

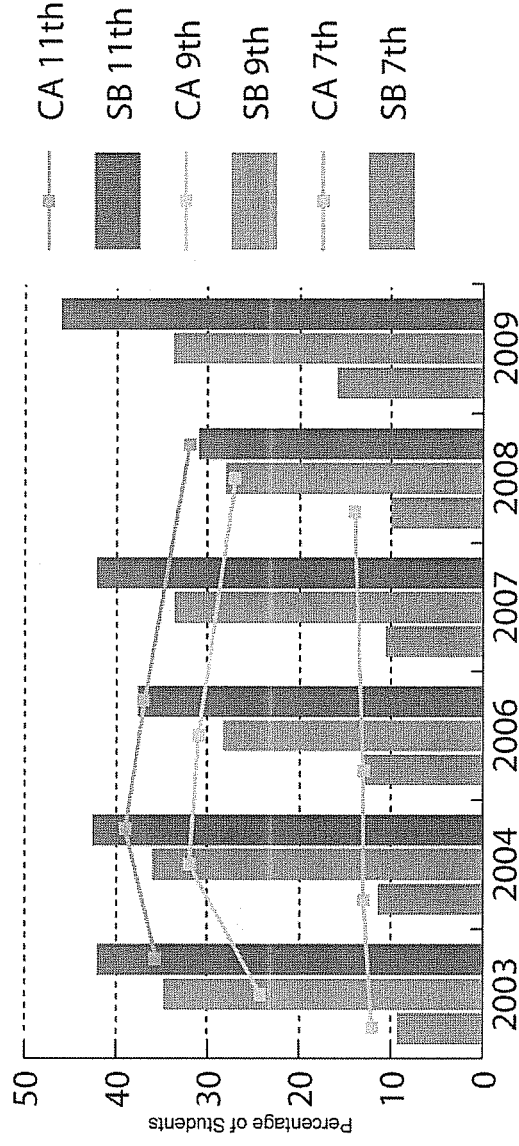
The Bad News About Other Drug Use

- ▶ In 2009, 15% of 11th graders reported **using drugs other than marijuana** in the past 30 days.
- ▶ Reported **inhalant use** among 11th graders has continuously increased since 2003.
- ▶ From 2003 to 2009, reported **cocaine use** tripled among 11th graders.
- ▶ From 2003 to 2009, **methamphetamine use increased** from 1.5% of 11th graders to 6.8%.
- ▶ From 2003 to 2009, the reported **use of psychedelics** increased from 1.8% of 11th graders to 9.5%.
- ▶ In 2009, 14.5% of 11th graders had "tried some form of **pill or medication without a doctor's order** (to get 'high' or 'stoned')" seven or more times in their life.
- ▶ In 2009, 5.7% of 9th graders had "tried some form of **pill or medication without a doctor's order** (to get 'high' or 'stoned')" seven or more times in their life.

The Bad News About Access to Alcohol and Drugs

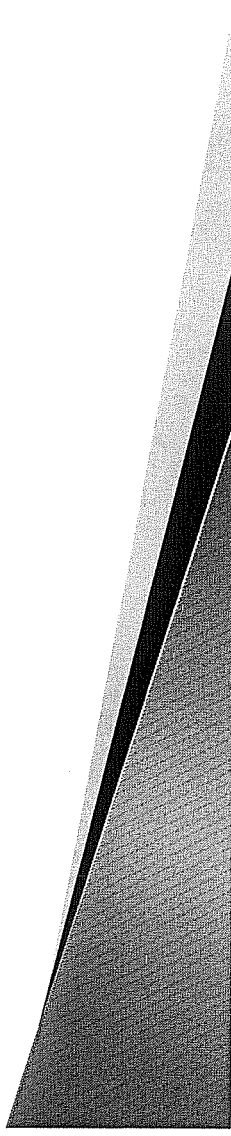
Percentage of Students Who Reported Having Been Offered, Sold, or Given an Illegal Drug on School Property in the Past Year

- ▶ The percentage of students who reported having been offered, sold or given an illegal drug on school property increased at all grade levels from 2008 to 2009, and reached its highest point in seven years among 11th graders.
- ▶ In 2009, 11th graders reported easier access to marijuana (76%) than to alcohol (72%).



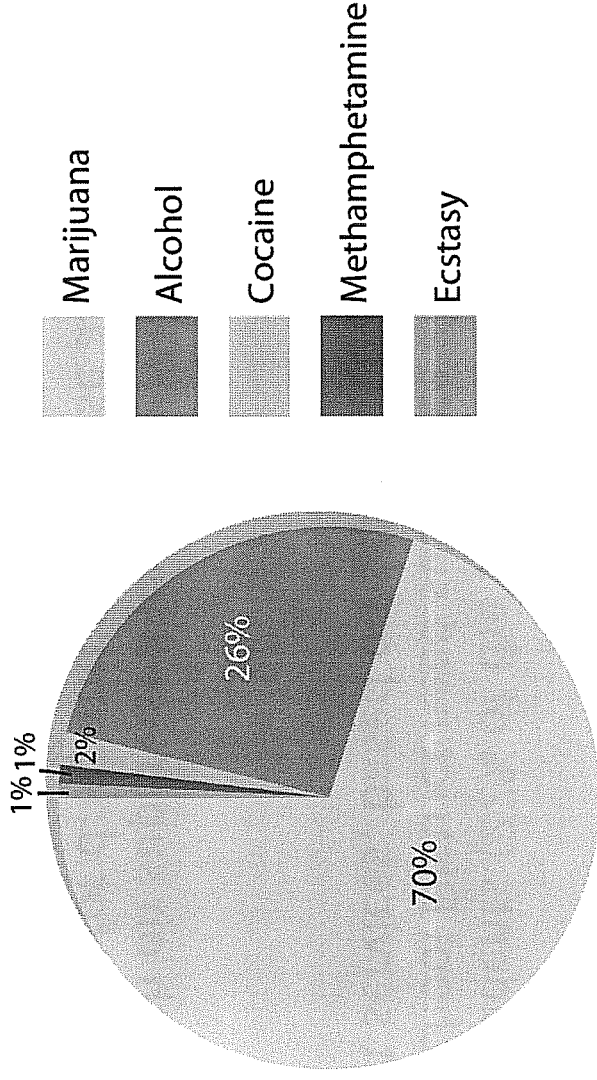
The Need for Youth Substance Abuse Treatment

- ▶ We estimate that 2,153 students (22% of the student body) in the Santa Barbara High School District need substance abuse intervention or treatment services, based on reported high risk behaviors.
- ▶ Approximately 86% of youth on supervised juvenile probation in Santa Barbara have testing for drug and alcohol use as a term and condition of their probation.



The Primary Drugs Used by Youth in County-Funded Treatment Programs

- ▶ In 2008-09, marijuana far surpassed alcohol as the most prevalent drug used by youth in treatment, rising from 43% to 70% over the past three years.
- ▶ The percentage of youth in treatment who use methamphetamine declined from 7% in 2004-05 to 1% in 2008-09.



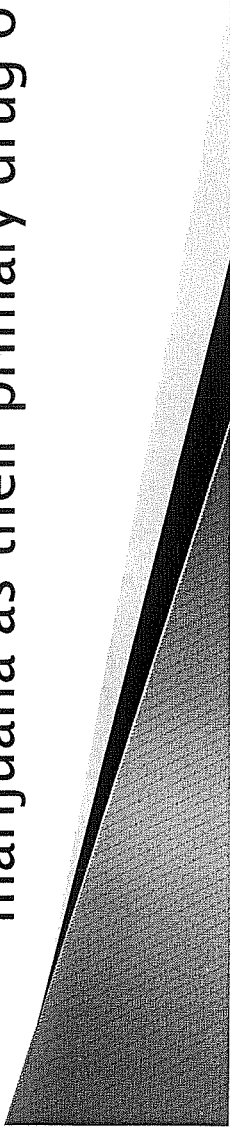
Youth Statistics Summary

▶ *The Good News:*

- Alcohol and marijuana use decreased in 7th graders

▶ *The Bad News:*

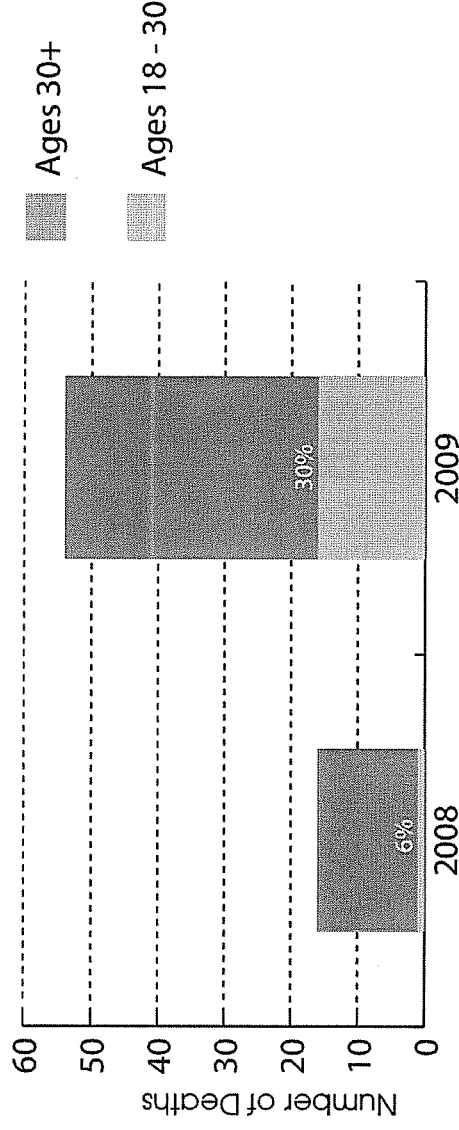
- Aggressive drinking culture in 11th graders
- Drinking and driving rates among 9th and 11th graders are higher than the California average
- Marijuana use among 9th and 11th graders is steadily increasing (higher than state average)
- For the first time, 11th graders reported having easier access to marijuana than to alcohol
- 70% of youth in county-funded treatment programs identified marijuana as their primary drug of choice



The Need for Adult Substance Abuse Treatment

- ▶ In 2001, an estimated 12,000 people in South Santa Barbara County were severely impaired enough by substance abuse problems as to require treatment.
- ▶ In 2001, there was one treatment space for every 8.6 people needing treatment.

