



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 1/13/09  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services, 805-681-5220  
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 805-681-5220

**SUBJECT:** Contract Amendments for Consumer Centers

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

Consider recommendations regarding amendments to FY 08-09 Mental Health Services contracts to add funding for consumer-led programs as follows:

- 1) Approve and execute an amendment to the contract with Mental Health Association (a local vendor) to allocate funds in the amount of \$112,741 for a total contract in the amount of \$700,529 for the period of August 1, 2008 to June 30, 2009.
- 2) Approve and execute an amendment to the contract with Transitions Mental Health Association (a local vendor) to allocate funds in the amount of \$137,500 for a total contract in the amount of \$810,063 for the period of August 1, 2008 to June 30, 2009.
- 3) Authorize the Director of ADMHS to approve amendments to the above contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

The recommended action approves contract amendments to contracts with Mental Health Association in Santa Barbara (MHA) and Transitions Mental Health Association (Transitions) to replace the Fellowship Club, Gatehouse and Lompoc Drop-In Center programs with regional consumer-led programs. The programs are being reconfigured from Day Rehabilitation Centers to consumer-led programs that offer peer-support, self help and connections to community resources, including health

and wellness activities. In addition, the amendment to the MHA contract will extend the Lyons House residential program for eleven days due to a delay in the opening of the new Garden Street Apartments caused by the Tea fire.

**Background:**

As presented to the Board in July 2008, ADMHS' restructuring plan included transitioning Day Rehabilitation Centers into consumer-led programs. During the past five months, ADMHS has engaged consumers, MHA and Transitions in a series of activities, including regional community forums, in order to plan and develop consumer-designed programs. These activities:

- Emphasized the interests and programmatic desires of persons with mental illness and families of persons with mental illness, both served and not served;
- Assisted in the research of best practice peer recovery and self-help models;
- Illustrated the unmet service needs of the monolingual Spanish speaking population;
- Developed an operational transition plan that involves consumers interested in assuming peer support and/or leadership roles; and
- Provided a recovery-oriented environment to facilitate the accomplishment of this model.

ADMHS is applying Mental Health Services Act (MHSA) funding, which is designed to transform existing service systems while implementing new approaches in the core Mental Health system. The new recovery programs are designed to be consumer-directed, with an emphasis on peer self-help as well as increased access to community resources that can assist individuals to pursue their personal goals.

The new programs will be responsible for developing:

- Peer-led wellness and recovery-oriented groups and trainings, as well as one-to-one peer support;
- Assistance to persons with mental illness to develop social relationships and activities in the community;
- Connections among individuals living with mental illness;
- Peer support competencies and leadership skills for those consumers interested in achieving these goals;
- Family support activities;
- Resource information for community members, consumers, and families of individuals with mental illness, to increase understanding of mental illness and bolster the community's ability to support persons with mental illness.

MHA will be the contractor for the Santa Barbara program, which will replace the Fellowship Club, operated by MHA through December 31, 2008. Transitions will be the contractor for the Santa Maria and Lompoc programs, which will replace the Gatehouse program and Lompoc Drop-In Center, respectively, that were operated by Transitions through December 31, 2008.

The new programs will provide a combination of wellness and recovery-oriented services to English- and Spanish-speaking persons with mental illness and their families. The programs will also provide resource information, in English and Spanish, of community resources and activities. Through the

oversight of regional Peer Guidance Councils, MHA and Transitions will provide mentoring, management and leadership opportunities for peer recovery staff and other interested consumers. The long term goal for these programs is the establishment of consumer leadership in the overall management and operations of these programs. A key responsibility of MHA and Transitions will be to provide mentorship to consumers in support of this goal.

**Performance Measure:**

MHA and ADMHS anticipate that a minimum of 50 unduplicated persons per month will participate in the new Santa Barbara program during the first three months of the program, growing to a minimum of 100 unduplicated participants per month by June 30, 2009. Transitions and ADMHS anticipate that 48 unduplicated persons per month will participate in the new Santa Maria program during the first three months, growing to a minimum of 75 unduplicated participants per month by June 30, 2009. In addition, Transitions and ADMHS anticipate that 30 unduplicated persons per month will participate in the new Lompoc program during the first three months, growing to a minimum of 60 unduplicated participants per month by June 30, 2009.

Approval of the recommended action will assist ADMHS in meeting the following **Recurring Performance Measures:**

**RPM 0229:** To provide more comprehensive, community-based services and innovative programs with Mental Health Services Act funding.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 3,871		
Federal	\$ 3,871		
Fees			
Other: State - MHSA	\$ 242,500	\$ 485,000	
Total	\$ 250,241	\$ 485,000	\$ -

Narrative:

The above referenced contract amendments are funded by a combination of State, Federal, and Mental Health Services Act revenues. The funding source for these contract amendments are identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (In the FY 2008-09 County Budget Book, page D-172, in the Mental Health Services Act Division, and page D-160, in the Adult Division).

**Special Instructions:**

Please send one (1) complete copy of the contract amendments and one (1) minute order to:

Alcohol, Drug, and Mental Health Services

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ATTN: Contracts  
300 North San Antonio Road, Bldg 3  
Santa Barbara, CA 93110

**Attachments:**

The complete Mental Health Association and Transitions Mental Health Association FY 08-09 Contract Amendments are available at the Clerk of the Board office.

**Authored by:**

D.Spahn

**cc:**