

# 2023 ANNUAL REPORT

Healthcare and Mental Health  
Services at the Juvenile Justice  
Center

Santa Barbara County Board of Supervisors  
August 27, 2024



# Juvenile Facilities

- In 2023, there were two facilities:
  - Juvenile Justice Center
  - Los Prietos Boys Camp
- The youth in custody are the highest of needs with complex issues.
- Primary purpose is to provide a safe and secure environment to address youth's individualized needs with treatment and educational opportunities.

# Healthcare Services Staffing

- 1.0 FTE Facility Coordinator (RN)
- 1.4 FTE Daytime Registered Nurse
- 1.4 FTE Evening Registered Nurse
- 0.60 FTE Medical Director – Pediatrician
- 1.0 FTE Administrative Assistant



# Healthcare Services

- Initial medical receiving screen
- Initial mental health screen
- Withdrawal monitoring and treatment from intake
- Medication-assisted treatment (MAT), including naltrexone and buprenorphine
- Medical care in a clinic setting
- Nursing protocols to guide care
- Continuation of care, including medications
- Chronic care management of chronic diseases
- Laboratory testing
- On-call provider 24/7
- Suicide prevention protocols and training
- Discharge planning (discharge meds & connection to outside services on release)
- Pharmaceutical management
- STI testing
- Oral Screening
- Referral for dental care
- Vision Screening and referral to Optometrist and prescription glasses
- Off-site specialty care
- Medical record management and maintenance
- Title XV Standardization



# Healthcare Services

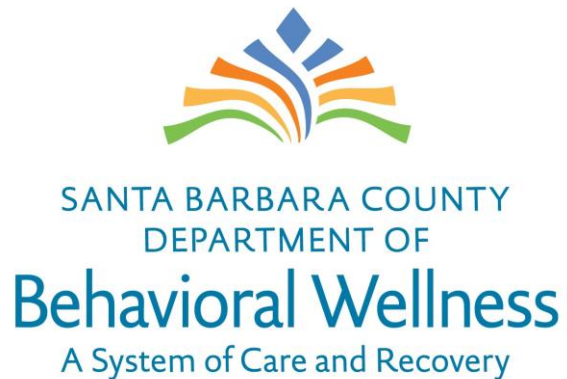
## 2023

	JJC	LPBC	TOTAL
Intake Screenings	252	0	252
Physician Appointments	842	57	899
Nurses Encounters	6610	348	6958
Medication Administration	23429	4547	27976
MAT	16	0	16
Vaccinations	169	7	176
Offsite Appointments	147	34	181
Emergency Room Visits	12	1	13
Hospitalizations	0	0	0



# Juvenile Justice Mental Health Services 2023 Staffing

- 1.0 FTE Team Supervisor
- 3.0 FTE Practitioners
- 0.75 FTE Psychiatric Technician
- 0.65 FTE Psychiatrist



# Mental Health & Wellness Services

- Clinical assessment and treatment planning
- Individual and group psychotherapy
- Dialectical Behavioral Therapy
- Eye Movement Desensitization and Reprocessing Therapy
- Crisis intervention
- Family counseling psychiatric evaluation
- Medication monitoring case management
- Female specific trauma-informed programming
- Substance abuse counseling
- Moral Reconciliation Therapy and Interactive Journaling group curriculums.
- Post-custody community-based assessment, outreach & engagement support and linkage to long-term treatment