Number of Alcohol and Drug Related Deaths, South County Residents



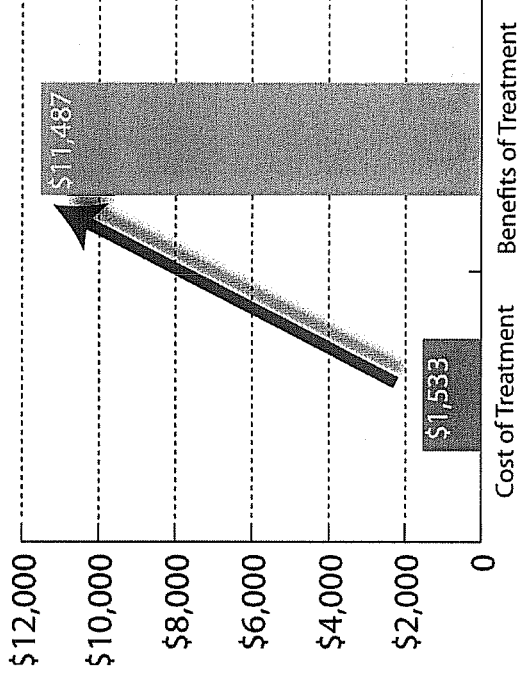
- ▶ Between 2008 and 2009 the number of alcohol and drug related deaths among South Santa Barbara County residents more than tripled, rising from 16 to 54.
- ▶ Overdose deaths among people age 30 or younger in South County have increased to 30% of the deaths in 2009 from 6% in 2008.

The Cost Effectiveness of Treatment

- ▶ In a county wide study of drug court programs, 91% of SATC graduates and 87% of Prop. 36 graduates had no jail days in the year following treatment
- ▶ 70% of clients graduating from the Clean & Sober Court Treatment Program are still sober at follow-up
- ▶ Clients completing the Reconnecting Youth Program show significant reductions in past 30 day alcohol use, decreased total drug use, and improved alcohol and drug use control.

- ▶ One year after graduation, 51% of clients in the Cannabis Youth Treatment program reported they were using half as many days as they did before treatment and 28% were still reporting no alcohol or drug use.

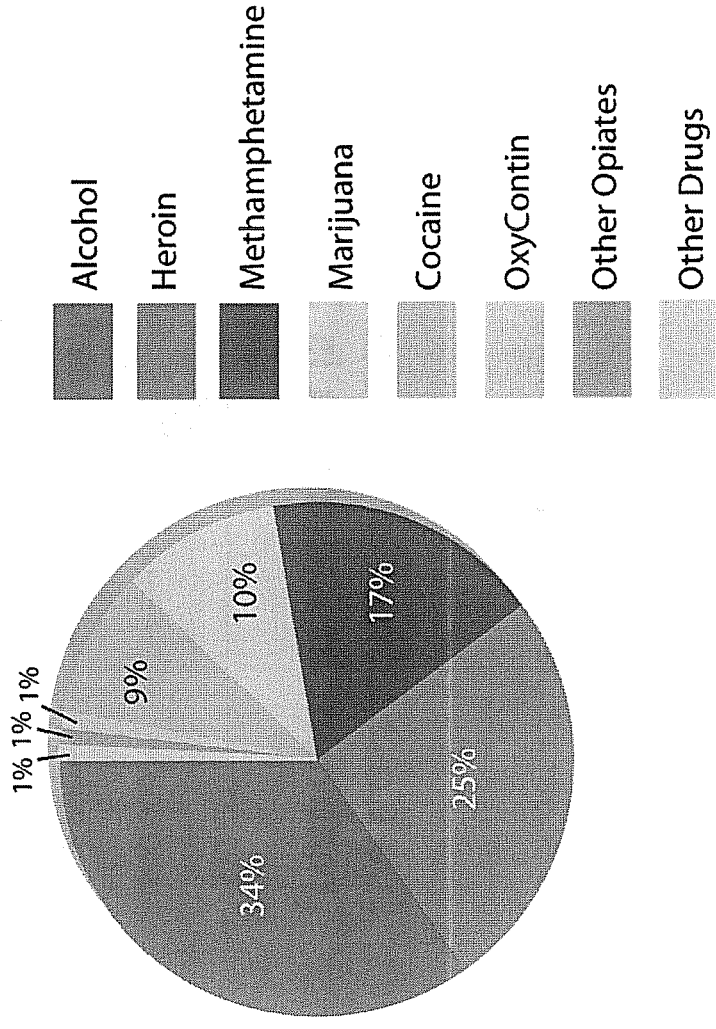
The Cost Offset of Substance Abuse Treatment in California is 7:1.



The Primary Drugs Used by Adults in County-Funded Treatment Programs

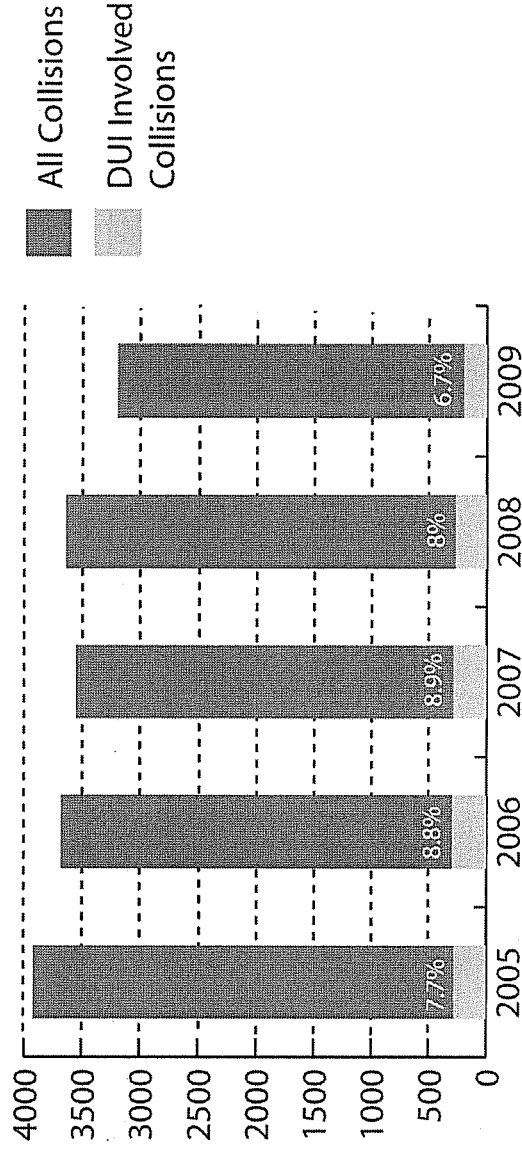
- ▶ In 2008-09, heroin surpassed methamphetamine as the second most prevalent drug used by adults in treatment in South Santa Barbara County, rising from 14% of the adult treatment population to 25% over the past three years.

- ▶ The percentage of adults in treatment who primarily used methamphetamine declined from 29% in 2006-07 to 17% in 2008-09.



The Good News About Excessive Alcohol Consumption

DUI Involved Collisions Compared to All Collisions



- ▶ The percentage of collisions that were caused by drunken drivers declined from 8% in 2008 to 6.7% in 2009.

The Bad News About Excessive Alcohol Consumption

- ▶ The City of Santa Barbara had a much higher rate of alcohol-related collisions in 2008 than California cities of similar size, ranking 5th out of 103 cities
- ▶ At the same time, Santa Barbara had a much lower rate of DUI arrests, ranking 90th out of 102 cities
- ▶ This appears to indicate a need for greater DUI enforcement to prevent alcohol-related collisions

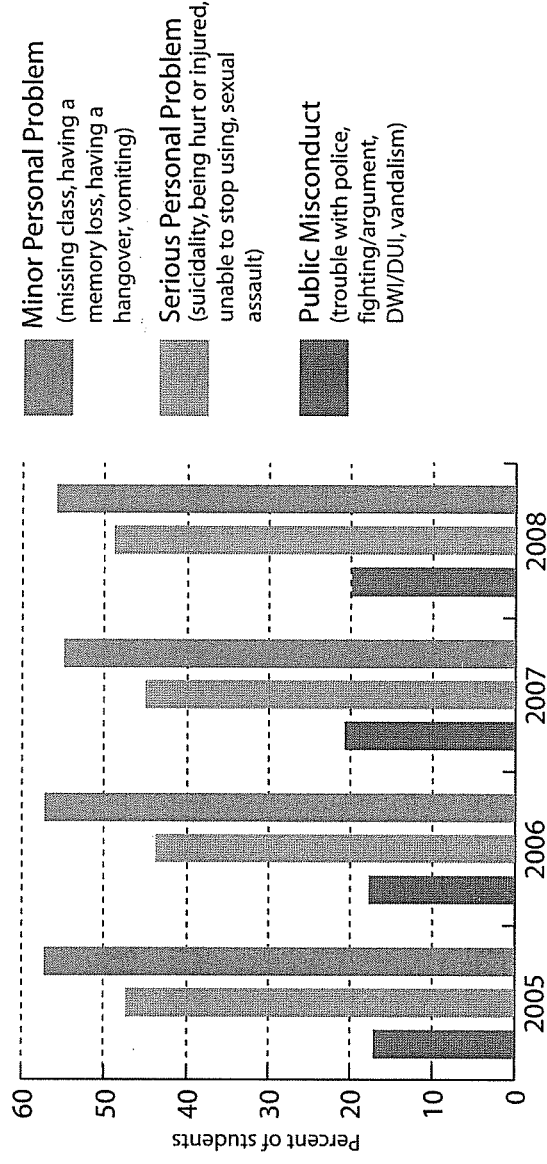
2008 California Office of Traffic Safety Ratings for Cities and Counties of Similar Populations

