



RECEIVED

2025 MAR 27 P 4:06

COUNTY OF SANTA BARBARA  
CLERK OF THE  
BOARD OF SUPERVISORS

# COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING  
APRIL 2025  
HEALTHY PEOPLE HEALTHY TRAILS MONTH  
IN SANTA BARBARA COUNTY**

*WHEREAS, Santa Barbara County is home to wealth of natural landscapes, including scenic trails, parks, and open spaces that provide opportunities for outdoor recreation and promote overall well-being; and*

*WHEREAS, spending time in nature has been shown to lower stress, enhance mood, and encourage social connections, contributing to a healthier and more engaged community; and*

*WHEREAS, the Healthy People Healthy Trails initiative supports active living by encouraging residents and visitors to explore local trails, parks, and open spaces as part of their regular wellness routine; and*

*WHEREAS, community partnerships among health organizations, local governments, and outdoor recreation groups play a crucial role in promoting accessible and inclusive outdoor activities for people of all ages and abilities; and*

*WHEREAS this year marks the 100<sup>th</sup> year anniversary of the founding of the County Health Department and the designation of April 2025 as Healthy People Healthy Trails Month highlights the County's commitment to fostering a well community while celebrating the natural beauty of Santa Barbara County.*

**NOW, THEREFORE, BE IT AND IS HEREBY ORDERED AND RESOLVED that this Board declares April 2025 as HEALTHY PEOPLE HEALTHY TRAILS MONTH.**

**PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this eighth day of April, by unanimous vote of all members present.**



ATTEST:

*Mona Nigam*  
Clerk of the Board

*[Signature]*  
Supervisor - 1st District

*[Signature]*  
Supervisor - 2nd District

*[Signature]*  
Supervisor - 3rd District

*[Signature]*  
Supervisor - 4th District

*[Signature]*  
Supervisor - 5th District