



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** ADMHS  
**Department No.:** 043  
**For Agenda Of:** 7-1-14  
**Placement:** Administrative  
**Estimated Tme:** N/A  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors  
**FROM:** Department Takashi Wada, MD, MPH, Interim Director  
Director(s) Alcohol, Drug and Mental Health Services, 681-5220  
Contact Info: Michael Evans, CFO/Assistant Director of Finance, 681-5220  
**SUBJECT:** ADMHS FY 14-15 Contracts – Behavioral Health

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- 1) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **the Council on Alcoholism and Drug Abuse** (a local vendor), for the provision of substance use disorder services and children's mental health services, for a total contract amount not to exceed **\$2,012,497** through June 30, 2015.
- 2) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Child Abuse Listening and Mediation, Inc.** (a local vendor), for the provision of children's mental health services, for a total contract amount not to exceed **\$3,071,765** through June 30, 2015.
- 3) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Family Service Agency** (a local vendor), for the provision of children's mental health services, and substance use prevention services, for a total contract amount not to exceed **\$1,001,622** through June 30, 2015.
- 4) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Good Samaritan Shelter, Inc** (a local vendor), for the provision of substance use disorder and shelter services, for a total contract amount not to exceed **\$1,397,015** through June 30, 2015.

- 5) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Mental Health Systems, Inc.** (a local vendor), for the provision of adolescent mental health services and substance use disorder services, for a total contract amount not to exceed **\$839,681** through June 30, 2015.
- 6) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Phoenix of Santa Barbara** (a local vendor), for the provision of adult mental health services and substance use disorder services for dually-diagnosed adults, for a total contract amount not to exceed **\$1,136,106** through June 30, 2015.
- 7) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Santa Maria Valley Youth & Family Center** (a local vendor), for the provision of children’s mental health services, and substance use disorder services, for a total contract amount not to exceed **\$899,814** through June 30, 2015.
- 8) Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

**Summary Text:**

The Alcohol, Drug and Mental Health Services (ADMHS) Department provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow ADMHS to continue to provide mandated mental health, substance use, and ancillary services. ADMHS is including the above contracts as part of one board letter to allow the Board of Supervisors and the public to get a full picture of the major (over \$100,000) providers of both mental health and substance use disorder services for ADMHS clients.

**Background:**

For FY 14-15, ADMHS has combined mental health and Alcohol and Drug Program (ADP) services provided by a single CBO under one Behavioral Health contract. Services include mental health services to children and adults, substance use disorder treatment, and prevention services.

<b>Contractor</b>	<b>ADP Services</b>	<b>Mental Health Services</b>
Council on Alcoholism and Drug Abuse (CADA)	CADA provides outpatient individual and group treatment services to adults and adolescents, a detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara, which is expanding to North County in FY 14-15. Services are provided to Medi-Cal beneficiaries and individuals referred	CADA operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START). START staff from CADA and/or Family Service Agency with expertise in substance abuse and mental health prevention and treatment are assigned to each school in the Carpinteria area to provide mental health services to address mental health issues related to learning, behavior, and emotional

<b>Contractor</b>	<b>ADP Services</b>	<b>Mental Health Services</b>
	through the Courts, including the Clean and Sober Drug Court (CSDC) grant. CADA is anticipated to provide substance use disorder treatment services to approximately 1,070 clients in FY 14-15.	problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA serves an average caseload of at least 40 clients through the START program. CADA also provides dual diagnosis specialists to the Crisis and Recovery Emergency Services program in Santa Barbara through Mental Health Services Act (MHSA) funding.
Child Abuse Listening and Mediation (CALM)	CALM provides assessment, evaluation, and group therapy to children of clients receiving substance use disorder treatment as part of the Substance Abuse Mental Health Services Administration (SAMHSA) Children Affected by Methamphetamine (CAM) grant. CALM serves approximately 50 children per year, and their families, through the CAM grant.	(CALM) provides mental health services to children and families countywide. As part of the SPIRIT Program, CALM provides Child and Family Specialists to work in collaboration with ADMHS staff on three regional Wraparound Teams which serve children at greatest risk of out of home placement. CALM provides Intensive In-Home mental health services in the homes and community settings of approximately 15 children and their families to improve client and family functioning. CALM's Therapeutic Foster Care program (HOPE) provides Intensive In-Home services to approximately 70 children in foster care. CALM also provides early childhood mental health services through Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) and Medi-Cal funding to approximately 240 children aged birth to five years and their families. In addition, CALM provides short-term brief therapy to children and their families in an outpatient setting.
Family Service Agency (FSA)	FSA provides early intervention prevention services through the Big Brothers, Big Sisters mentoring project in Lompoc, Santa Barbara, and Santa Maria, and school-based counseling services in Lompoc. FSA will provide prevention services to approximately 77 unduplicated clients in FY 14-15.	FSA provides mental health services to children with SED and their families in the Lompoc and Santa Barbara areas. FSA provides Intensive In-Home services in Lompoc to an average caseload of 20 in clients' homes and community settings to improve client and family functioning and to reduce risk of placement outside of the home or community. FSA also provides individual and group counseling