Jurisdiction	Ranking by Daily Vehicle Miles Traveled	Ranking by Average Population
City of Santa Barbara:		
Alcohol Involved Collisions	3 rd out of 103	5 th out of 103
DUI Arrests		90 th out of 102
City of Goleta:		
Alcohol Involved Collisions	34 th out of 97	13 th out of 97
DUI Arrests		42 nd out of 96
City of Carpinteria		
Alcohol Involved Collisions	36 th out of 101	45 th out of 101
DUI Arrests		56 th out of 96
Santa Barbara County		
Alcohol Involved Collisions	16 th out of 58	25 th out of 58

The Bad News About Excessive Alcohol Consumption

UCSB Students Who Reported Negative Consequences From Drinking At Least Once During the Past Quarter

- ▶ Over 73% of UCSB students under the legal drinking age reported drinking in the past month
- ▶ 52% of UCSB students reported binge drinking during the past two weeks
- ▶ Negative consequences resulting from drinking are significant, with 49% of UCSB students in 2008 reporting a serious personal problem and 17% reporting public misconduct as a result of drinking.



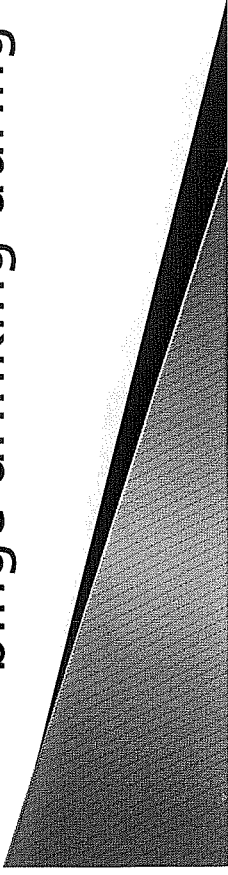
Adult Statistics Summary

▶ *The Good News:*

- Declining percentage of adults in treatment for methamphetamine

▶ *The Bad News:*

- Heroin surpassed methamphetamine as the second most prevalent drug used by adults in treatment
- The City of Santa Barbara has a high rate of alcohol-related collisions but lower rate of DUI arrests than other California cities of similar size
- Slightly more than half (52%) of UCSB students reported binge drinking during the past two weeks



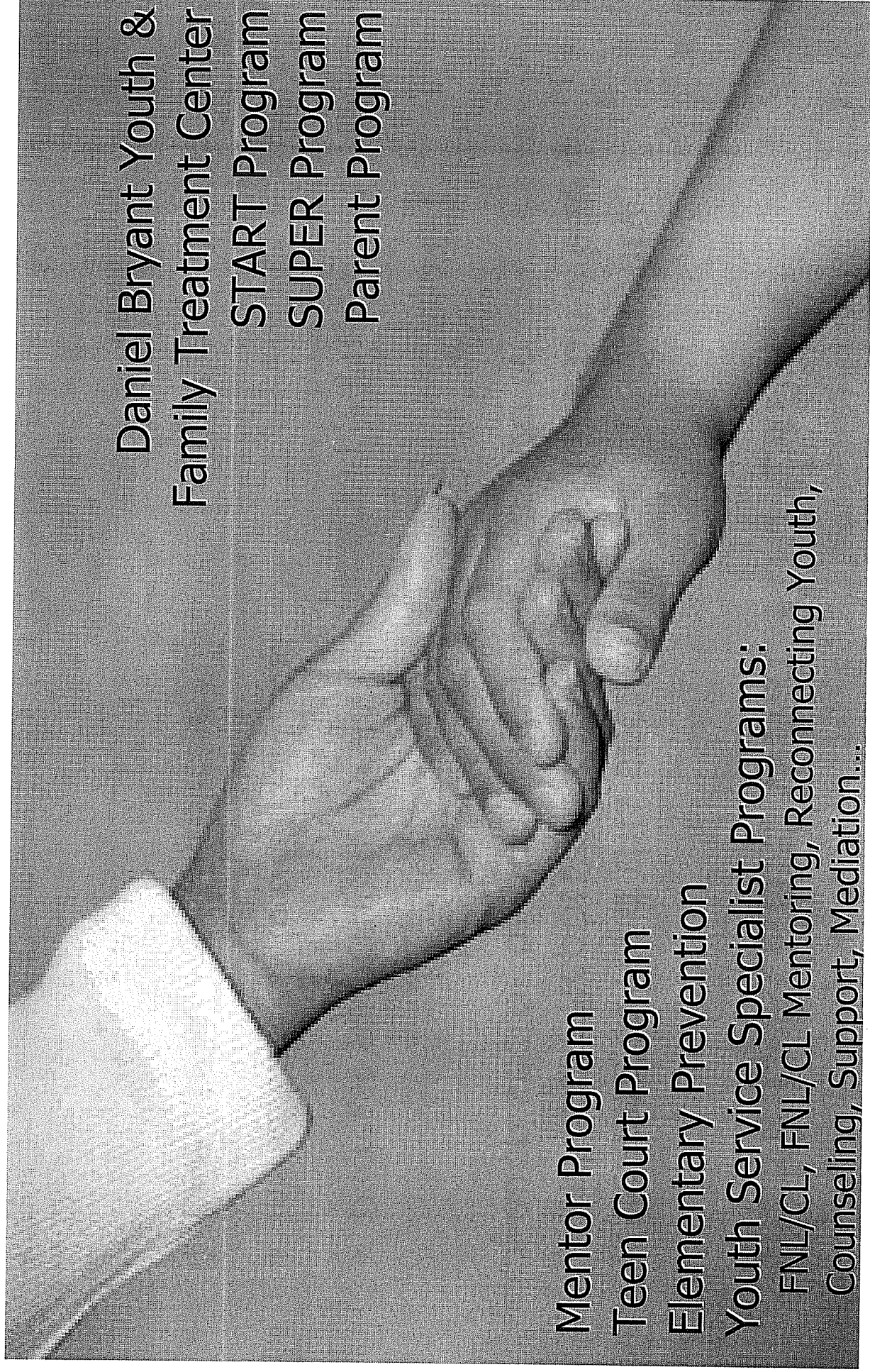
Fighting Back Efforts

Daniel Bryant Youth &
Family Treatment Center
START Program
SUPER Program
Parent Program

Mentor Program
Teen Court Program
Elementary Prevention

Youth Service Specialist Programs:

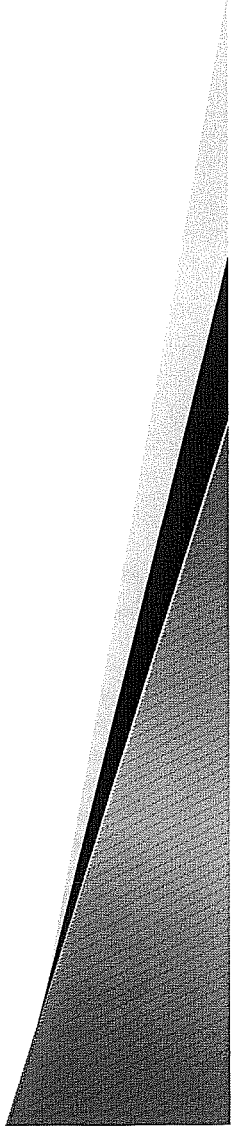
FNL/CL, FNL/CL Mentoring, Reconnecting Youth,
Counseling, Support, Mediation...



Taking Action: What You Can Do

Be sure to read this section of the Community Indicator Report for recommendations on what each sector of our community can do to . . .

