



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Behavioral Wellness  
**Department No.:** 043  
**For Agenda Of:** January 15, 2019  
**Placement:** Administrative  
**Estimated Time:** N/A  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors

**FROM:** Department Alice Gleghorn, PhD, Director  
Director(s) Department of Behavioral Wellness 805-681-5220  
Contact Info: Ole Behrendtsen, MD, Medical Director  
Department of Behavioral Wellness 805-681-5220

**SUBJECT:** Behavioral Wellness FY 17-20 California Psychiatric Transitions AM 1

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute a First Amendment to the Agreement for services of Independent Contractor with **California Psychiatric Transitions** (not a local vendor), an Institution for Mental Disease, to add audit language and to increase the Mental Health Rehabilitation Center rates from \$350 a day to \$400 a day as of July 1, 2018, with no change to the total maximum contract amount through June 30, 2020.
- B. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

**Summary Text:** The Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Institutions for Mental Disease (IMDs). Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Approval of the

recommended actions will allow Behavioral Wellness to continue to provide mandated mental health services.

**Background:**

Behavioral Wellness provides a continuum of services, including inpatient treatment services, to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. Behavioral Wellness examines the current caseload and historical use of IMD facilities in order to project the following year’s contract amounts within Department’s budget constraints. Behavioral Wellness contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches, and Mental Health Rehabilitation Centers. Due to limited bed availability at each IMD, Behavioral Wellness contracts with a number of IMDs throughout the State.

**California Psychiatric Transitions (CPT)**, located in Delhi, Merced County, CPT provides two on-site psychiatrists, a medical doctor, and 24-hour nursing staff. CPT also provides individualized care in a highly structured program focusing on activities of daily living, interactive groups, and work programs, helping clients to learn social and domestic skills that will prepare them for reentry into the community. A specialized CPT program focuses on clients with disruptive behaviors, helping clients to address, correct, and minimize the occurrence of these behaviors. In addition, CPT operates a facility tailored to the needs of misdemeanor-charged individuals who have been deemed incompetent to stand trial (IST), under California Penal Code section 1370.01. The IST program focuses on restoring trial competency, including understanding of courtroom proceedings, penalties, charges and defenses, and legal terminology.

**Performance Measures:**

CPT’s client caseload has decreased from 3 clients a month to 1 client a month.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>FY 17-18</u></b>	<b><u>FY 18-19</u></b>	<b><u>FY 19-20</u></b>
General Fund			
State	\$ 500,000.00	\$ 500,000.00	\$ 500,000.00
Federal			
Fees			
Other:			
<b>Total</b>	<b>\$ 500,000.00</b>	<b>\$ 500,000.00</b>	<b>\$ 500,000.00</b>

Narrative: The above referenced contract is funded by State funds. The funding source is included in the FY 2018-2019 Adopted Budget.

**Key Contract Risks:** There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In this case, the department will return to the Board of Supervisors to request an increase to the contract maximums where needed.

**Special Instructions:**

Please send one (1) complete copy of each executed contract and one (1) minute order to: [qilopez@co.santa-barbara.ca.us](mailto:qilopez@co.santa-barbara.ca.us).

**Attachments:**

Attachment A: California Psychiatric Treatment FY 17-20 Am 1

Attachment B: California Psychiatric Treatment FY 17-20 BC

**Authored by:**

Q. Lopez