



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Submitted on:
(COB Stamp)

Department Name: Behavioral Wellness
Department No.: 043
Agenda Date: January 7, 2025
Placement: Departmental
Estimated Time: 30 minutes
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Director(s): Antonette Navarro, LMFT, Director
Behavioral Wellness, 805-681-5220

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AN

Contact Info: John Winckler, LMFT, Branch Chief
Behavioral Wellness, 805-708-8336

SUBJECT: Santa Barbara County Behavioral Wellness Crisis Stabilization Services Unit (CSS) and
Sobering Center (CREDO47) Admissions Report

County Counsel Concurrence

As to form: Yes

Other Concurrence:

As to form: N/A

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors:

- a) Receive and file a presentation on Santa Barbara County Behavioral Wellness Crisis Stabilization Services Unit and Sobering Center census and referring party information; and
- b) Determine that the above-recommended action is not a project that is subject to environmental review under the California Environmental Quality Act (CEQA), pursuant to CEQA Guidelines section 15378(b)(5), finding that the action consists of administrative activities of the government that will not result in direct or indirect physical changes in the environment.

Summary Text:

The purpose of this agenda item is to provide a report to the Board of Supervisors regarding Santa Barbara County Behavioral Wellness Crisis Stabilization Services Unit and Sobering Center admission data for the 2024 calendar year. Data presented will outline admissions and discharge status data for the Crisis Stabilization Unit and Sobering Center in the southern region of the county and provide information on the referring parties of both facility types.

Background:

The Santa Barbara County Behavioral Wellness Crisis Stabilization Services Unit, operated by Crestwood Behavioral Health, Inc., was opened in July of 2024 as a locked, Lanterman Petris Short (LPS) facility capable of admitting individuals from the community on either a voluntary or involuntary

(5150) basis. The Crisis Stabilization Unit is an 8-bed facility that provides services 24/7. Individuals admitted to the Crisis Stabilization Unit are able to stay at the facility for up to 24 hours and are provided stabilization services including rehabilitation, counseling, case management, medication services, and discharge planning.

The Santa Barbara County Behavioral Wellness Stabilization Center (CREDO47 Stabilization Center) is operated by Good Samaritan Shelter. (CREDO47 stands for Crisis, Recovery, Engagement, Diversion, Recovery and is funded with Proposition 47 grant funds.) The Stabilization Center provides short-term sobering services and serves as a temporary transition space for individuals who are stepping down from jail and into the community or are entering a behavioral health residential program. Individuals can typically remain at the center for 24 to 72 hours, although longer stays are permitted on a case-by-case basis. The Stabilization Center offers case management, alcohol and drug counseling, transition support, and medical care. Individuals participating in Stabilization Center services are eligible to transition to step-down housing if they choose to do so and meet criteria. The Stabilization Center aims to divert individuals with a history of mental illness and/or substance use from the criminal justice system to trauma-informed crisis stabilization and comprehensive behavioral health wraparound services. Specific goals include connecting individuals in the target population to the right level and type of care to meet their individualized needs in order to prevent hospitalization or incarceration and improve CREDO47 participants' housing status by transitioning them to more permanent housing and a continuum of support programs. The presentation will include key information about admissions data demonstrating high rates of referrals from hospitals and the community, and low rates of referrals from Law Enforcement; a trend of increased utilization for both the CSS and Stabilization Center; and ongoing efforts to increase referrals from Law Enforcement.

Fiscal Impacts:

There is no fiscal impact of this request.

Special Instructions:

Please return one (1) minute order to M. Simon-Gersuk at msimongersuk@sbcbswell.org and bwellcontractsstaff@sbcbswell.org.

Attachments:

Attachment A – BWell CSS and Sobering Center Annual Report BOS 2025

Authored by:

John Winckler, Branch Chief

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