- ▶ Decrease youth substance abuse
- ▶ Increase access to treatment, and
- ▶ Decrease excessive alcohol use



Measuring

Facing the Challenge
of Substance Abuse

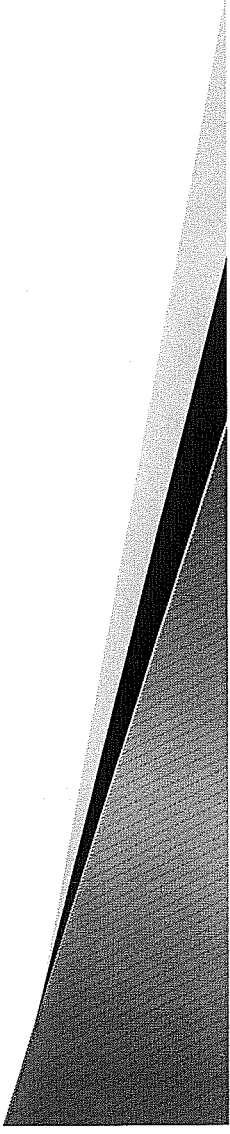
2009 Community Indicators Report
Santa Barbara Fighting Back

Up



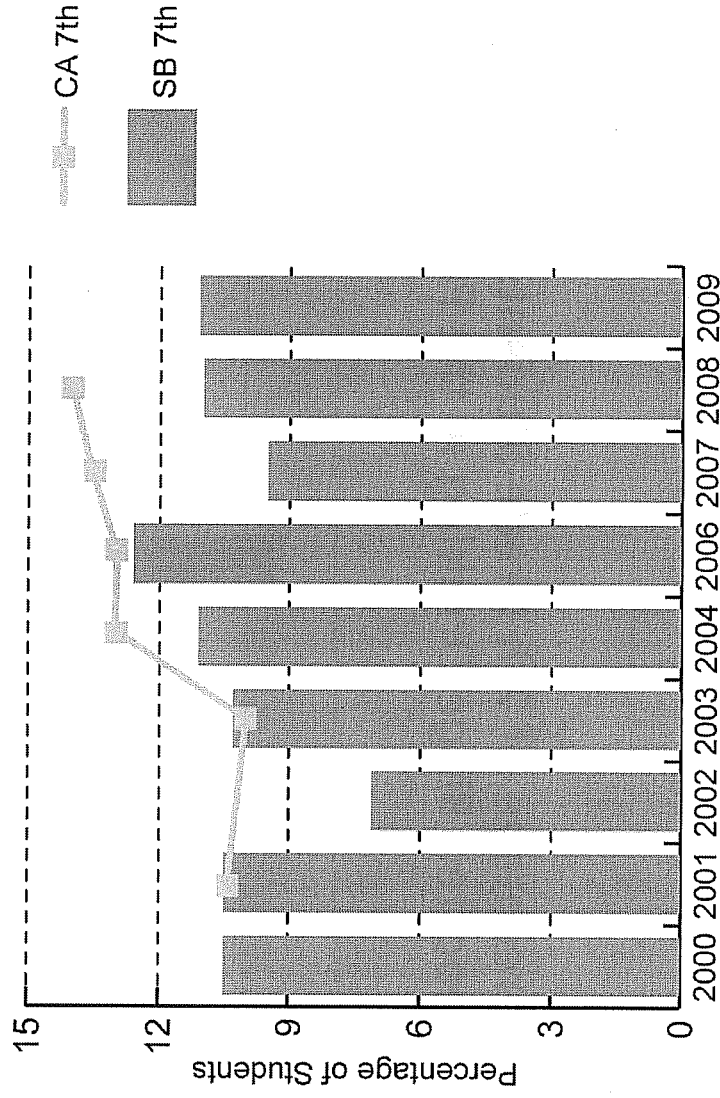
Introduction

- ▶ The 2009 Community Indicators Report is a publication of Santa Barbara *Fighting Back*
- ▶ Issues addressed in the report include:
 - Reducing Youth Substance Abuse
 - Increasing Access to Substance Abuse Treatment
 - Reducing Excessive Alcohol Consumption
 - Taking Action: What South Coast Communities Can Do



The Good News About Alcohol Use

Percentage of 7th Grade Students Who Reported Using Any Alcohol in the Past 30 Days

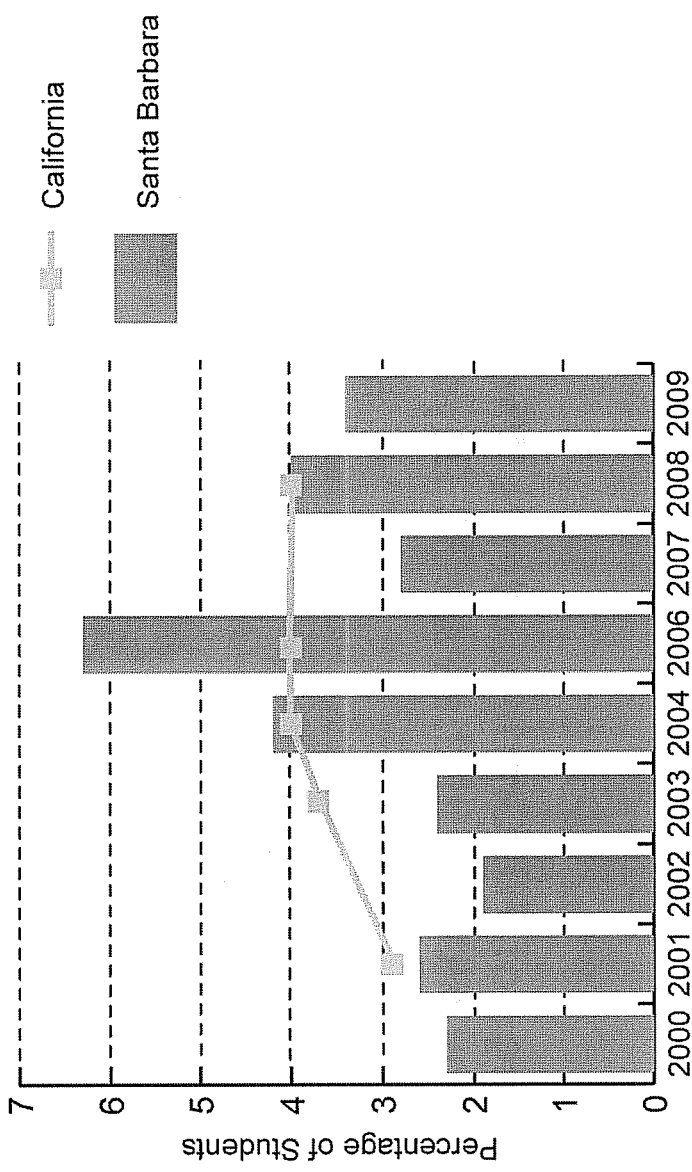


- ▶ Reported 30-day alcohol use among 7th graders has declined since 2006 and remains below the California average.

The Good News About Alcohol Use

- ▶ The percentage of 7th graders who reported binge drinking in the past 30 days declined by 46% from 2006 to 2009.

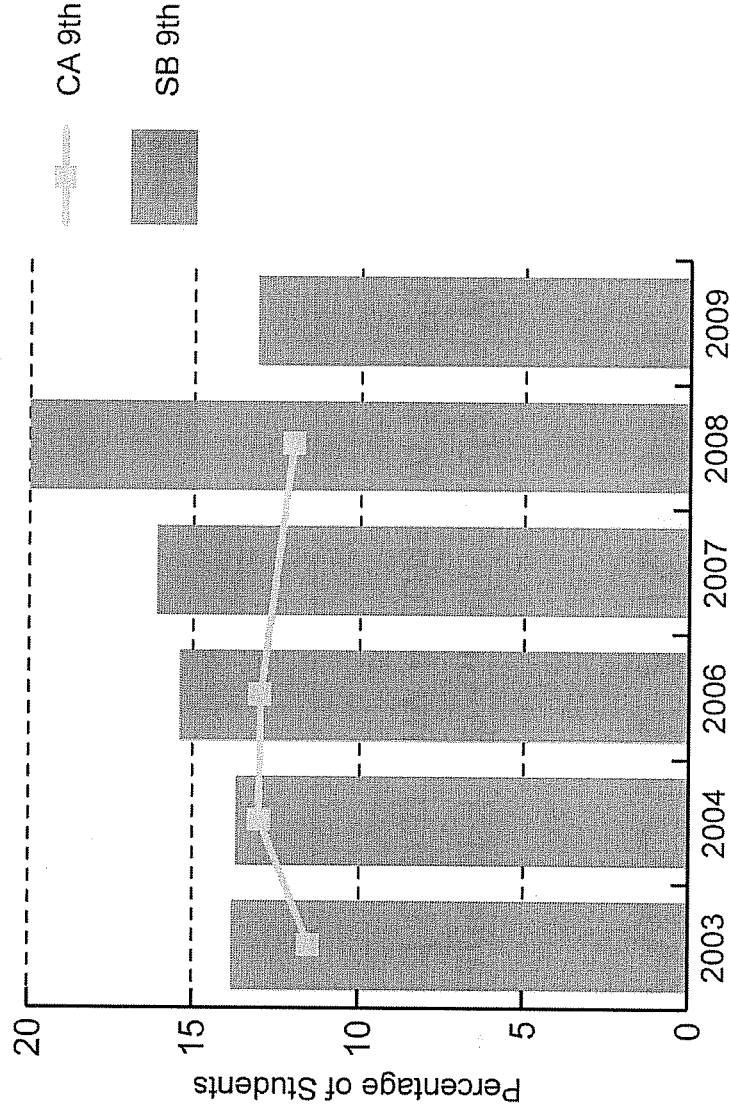
Percentage of 7th Grade Students Who Reported Binge Drinking in the Past 30 Days



The Good News About Alcohol Use

- ▶ The percentage of 9th graders who reported binge drinking in the past 30 days decreased by 35% from 2008 to 2009. We will continue to monitor this indicator to see if it is an ongoing trend.

