SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors 105 E. Anapamu Street, Suite 407 Santa Barbara, CA 93101 (805) 568-2240 **Agenda Number:**

Prepared on: April 1, 2004

Department Name: Alcohol, Drug & Mental Health

Services

NO

Department No.: 043 **Agenda Date:** 4/13

Agenda Date: 4/13/04
Placement: Departmental
Estimate Time: 45 MINS.

Continued Item: If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director, 681-5233

Alcohol, Drug & Mental Health Services Department

STAFF Lorrie Francis, Departmental Assistant Sr., 681-5221 CONTACT: Alcohol, Drug & Mental Health Services Department

SUBJECT: Update on Psychiatric Services for North County Residents

Recommendation(s):

That the Board of Supervisors:

- 1) Accept the informational update from the Alcohol, Drug and Mental Health Services (ADMHS) Department regarding North County psychiatric services;
- 2) Provide conceptual approval for development of a regional psychiatric inpatient facility in San Luis Obispo to serve primarily residents of Northern Santa Barbara & San Luis Obispo Counties; and
- 3) Authorize ADMHS Director to continue to negotiate with private and county providers to expand inpatient resources in Santa Barbara County.

Alignment with Board Strategic Plan:

The recommendation is primarily aligned with Goal No. 7: A Community That Fosters the Safety and Well-Being of Individuals, Families, and Children.

Executive Summary and Discussion: In June 2003, the Board of Supervisors requested that ADMHS explore options for increased psychiatric services in North County. The purpose of this hearing is to provide an informational update on actions that ADMHS is taking toward this end. Four projects will be discussed:

- 1. Access to inpatient beds for Santa Barbara County residents at the Psychiatric Health Facility (PHF) operated by San Luis Obispo County Behavioral Health Services (short-term goal);
- 2. Development of an Adult Mental Health Consumer Self-Help Center in Lompoc (short-term goal);

- 3. Development of a 24/7 Crisis Stabilization Center in Santa Maria (also known as C.A.R.E.S, or Crisis Recovery & Emergency Services) for individuals with mental health and/or alcohol or other drug problems (intermediate goal);
- 4. Concept for development of a Regional Psychiatric Inpatient Facility in San Luis Obispo for individuals with serious mental illness from Santa Barbara and San Luis Obispo Counties (long-term goal).

Representatives from the San Luis Obispo County Department of Behavioral Health Services and Marian Medical Center will join Dr. Broderick, other members of the ADMHS Executive Team, the Chair of the Advisory Board on Alcohol & Drug Problems, and the Chair of the Mental Health Commission in the presentation.

Mandates and Service Levels:

There is no mandate regarding this resolution, and no change in service levels is currently recommended.

Fiscal and Facilities Impact:

No facilities impact. The Department is only requesting approval to continue discussions at this time. If the concept for a regional psychiatric inpatient facility is fully developed, the County of Santa Barbara would be asked to enter into a multi-year contract for the purchase of a fixed number of beds at the facility. More specific proposals would be forwarded to the Board of Supervisors as plans for the regional facility are further developed.

Special Instructions:

Request time certain for this hearing at 10 a.m. on Tuesday, April 13th, 2004.

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None.