,000 clients in FY 17-18.

Through the Daniel Bryant Youth and Family Treatment Center, CADA provides outpatient Alcohol and Other Drug Treatment services to adolescent clients to assist clients to obtain and maintain sobriety. CADA's Project Recovery provides adolescents with early intervention services to address youth specific development issues, to provide comprehensive and integrated services, involving families and allows youth to remain in the most appropriate, but least restrictive setting within their community. It also provides Screening, Brief Intervention and Referral (SBIRT) component for adolescent clients.

The Residential Detoxification Program offers a 12 bed facility, providing social model monitored residential detoxification services to help clients withdraw from alcohol and or other drugs. Residential detoxification provides a safe, sober and supportive living environment for acute withdrawal and stabilization of clients to achieve sobriety and abstinence.

CADA operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START). START staff from CADA with expertise in substance abuse and mental health prevention and treatment are assigned to each school in the Carpinteria area to provide mental health services to address mental health services related to learning, behavior, and emotional problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA serves an average caseload of at least 40 clients through the START program. CADA also provides dual diagnosis specialists to the Crisis and Recovery Emergency Services program in Santa Barbara through Mental Health Services Act (MHSA) funding.

Contract Renewals and Performance Outcomes:

The Council on Alcoholism and Drug Abuse (CADA) has several Alcohol and Drug Program and Mental Health funded programs. The data available for analysis at this time is from Quarter 1 and 2 from July through December. CADA has performed well on outcome indicators in Q1 and Q2 of FY 6-17.

Alcohol and Drug Services:

Detox: CADA served 88 clients in detox in Q1 and Q2. As expected, 100% of clients are drug free at discharge. CADA's detox exceeds expectations both in terms of the percentage of clients admitted to treatment (80.5%) and readmission rates within 45 days of discharge (98%).

FNL/CL: Friday Night Live and Club Live (Prevention). CADA's FNL and CL programs are performing well. While some goal achievement is low at this point due to outreach/services planned for the second semester (Q3&Q4), FNL/CL is on track to meet annual goals.

Perinatal: CADA's perinatal program successfully graduated three (3) women from treatment in Q1 and four (4) in Q2. There were six (6) births in Q1 and Q2 - 100% were drug free.

SBIRT: Screening, Brief Intervention and Referral to Treatment (school – based/adolescent). The Department is in the process of developing SBIRT expectations and outcomes and has asked CADA to report several service/process numbers. CADA is providing high volume SBIRT services.

	Q1 & Q2
Clients Screened	340
Individual Sessions	1,345
Group Sessions	1,165
Family Group Sessions	24
Referrals to Treatment	48
Admissions to Treatment	4

Substance Use Disorder (SUD) Treatment: On average, each quarter, CADA served 165 adults and 47 adolescents in Outpatient Drug Free (ODF) treatment. CADA met or exceeded all outcome goals in both Q1 and Q2.

	Goal	Actual		Average
		Q1 %	Q2 %	
Adult - <u>initiate</u> treatment (15+ days)	<i>TBD</i>	94.4%	98%	96.2%
Adolescents - <u>initiate</u> treatment (15+ days)	<i>TBD</i>	90.9%	96%	93.5%
Adults - <u>engage</u> in treatment (31+ days)	75%	89.8%	89%	89.4%
Adolescents - <u>engage</u> in treatment (31+ days)	80%	92.3%	87.5%	89.9%
Adults - <u>retained</u> in treatment (91+ days)	45%	66.9%	56.2%	61.6%
Adolescents - <u>retained</u> in treatment (91+days)	50%	73.1%	62.5%	67.8%
Adults - <u>successfully complete</u> treatment	50%	57.6%	54.8%	56.2%
Adolescents - <u>successfully complete</u> treatment	55%	46.2%	100%	73.1%

Mental Health Services:

START: Support, Treatment, Advocacy and Referral Team. CADA served 56 students in Q1 and Q2. START met and/or exceeded all expectations in Q1 and Q2.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	Current FY Cost:	Annualized On-going Cost:	Total One-Time Project Cost
General Fund			
State	\$ 755,865.00		
Federal	\$ 755,865.00		
Fees			
Other:			
Total	\$ 1,511,730.00	\$ -	\$ -

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 17-18 Proposed Budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed contract and one (1) minute order to Dense Morales at: dmorales@co.santa-barbara.ca.us.

Attachments:

Attachment A: CADA FY 17-18 BC

Authored by:

D. Morales