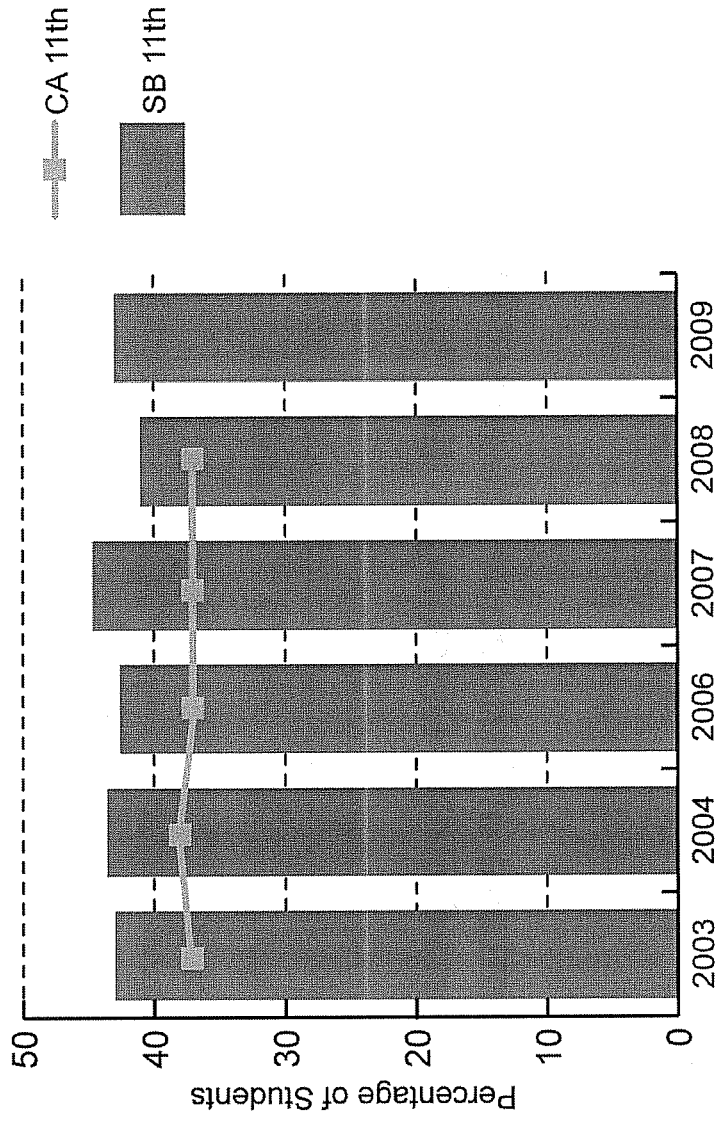
Percentage of 9th Grade Students Who Reported Binge Drinking in the Past 30 Days



The Bad News About Alcohol Use

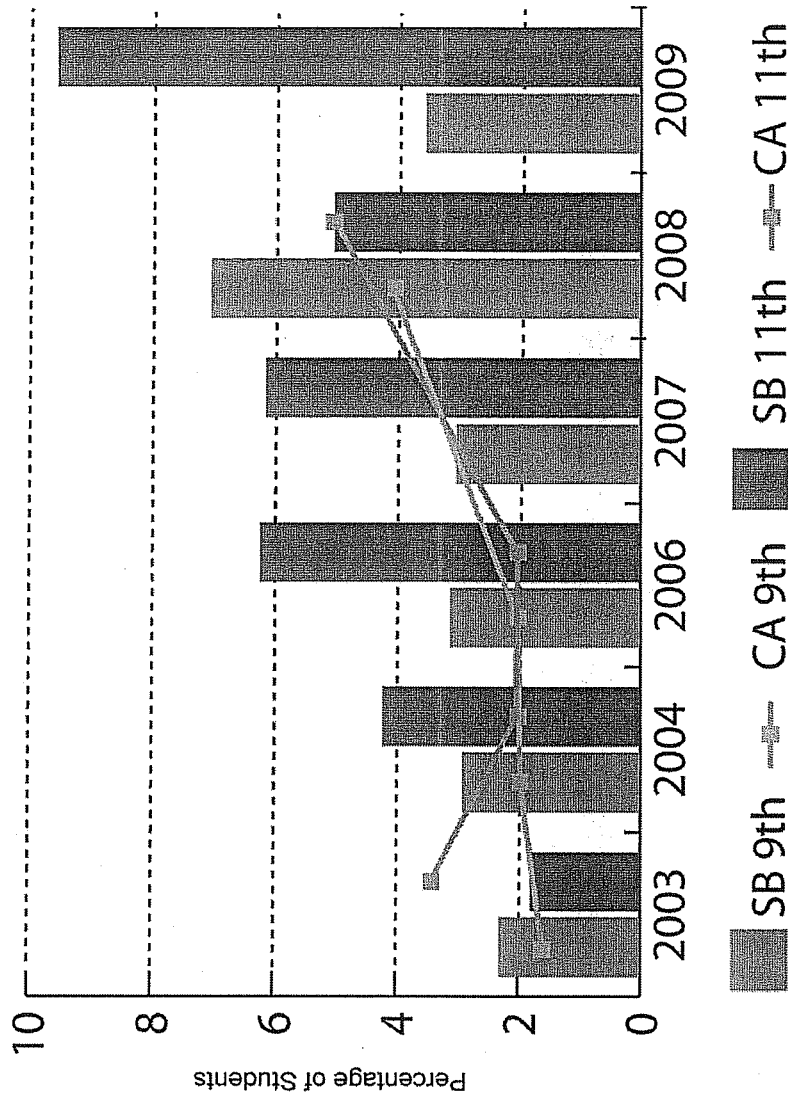
- ▶ Reported 30-day alcohol use among local 11th graders is significantly higher than the state average and has remained unchanged since 2003.

Percentage of 11th Grade Students Who Reported Using Any Alcohol in the Past 30 Days



The Good News About Other Drug Use

Percentage of 9th and 11th Graders Who Reported Using LSD or Other Psychedelics in the Past 30 Days



- ▶ Less than 4% of 9th graders reported using drugs other than marijuana in the past 30 days.
- ▶ After an increase from 2003 to 2008 in reported use of psychedelics among 9th graders, there was a significant decline in 2009, which we hope will continue.

The Bad News About Marijuana Use

Percentage of 7th, 9th, and 11th Grade Students Who Reported Using Marijuana on School Property in the Past 30 Days

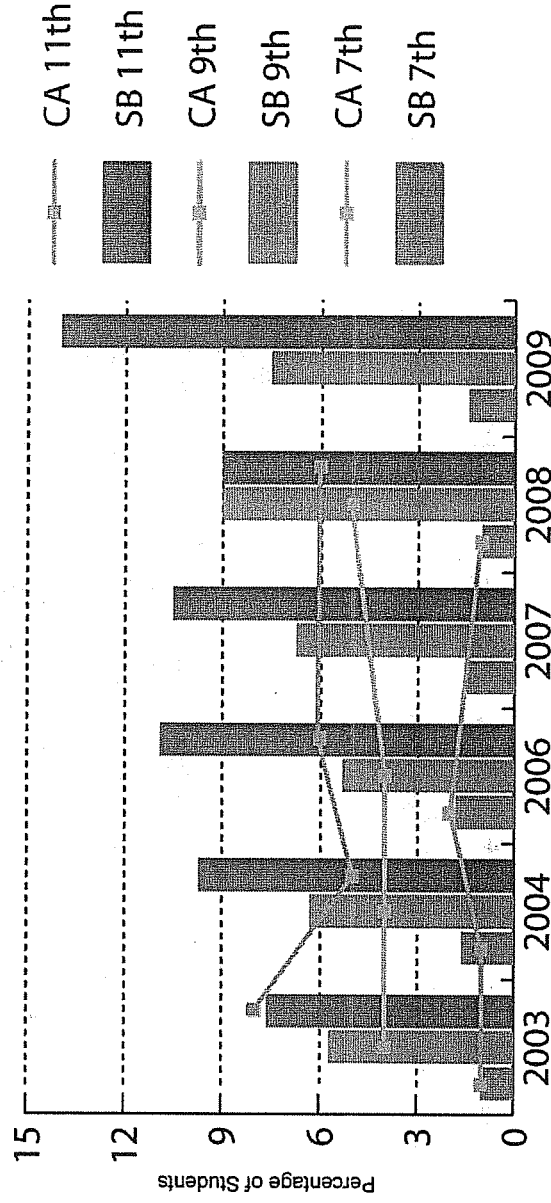
- ▶ Although only a small percentage of 7th graders report using marijuana at school, that percentage nearly tripled between 2008 and 2009.
- ▶ Reported marijuana use at school among 11th graders increased by 64% between 2008 and 2009 and is above the state average.



The Bad News About Marijuana Use

Percentage of 7th, 9th, and 11th Grade Students Who Reported Using Marijuana Ten or More Days in the Past 30 Days

