



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 3-17-09  
Placement: Administrative  
Estimated Tme: N/A  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

---

**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services  
805-681-5220  
Contact Info: Marianne Garrity, RN, ADMHS Deputy Director  
805-681-5220

**SUBJECT: FY 08-09 Amendments to Adult Institute for Mental Disease Agreements**

---

**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:** Consider recommendations regarding amendments to contracts for adult mental health services as follows:

1. Approve and authorize the Chair to execute an amendment to the contract with Crestwood Behavioral Health Center, Inc. (not a local vendor), an institute for mental disease, to increase the contract by \$140,000, for a total contract in the amount of \$420,000 through June 30, 2009.
2. Approve and authorize the Chair to execute an amendment to the contract with Sylmar Health and Rehabilitation Center (not a local vendor), an institute for mental disease, to reduce the contract by \$75,000, for a total contract in the amount of \$200,000 through June 30, 2009.
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

Institutions for Mental Disease (IMD) are hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment or care of persons with mental illness, including medical attention, nursing care and related services. Crestwood Behavioral Health (Crestwood) is an IMD that provides 24-hour psychiatric mental health treatment in a locked facility setting for persons with severe mental illness. Crestwood's contract is being increased due to greater than anticipated utilization. Sylmar Health and Rehabilitation (Sylmar) is an IMD that provides mental health treatment for persons with severe mental illness. Sylmar's contract is being decreased due to lower than anticipated utilization.

**Background:**

Prior to the start of the fiscal year, ADMHS staff examines the current caseload and historical IMD utilization in order to anticipate the clinical needs of clients for IMDs during the coming year. Clinical case reviews are completed throughout the year to determine the placements that best meet each client’s individual needs. In FY 08-09, ADMHS has had more clients than anticipated whose clinical needs could best be met at Crestwood. In order to fund the increase in Crestwood’s contract, ADMHS is reducing the Sylmar contract and other Purchase Orders for IMD services that have been utilized less than anticipated for FY 08-09, and using previously unallocated budgeted IMD funds. The increase in Crestwood’s contract will not increase ADMHS’s overall IMD budget for FY 08-09. This contract increase provides 2,079 bed days for ADMHS clients, compared to 1,386 bed days under the previous contract amount.

Crestwood, located in Bakersfield, is a locked psychiatric facility for adults with severe mental illness. This IMD provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients diagnosed with co-occurring disorders. The services are designed to return the client to community-living through an active daily living and symptom management program. The Crestwood facility is secure, and its physical layout offers a calm milieu for individuals that cannot tolerate much stimulation. Crestwood does not accommodate individuals with intense medical needs, making it a lower cost option than Sylmar.

Sylmar, located in Los Angeles County, is a locked psychiatric facility for adults with severe mental illness. This IMD provides a highly structured treatment program that aims to help clients transition to a lower level of care. Sylmar is certified to provide Dual Diagnosis treatment. This facility has a higher staffing ratio in order to accommodate medically complex or fragile individuals, thus it is a more expensive option than Crestwood. ADMHS has utilized Sylmar’s services less than anticipated for FY 08-09, as ADMHS had fewer clients with the complex needs accommodated by Sylmar.

**Performance Measure:**

**RPM 0230** to provide effective mental health care to 5,200 adults with serious mental illness.

Mental Health Services are mandated by Welfare and Institutions Code, Section 5600.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 65,000.00		
Federal			
Fees			
Other:			
Total	\$ 65,000.00	\$ -	\$ -

Narrative:

Funding for the Crestwood and Sylmar contracts is identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160 in the County Budget Book, in the Adult Mental Health Division). The proposed expenditures are included in the FY 2008-09 budget for Professional and Special Services. ADMHS is funding the increase in Crestwood's contract by reducing the Sylmar contract and other IMD Purchase Orders, and allocating previously unallocated budgeted IMD funds. Execution of these amendments will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of the amendments and minute order to:

Alcohol, Drug & Mental Health Services  
ATTN: Contracts Office  
300 North San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110

**Attachments:**

The complete Crestwood Behavioral Health Center and Sylmar Health and Rehabilitation Center FY 08-09 Contract Amendments are available at the Clerk of the Board office.

**Authored by:**

D. Spahn

**cc:**