

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
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Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 07/12/2004
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 08/03/2004
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: Sierra Vista Rehabilitation Center, Transitions Mental Health Association and Sanctuary contracts.

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract in the amount of \$165,000, with Sierra Vista Rehabilitation Center (Sierra Vista), not a local vendor, to continue providing Institute for Mental Disease (IMD) level services to seriously mentally ill adults. The contract term is from July 1, 2004 through June 30, 2005.
2. Approve and execute a contract in the amount of \$750,000, with Transitions Mental Health Association (Transitions), a local vendor, to continue providing mental health service to severely mentally ill adults in the North County. The contract term is from July 1, 2004 through June 30, 2005.
3. Approve and execute a contract in the amount of \$262,765, with Sanctuary Psychiatric Centers of Santa Barbara (Sanctuary), a local vendor, to continue providing residential and psychiatric services to seriously mentally ill adults. The contract term is from July 1, 2004 through June 30, 2005.
4. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

Sierra Vista is a 24 hour, 7 day a week, locked, Skilled Nursing Facility (SNF) for the mentally ill. This Institute for Mental Disease (IMD) provides intensive, locked services for individuals unable to provide for themselves in the community because of their mental illness. IMD's provide a lower cost (approximately \$50,000, annual cost per bed) alternative to State Mental Hospitals whose cost is significantly higher at \$131,000, annual cost per bed. Sierra Vista serves adults with schizophrenia disorders, psychotic disorders, mood disorders, and personality disorders. Within a secured residential setting, Sierra Vista provides structured, comprehensive therapeutic milieus of individual and group counseling, psycho-educational rehabilitation groups and classes, support groups, and recreational activities. Sierra Vista is one of the very few residential treatment programs in the United States sensitive to the treatment needs of deaf/hearing-impaired residents with chronic, severe and persistent mental illness. Sierra Vista's primary treatment goal is to prepare an individual with mental illness to develop the skills to live effectively in the community.

In FY 2003-04 Sierra Vista served four unique residential clients representing a total bed-day usage of 1,326. Three of those clients remain with Sierra Vista, while one has been returned to the community and placed in a less restrictive and less costly placement.

The contract amount for the Sierra Vista contract represents an increase of approximately \$66,000, over the FY2003-04 contract amount. Funding is being shifted from facilities that are no longer available. This increase provides funding to cover the increased usage of the IMD. More clients may be placed at Sierra Vista than was provided for last year's contract because there are fewer facilities available to provide these services.

Transitions Mental Health Association (TMHA) provides mental health services to adults in the North County. Services range from a consumer-run resource self-help Drop-in Center in Lompoc to the Gatehouse facility in Santa Maria for social rehabilitation services. TMHA also provides intensive case management and housing support, pre-vocational and a family advocate service to clients. Eligible client services are reimbursable to the county through Medi-Cal billing process.

The "Gatehouse" social rehabilitation programs provide recovery-based groups to 75 people annually, resulting in 3,432 individual contacts. Gatehouse is also an entryway for employment development with 35% (26 people) engaged in either paid or volunteer jobs with the rest involved in structured pre-vocational experiences.

The Lompoc Drop-in Center opened on June 1, 2004, and is projected to provide more than 50 Lompoc residents over 1,528 meals along with a safe, self-run, "home-like" environment. Measurements are being developed to show cost avoidance of high cost institutional care such as IMD's, PHF, and State Hospital.

Intensive Case Management and Housing Support meets 55 clients in their homes to deliver supportive services 24 hours a day, 7 days per week. As demonstrated over the last three years, these services resulted

in 50 individuals avoiding admission to emergency rooms, Psychiatric Health Facilities (in-patient), the jail and unnecessary contacts with law enforcement agencies.

The half-time Family Advocate contributes to educating and reincorporating family members that are often confused, overwhelmed, and un-empowered so they are able to provide more support to their mentally-ill family members. 1,684 contacts are made with nearly 400 family members annually.

The contract amount for the TMHA contract represents a decrease of approximately \$35,000, from the FY2003-04 initial contract amount. This decrease is the result of the Growing Grounds II project being placed in its own contract in order to provide TMHA an opportunity for a long-term lease on the property to meet the county property management guidelines. This long-term lease allows TMHA to provide stable vocational rehabilitation site on which to operate a program for individuals with serious mental illness.

Sanctuary Psychiatric Centers of Santa Barbara (Sanctuary) provides residential and psychiatric rehabilitation services to seriously mentally ill adults in Santa Barbara. Services provided are both group and individual and are designed to aid clients in learning skills that increase their self sufficiency. Sanctuary also runs Sanctuary House, a transitional residential social rehabilitation facility in Santa Barbara. Sanctuary provided residential services to three clients in FY2003/04, totaling 390 bed days. The Arlington Outpatient Center provided more than 2000 hours of social and psychiatric rehabilitation services to clients from Sanctuary house as well as other Medi-Cal eligible clients in the community. All sixty (60) clients at The Arlington participate in pre-vocational/vocational services and weekly counseling/case management. Of those, 85% will be assisted in obtaining vocational training/volunteer job/paid employment/educational assistance.

The Sanctuary contract amount represents an increase of approximately \$39,000. This increase will support additional day treatment mental health services to Medi-Cal eligible adults at The Arlington Outpatient Center.

Your Board is now requested to approve the contracts for Sierra Vista, TMHA and Sanctuary. Approval of these contracts will allow for continued psychotherapy and rehab services, crisis intervention and mental health services to be provided to adults with severe mental illness in Santa Barbara County.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The Sierra Vista, TMHA, and Sanctuary contracts are reimbursed by Medi-Cal and by Federal Financial Participation (FFP). This funding source is identified in the Adopted FY 2004-05, Budget, line item 7460, in the Adult Services Division, page D-146.

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of each contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management