<b>Contractor</b>	<b>ADP Services</b>	<b>Mental Health Services</b>
		to clients through their School Based Services program, with a capacity of 135 slots, in addition to at least 40 slots in the Carpinteria START program, described above. In addition, FSA provides brief therapy to adults and children and their families in an outpatient setting.
Good Samaritan Shelter Services, Inc. (Good Samaritan)	Good Samaritan provides services in North County including outpatient individual and group counseling, residential detoxification, and drug testing. Good Samaritan provides perinatal treatment services including a transitional living center and individual and group counseling for pregnant and parenting women as well as perinatal and residential programs funded through a grant from the SAMHSA. Good Samaritan is anticipated to provide AOD treatment services to approximately 720 clients in FY 14-15.	Good Samaritan provides dual diagnosis specialists to the Crisis and Recovery Emergency Services program in Santa Maria through MHSA funding and peer supported self-help groups to clients who are waiting to enter treatment programs. In addition, ADMHS purchases four shelter beds per day from Good Samaritan for homeless clients with mental illness.
Mental Health Systems, Inc. (MHS)	MHS provides treatment services including outpatient individual and group counseling and drug testing in Santa Maria. MHS also provides services to Substance Abuse Treatment Court (SATC) participants and offers peer supported self-help groups to clients who are waiting to enter treatment programs. MHS is anticipated to provide AOD treatment services to approximately 133 clients in FY 14-15.	MHS provides mental health services to transition- age youth, aged 16 to 24 with SED or serious mental illness. The New Heights program is designed to support the recovery of an average capacity of 90 transition-age youth, using a “whatever it takes” approach through multi-disciplinary teams Countywide. New Heights teams are comprised of County and Contractor staff providing clients with recovery-focused services including mental health services, employment and education support and referrals, linkage to other service providers and community resources and socialization support. MHS also provides Consumer Peer Recovery Specialists and Family Advocates that partner with ADMHS clinical staff as part of Early Detection and Intervention Teams, funded through MHSA Prevention and Early Intervention (PEI). The teams provide outreach and

Contractor	ADP Services	Mental Health Services
		education, therapy, community integration, employment and educational support and housing services and support to an average capacity of 100 clients experiencing early onset of mental illness and their families.
Phoenix of Santa Barbara, Inc. (Phoenix)	Phoenix provides treatment services including outpatient individual and group counseling and drug testing in Santa Barbara to individuals with co-occurring mental health and substance abuse conditions. Phoenix is anticipated to serve approximately 80 clients in FY 14-15.	Phoenix provides intensive residential mental health services to adults in the Santa Barbara area. The Phoenix House and Mountain House programs are licensed by the State Department of Social Services, Community Care Licensing Division (CCLD), to provide rehabilitation and support services to residents. Phoenix House serves an average caseload of 9 ADMHS clients, and the Mountain House serves a caseload of 14 ADMHS clients.
Santa Maria Valley Youth and Family (SMVYF)	SMVYF offers a youth and family treatment program that includes outpatient individual and group counseling services, case management, family services, parenting activities, and drug testing, as well as early intervention and outreach services in Santa Maria. SMVYF will provide treatment and prevention services to approximately 215 clients in FY 14-15.	SMVYF provides mental health services to children with SED and their families in Santa Maria. SMVYF provides Intensive In-Home services to approximately 20 children and their families in their homes and community settings to improve client and family functioning. HOPE provides Intensive In-Home services to approximately 30 children in foster care. Intensive In-Home and HOPE aim to reduce the risk of placement outside of the home or community. SMVYF also provides short term brief therapy to children and their families in an outpatient setting.

### **Key Contract Risks:**

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. The dollars ADMHS collects from the Centers for Medicare and Medicaid Services (CMS) via the State for specialty mental health services provided to Medi-Cal beneficiaries are subject to a complex and lengthy cost settlement process. ADMHS is required to submit an annual cost report which reports all costs associated with providing mental health services for a given Fiscal Year (actual cost). The actual cost is one component that the State reviews when it performs its “cost settlement” process. In this process, the State settles to the lower of actual cost or Published Charges, which are the

fees charged to the general public (as adopted by the contractor’s Board of Directors). The cost settlement process results in a preliminary settlement, which typically takes place two years after the close of a Fiscal Year; however, the settlement process is not complete until the State completes the final audit. State audits for Medi-Cal funds for specialty mental health services typically occur five years after the end of the fiscal year being audited. To address these risks and to minimize settlement amounts with contract providers, ADMHS calculates rates for Medi-Cal services provided by organizational providers on a quarterly basis. Regular reports to contractors on unclaimed and denied units allow providers to correct errors and maximize Medi-Cal penetration rates. Even with these measures, there is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. ADMHS contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>Current FY Cost:</u></b>	<b><u>Annualized On-going Cost:</u></b>	<b><u>Total One-Time Project Cost</u></b>
General Fund			
State	\$ 5,178,905.00		
Federal	\$ 5,178,905.00		
Fees			
Other:			
<b>Total</b>	<b>\$ 10,357,810.00</b>	<b>\$ -</b>	<b>\$ -</b>

Narrative:

The above referenced contracts are funded by State and Federal funds. The funding sources are included in the FY 2014-15 Adopted Budget. Execution of these contracts will not increase the use of general fund dollars by ADMHS.

**Special Instructions:**

Please send one (1) complete copy of each executed contract and one (1) minute order to:

Alcohol, Drug and Mental Health Services  
 Attn: Contracts  
 300 North San Antonio Road, Bldg 3  
 Santa Barbara, CA 93110

**Attachments:**

1. CADA Contract
2. CALM Contract
3. Family Service Agency Contract
4. Good Samaritan Shelter Services Contract
5. Mental Health Systems Contract
6. Phoenix Contract
7. Santa Maria Valley Youth and Family Contract