

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 09/29/2004
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 11/16/2004
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: FIRST 5 Santa Barbara County, Children and Families Commission contract.

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract with First Five Santa Barbara County, Children and Families Commission, a local agency, to allow ADMHS to contract with local mental health service providers to provide services to local children ages birth to 5 years of age, and their families, for the two year period of July 1, 2004, through June 30, 2006, in the amount of \$616,175;
2. Authorize the Director of ADMHS to approve amendments to the proposed contract, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

The Santa Barbara County, Children & Families Commission (First Five) was established in February 1999, in concert with the passage of the 1998 California Children and Families Act (Proposition 10) by California voters in November 1998. One of First Five's core initiatives is the Early Childhood Mental Health-Special Needs (ECMH-SN) initiative, a format change from previous years to include additional agencies serving a physical disability-based (special needs) population. The Early Childhood Mental Health-Special Needs program enables Santa Barbara County to provide mental health treatment services to residents age birth through five years, and their families, with a coordinated, unified and non-duplicative approach. The

ECMH-SN initiative enables ADMHS to develop an Early Childhood System-of-care. Services and partners other than those funded through First five are active members of the ECMH-SN System-of-Care. The ECMH-SN System-of-Care falls within the ADMHS Children's Mental Health Division and is overseen by the Children's Division Manager. Mental health treatment services are provided by Child Abuse Listening and Mediation (CALM), Santa Barbara County Office of Education (SBCEO) and Santa Maria Valley Youth and Family Center (SMVYFC). In addition, ADMHS clinics and myriad Community Based providers have come together with the First Five funded programs to provide the community with a unified approach to service delivery for this population. ADMHS is the lead agency for this collaborative.

Child Abuse Listening and Mediation (CALM) developed the Great Beginnings Program addressing early childhood mental health issues through an array of services designed to decrease risk factors and enhance protective factors in the child, the family and the community. The goals of the program are to enhance optimal child mental health and development, promote positive parenting practices, and prevent child abuse and neglect. These goals will be accomplished by partnering with clients and collaborating with other service providers to promote coordinated systems of care for children pre-natal to five years of age and their families.

The funds in this contract will augment and leverage private funds and provide a match for Title IVE funding to support early intervention, prevention, and family support services delivered through bi-lingual home visitors and specialist staff. These family support services include regular home visits, health and safety education, developmental screening, parent/child interaction therapy, parent support groups, father outreach, advocacy, case management, and psychiatric evaluation.

Performance Measures:

The Early Childhood Mental Health Initiative (First Five) will assist ADMHS in meeting **Recurring Performance Measure (RPM) 214**, to provide effective mental health services to 2,450 youth and their families.

The Early Childhood Mental Health Initiative (First Five) will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0198**, to provide high quality Mental Health services to children in order to keep the number of new out of home placements below 100 per year.

Outcomes:

Early intervention through the Great Beginnings Program will generate three important outcomes:

1. Improved Child Health and Mental Health by a) providing parent education and support to ensure that parents are aware of the importance of child health and development, b) facilitating access to comprehensive, preventative and primary health care for children and families, c) providing early mental health screenings and treatment, and d) screening young children for developmental/health risk and delay.
2. Improved Family Functioning by a) screening and treating parental depression, b) increasing the positive involvement of fathers, c) promoting positive parenting practices, and d) decreasing the incidence of family violence/child abuse and neglect.

3. Improved Systems for Families by a) providing a comprehensive, culturally responsive, array of services to families, b) working actively to promote service integration and developing a system of care for children ages birth through five years, and c) long term funding strategies for sustainable programs.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

Services provided to children under this contract are funded by the First Five Grant. A budget revision is being submitted to properly reflect this Grant revenue and the related expenses under Division 5 – Children’s Services in the FY2004-05, approved Budget (page D152).

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of the contract and an endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management