# Mental Health Services

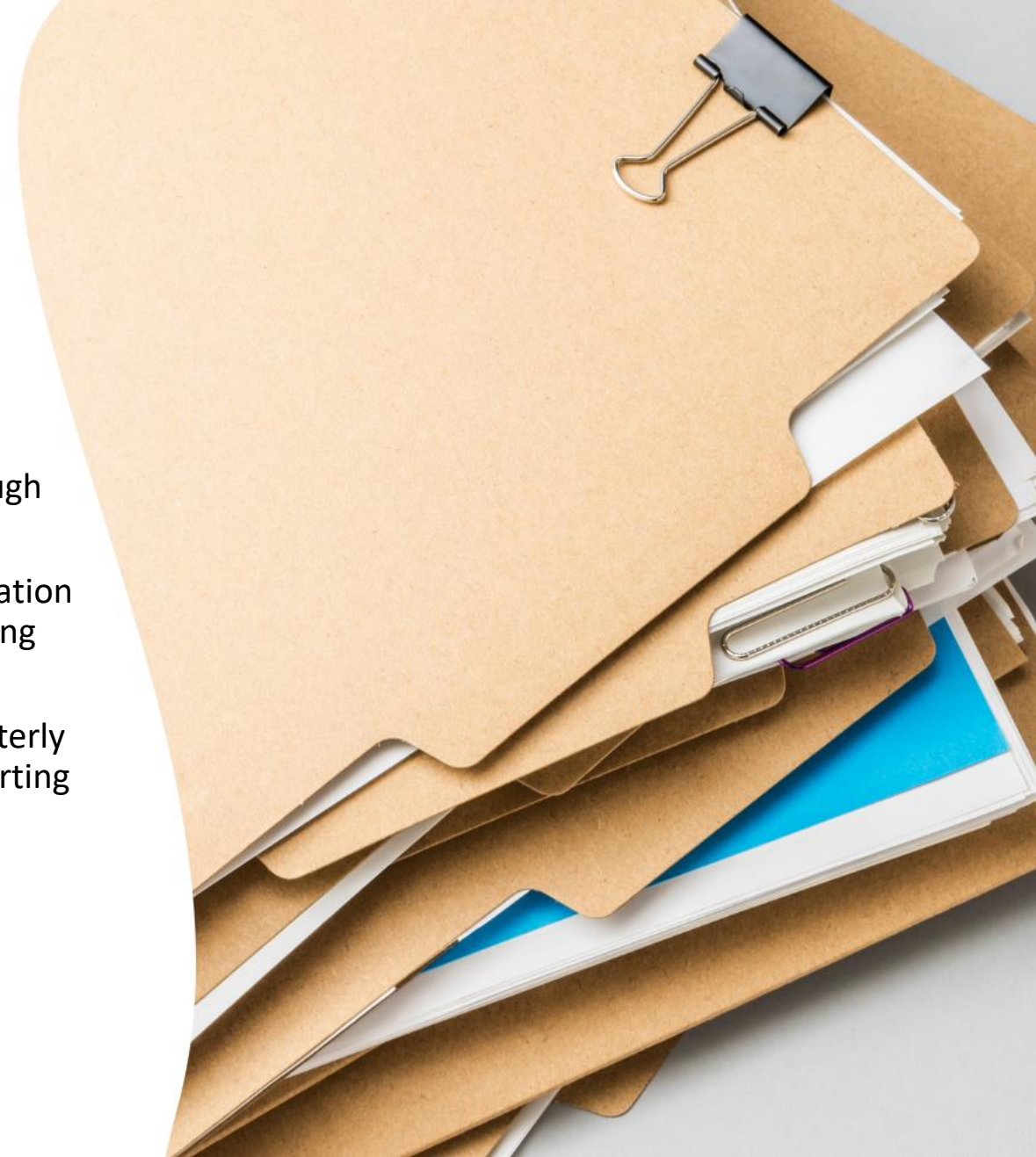
## 2023

	JJC	LPBC	TOTAL
<b>Mental Health Assessments</b>	150	10	160
<b>Initial Psychiatrist visits</b>	43	11	54
<b>Follow up psychiatrist visits</b>	330	91	421
<b>Safety Status Checks</b>	270	0	270
<b>Individual therapy sessions</b>	1237	269	1506
<b>Hours of individual therapy</b>	1443.73	347	1790.73
<b>Family therapy sessions</b>	30	10	40



# Summary

- The Santa Barbara County Public Health Department (PHD) conducts quarterly audits of Wellpath's contracted Service Level Agreements
- Audits include review of medical records and performance measures
- PHD completed a report for audits completed during April 1, 2023 through March 31, 2024
- Measures include timely health assessments, identification and continuation of essential medical medications or psychiatric medications, and providing updated immunizations
- Wellpath staff consistently performed well and PHD calculated the quarterly compliance at a rate of 95% or greater for each quarter during this reporting period
- BWell implemented two new therapeutic approaches including Eye Movement Desensitization and Reprocessing Therapy and Dialectical Behavioral Therapy at both JJC and LPBC



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