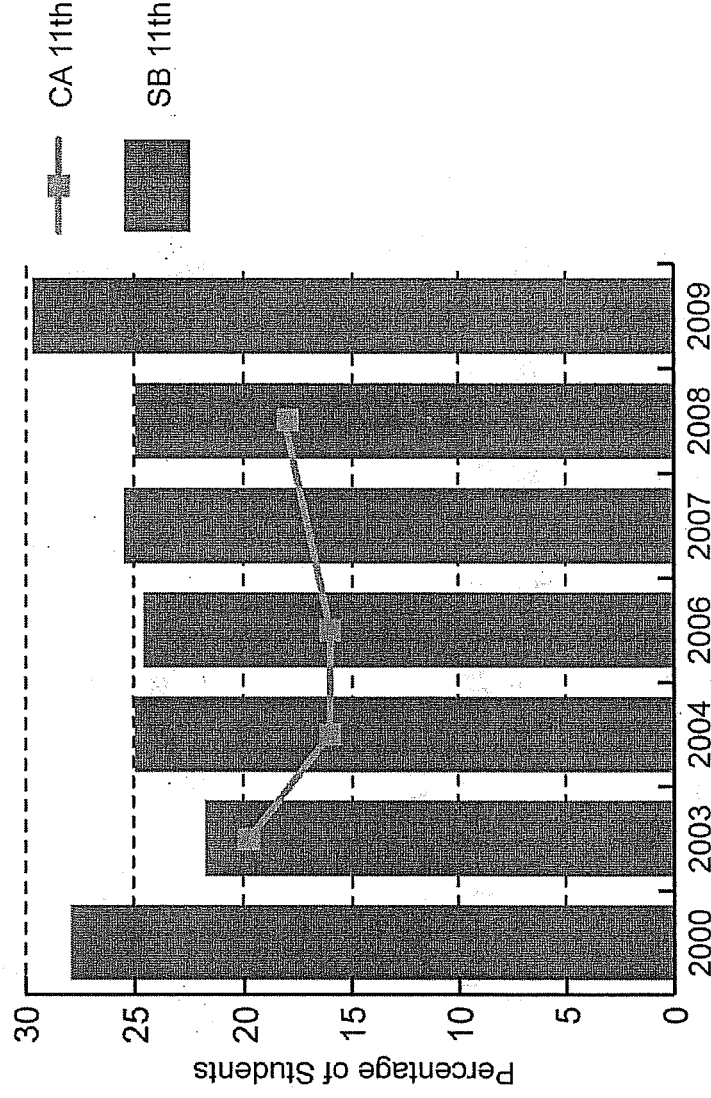
- ▶ Local 9th and 11th graders reported frequent use of marijuana at a rate over 1.5 times the state average for these grades in 2008.
- ▶ The percentage of 11th grade students reporting frequent marijuana use increased by 56% from 2008 to 2009.



The Bad News About Marijuana Use

- ▶ Reported marijuana use among local 11th graders was 1.4 times the state average in 2008, and increased by 19% between 2008 and 2009.

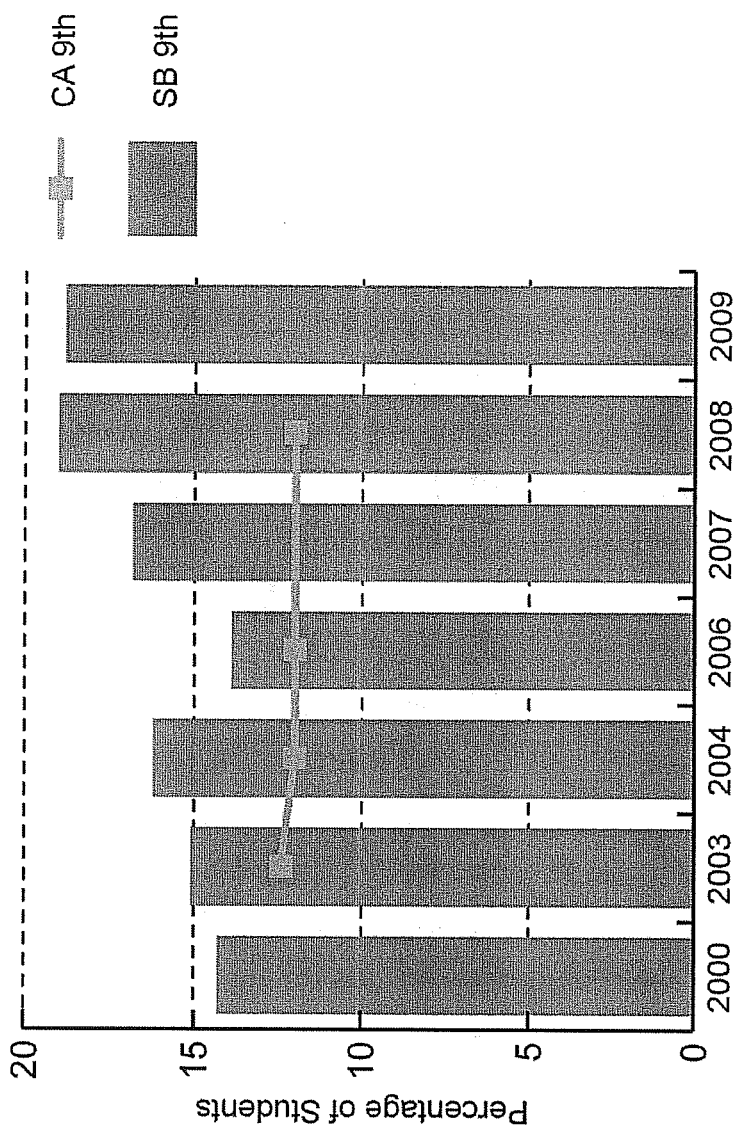
Percentage of 11th Grade Students Who Reported Using Marijuana in the Past 30 Days



The Bad News About Marijuana Use

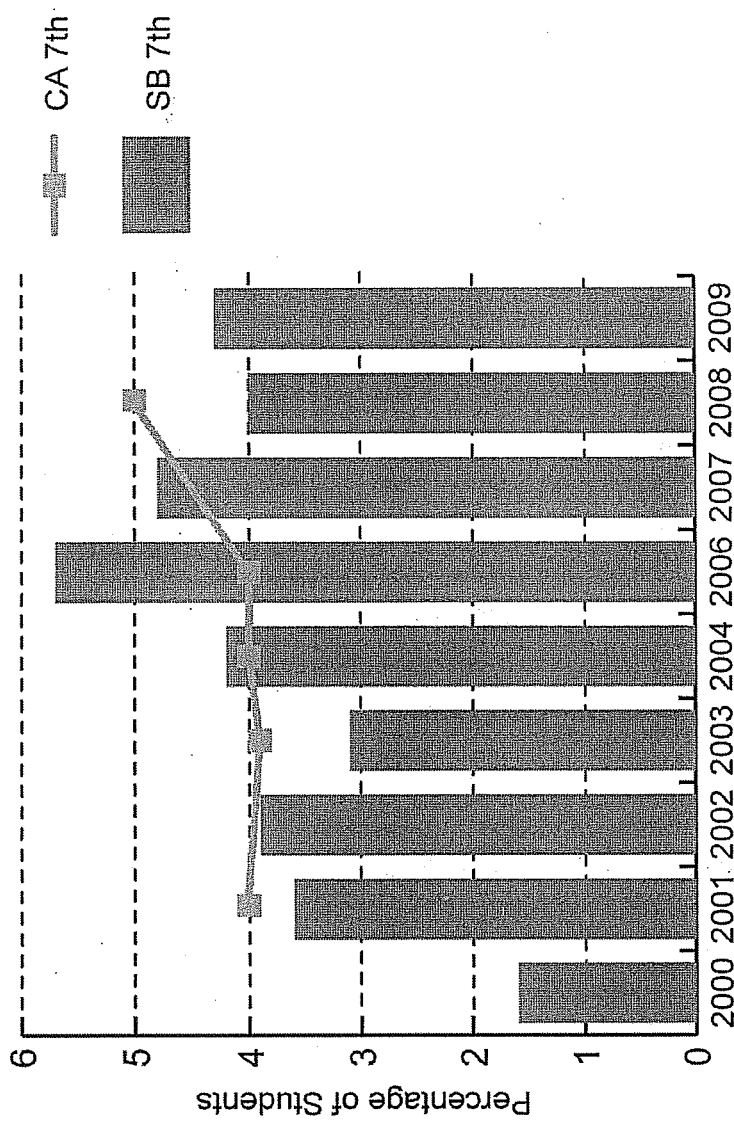
- ▶ Past 30-day marijuana use has been steadily increasing among local 9th graders since 2006 and in 2008 was 1.6 times the state average.

Percentage of 9th Grade Students Who Reported Using Marijuana in the Past 30 Days



The Good News About Marijuana Use

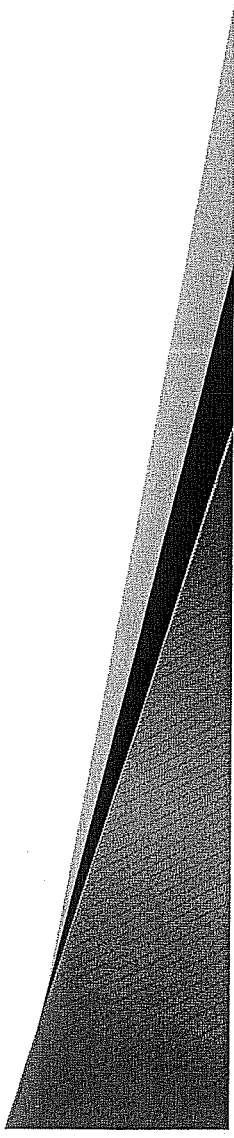
Percentage of 7th Grade Students Who Reported Using Marijuana in the Past 30 Days



- ▶ The percentage of 7th graders who reported using marijuana in the past 30 days decreased between 2006 and 2009 and was lower than the California average in 2008.

The Bad News About Alcohol Use

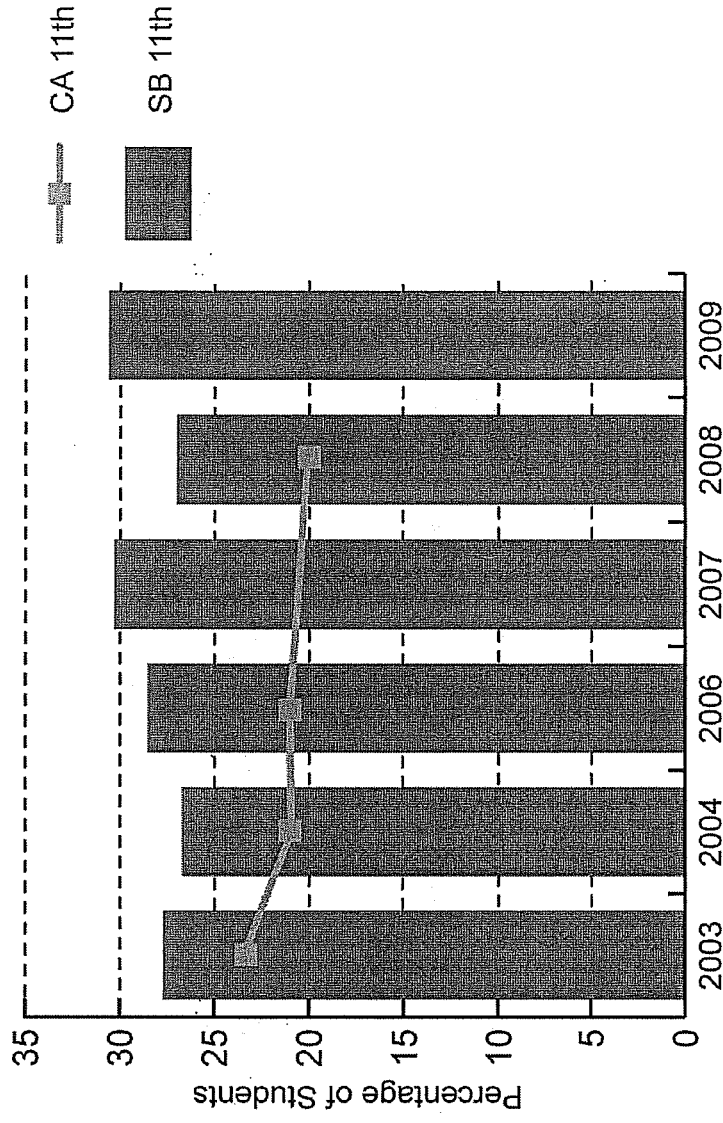
- ▶ One in five 9th graders and one in three 11th graders report involvement with drinking and driving. These rates are higher than the California average.
- ▶ The percentage of 11th graders reporting drinking at school increased by 57% between 2008 and 2009 and is higher than the California average.
- ▶ Between 2006 and 2008, the percentage of 9th and 11th graders reporting drinking to get drunk increased significantly, and one in three 11th graders report this behavior.



The Bad News About Alcohol Use

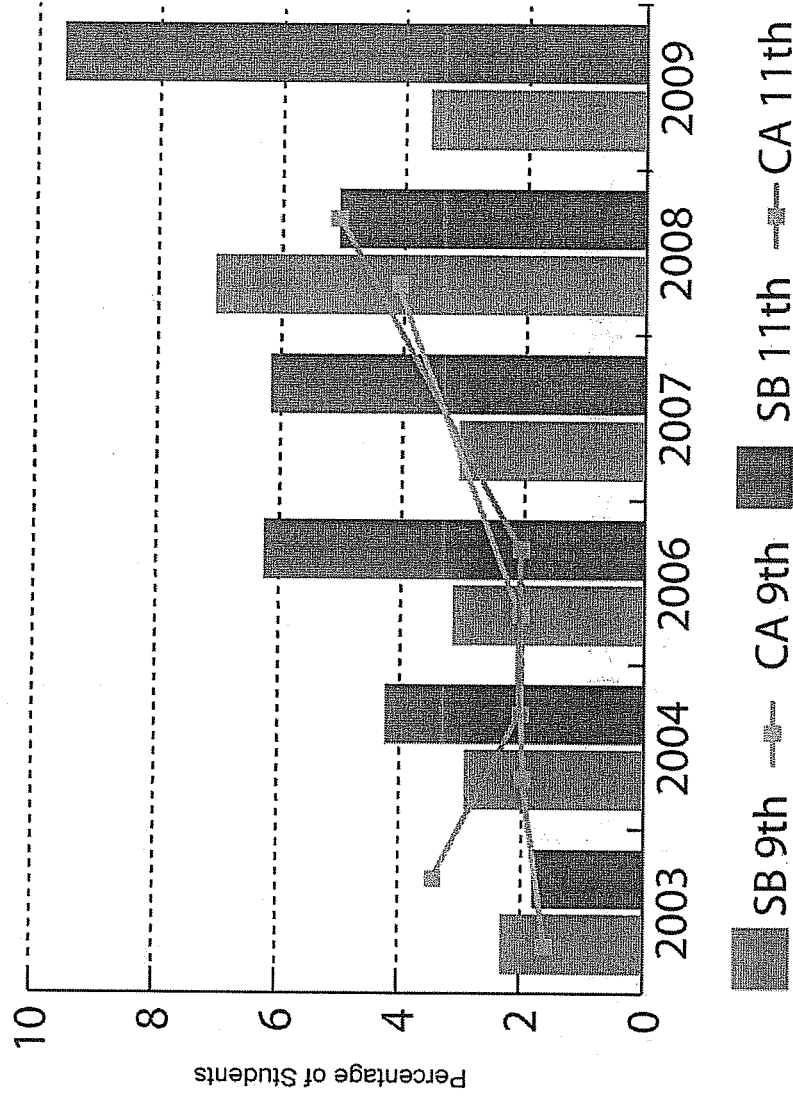
- ▶ Nearly one in three 11th graders reported binge drinking during the past month in 2009 and rates are significantly higher than the California average.

Percentage of 11th Grade Students Who Reported Binge Drinking in the Past 30 Days



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Percentage of 9th and 11th Graders Who Reported Using LSD or Other Psychedelics in the Past 30 Days

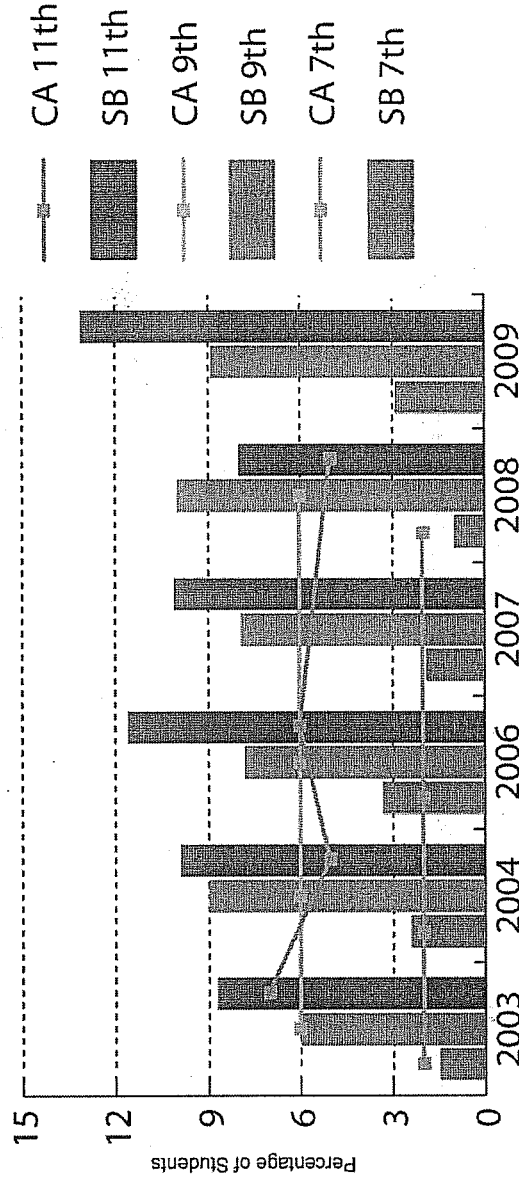


- ▶ Less than 4% of 9th graders reported using drugs other than marijuana in the past 30 days.
- ▶ After an increase from 2003 to 2008 in reported use of psychedelics among 9th graders, there was a significant decline in 2009, which we hope will continue.

The Bad News About Marijuana Use

Percentage of 7th, 9th, and 11th Grade Students
Who Reported Using Marijuana on School Property
in the Past 30 Days

- ▶ Although only a small percentage of 7th graders report using marijuana at school, that percentage nearly tripled between 2008 and 2009.
- ▶ Reported marijuana use at school among 11th graders increased by 64% between 2008 and 2009 and is above the state average.



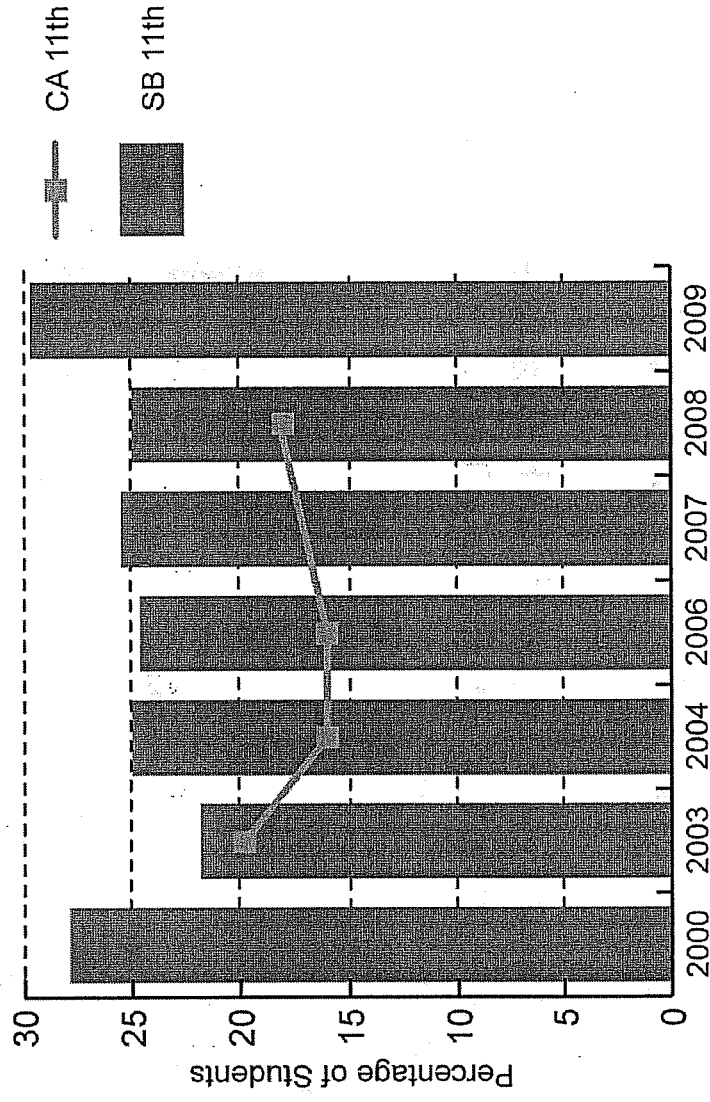
- ▶ Local 9th and 11th graders reported frequent use of marijuana at a rate over 1.5 times the state average for these grades in 2008.
- ▶ The percentage of 11th grade students reporting frequent marijuana use increased by 56% from 2008 to 2009.

Year	CA 11th	SB 11th	CA 9th	SB 9th	CA 7th	SB 7th
2003	14.5	10.5	8.5	7.5	6.5	5.5
2004	14.8	10.8	8.8	7.8	6.8	5.8
2005	15.0	11.0	9.0	8.0	7.0	6.0
2006	15.2	11.2	9.2	8.2	7.2	6.2
2007	15.5	11.5	9.5	8.5	7.5	6.5
2008	15.8	11.8	9.8	8.8	7.8	6.8
2009	16.0	12.0	10.0	9.0	8.0	7.0

The Bad News About Marijuana Use

- ▶ Reported marijuana use among local 11th graders was 1.4 times the state average in 2008, and increased by 19% between 2008 and 2009.

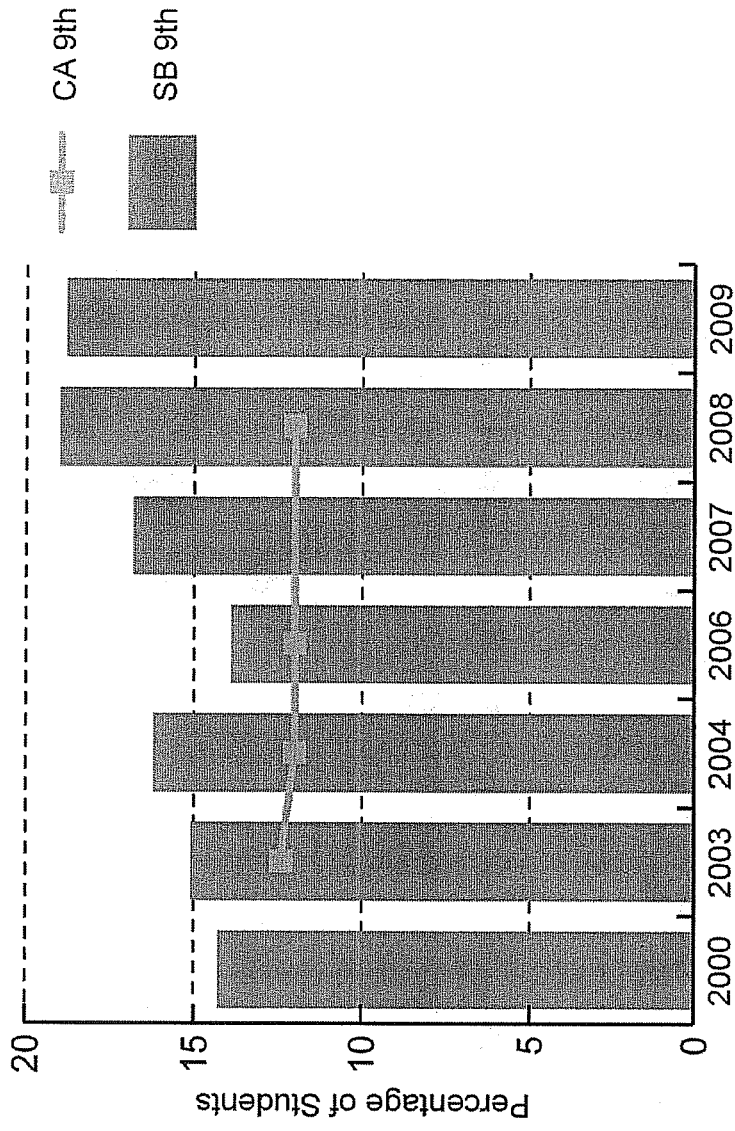
Percentage of 11th Grade Students Who Reported Using Marijuana in the Past 30 Days



The Bad News About Marijuana Use

- ▶ Past 30-day marijuana use has been steadily increasing among local 9th graders since 2006 and in 2008 was 1.6 times the state average.

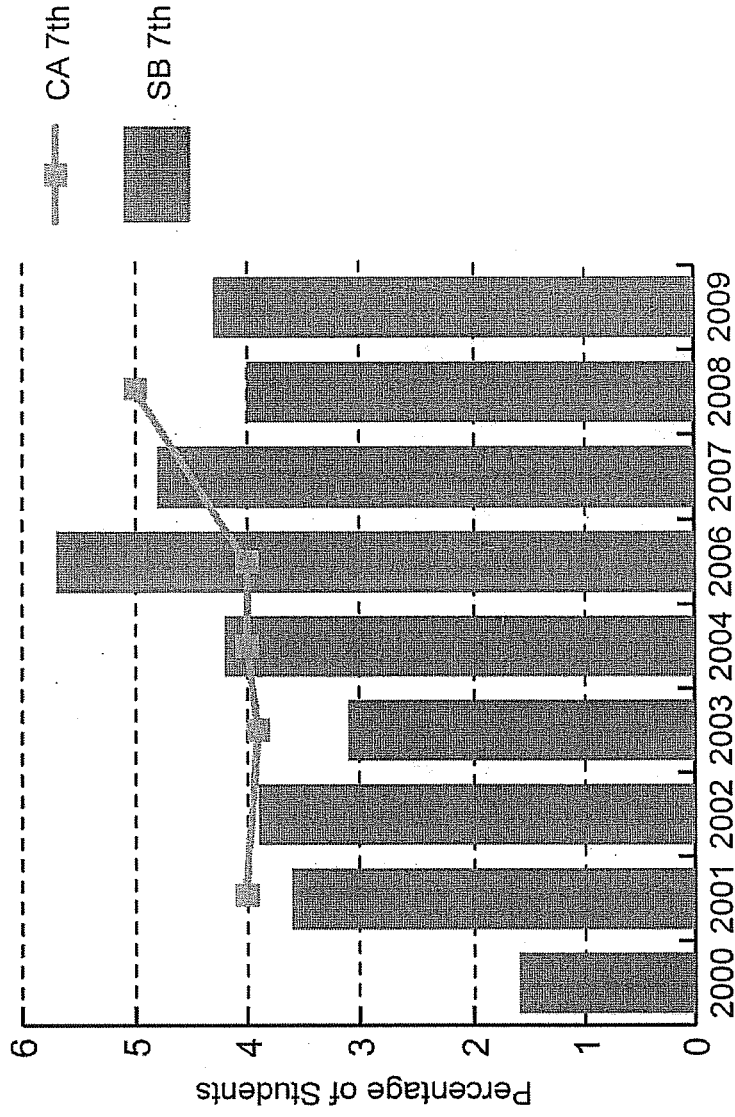
Percentage of 9th Grade Students Who Reported Using Marijuana in the Past 30 Days



The Good News About Marijuana Use

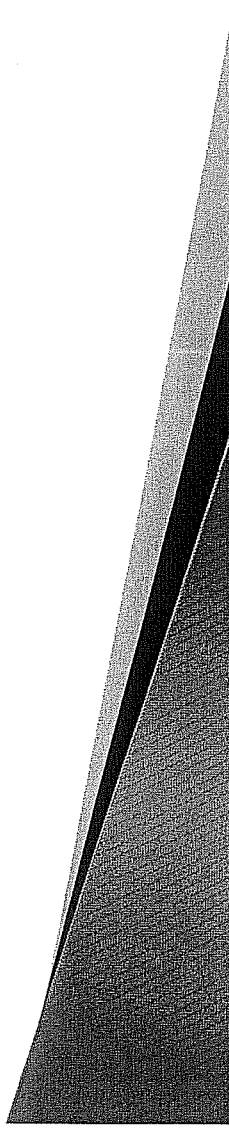
- ▶ The percentage of 7th graders who reported using marijuana in the past 30 days decreased between 2006 and 2009 and was lower than the California average in 2008.

Percentage of 7th Grade Students Who Reported Using Marijuana in the Past 30 Days



The Bad News About Alcohol Use

- ▶ One in five 9th graders and one in three 11th graders report involvement with drinking and driving. These rates are higher than the California average.
- ▶ The percentage of 11th graders reporting drinking at school increased by 57% between 2008 and 2009 and is higher than the California average.
- ▶ Between 2006 and 2008, the percentage of 9th and 11th graders reporting drinking to get drunk increased significantly, and one in three 11th graders report this behavior.



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- ▶ Nearly one in three 11th graders reported binge drinking during the past month in 2009 and rates are significantly higher than the California average.

Percentage of 11th Grade Students Who Reported Binge Drinking in the Past 30 Days

