

**SANTA BARBARA COUNTY
BOARD AGENDA LETTER**



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 9/11/03
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 9/23/03
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug and Mental Health Services (ADMHS)

STAFF Carrie Topliffe, Assistant Director - Administration and
Al Rodriguez, Manager, ADMHS-Alcohol and Drug Program

CONTACT: (805) 681-4092 and (805) 681-5442

SUBJECT: Professional Service Contract Renewals.for FY 03-04

Recommendation(s):

That the Board of Supervisors approve recommendations as follows:

- A. Approve and execute the following Alcohol, Drug and Mental Health Services (ADMHS) contract renewals for the period July 1, 2003 through June 30, 2004 with:
1. Casa Serena, Inc., to provide residential treatment services for addicted pregnant women or parenting women (women with children), for a maximum contract amount of \$146,500.
 2. Family Services Agency, to provide mental health services to children, and their families, who are experiencing emotional, social, and behavioral difficulties, with a maximum payable contract amount not to exceed \$566,300.
 3. Community Action Commission, (contract number BL-04-085) to provide mental health screening and treatment services through the Guadalupe Head Start program with a maximum payable contract amount not to exceed \$330,000.
 4. Santa Maria Valley Youth and Family Center, to provide alcohol, drug and mental health services to children and their families with the maximum payable contract amount not to exceed \$684,600.
 5. Phoenix of Santa Barbara, to provide rehabilitation services and residential beds for adults diagnosed with persistent and seriously impairing mental disorders with a maximum payable contract amount not to exceed \$770,545.

Subject: Professional Service Contract Renewals for FY 03-04
Agenda Date: September 23, 2003
Page: 2 of 6 Pages

6. Mental Health Association in Santa Barbara County to provide mental health, rehabilitation, residential, transportation, WRAP services to adult clients of ADMHS with severe and persistent mental health impairments and disabilities, with a maximum payable contract amount not to exceed \$773,500.
7. Sojourn, to provide mental health services for children experiencing emotional, social and behavioral difficulties, with a maximum payable contract amount not to exceed \$925,000.
8. Community Action Commission, (Contract number BC-04-071) provides alcohol, drug and mental health services to county youth with a maximum payable contract amount of \$2,237,000.

Each of the above vendors is based in Santa Barbara County except Sojourn which is based in San Luis Obispo.

B. Authorize the Director of ADMHS to approve amendments to the proposed contracts, providing that any such amendments or modifications do not exceed ten percent (10%) of the original total contract value.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

The proposed agreements with Casa Serena, Inc., Family Services Agency, Santa Maria Valley Youth and Family Center, Phoenix of Santa Barbara, Mental Health Association of Santa Barbara County, Sojourn and Community Action Commission are renewals of existing professional service contracts. The new period is from July 1, 2003, through June 30, 2004.

Casa Serena, Inc. provides residential treatment and other housing services for addicted pregnant women and parenting women with children. Casa Serena, Inc. has been providing contracted residential services for women in the county for over three-years. The services offered by Casa Serena is comprised of a multi-tiered residential treatment program in Santa Barbara, wherein women that are pregnant, post partum (up to 60 days) or parenting women can receive treatment (including tobacco education) and case management services.

Family Services Agency (FSA) provides intensive in-home and in-school child and family focused services to reduce or prevent the number of out-of-home placements. Intensive psychotherapy and crisis intervention are provided for the identified youth and their family. FSA will also operate the CRIS/Help Line services, an around the clock help and information line that will provide crisis intervention, referral and support services.

Community Action Commission, (contract number BL-04-085) provides mental health screening and treatment services through the Guadalupe Head Start program. The targeted population is youth in the north

Subject: Professional Service Contract Renewals for FY 03-04
Agenda Date: September 23, 2003
Page: 3 of 6 Pages

county who display symptoms of emotional or behavioral disorder and come from low income families. At least 250 children will receive services during the term of the contract.

Santa Maria Valley Youth and Family Center (SMVYFC) provides counseling and guidance to young persons, and their families, who have severe mental disorders and meet medical necessity requirements. Family Therapy, Intensive In-Home Counseling, Intensive In-School Counseling and Therapeutic Foster Care are provided to children who exhibit the necessary level of problematic behavior. The goals of these different therapeutic modalities is to enhance the children's lives, increase their skills for a successful school experience, empower the families, and reduce the need for out of home placement or increase the likelihood of successful kinship placement where necessitated.

Phoenix of Santa Barbara provides rehabilitation services and residential beds in two state-licensed facilities in Santa Barbara County. Outpatient services are provided using a wrap around intensive case management model. All services seek to stabilize and prepare the client to improve their skill levels in all areas to enable them to live in less structured settings such as room and boards and apartments. The services are offered to adults diagnosed with persistent and seriously impairing mental disorders who have been diagnosed and referred by ADMHS.

Mental Health Association of Santa Barbara County (MHA) will provide strength based rehabilitation services in individual and group modes that will assist clients in learning skills that increase their self-sufficiency. These services are typically Medi-Cal reimbursable. The programs are located at three sites in and around Santa Barbara. Two of those facilities are licensed to provide transitional care to mentally-ill Santa Barbara County Residents. Families of those in treatment are also targeted for support and guidance through a family advocate. Each of the services provided in the contract conform to the County's Philosophy of Care and the guiding principles about how services are to be delivered.

MHA is also a provider of Mentally Ill Offender Crime Reduction (MIOCR) grant funded services through October of 2003. Currently, Mental Health Association provides transportation to meetings designed to improve the client's ability to manage their own illness and legal issues. Mental Health Association also provides WRAP services funded by the MIOCR grant that ensures more timely and accurate financial reporting and payments to providers.

Sojourn provides mental health services including case management, behavioral intervention services consisting of access support and care coordination, to low income families and dependent children (ages birth through five), who are experiencing emotional, social, and behavioral difficulties. Families of the eligible children are also targeted by this initiative in the form of assessments, evaluations, and therapy in individual, group and family modes. Sojourn is also a provider of Early Periodic Screening, Diagnosis and Treatment (EPSDT) services. EPSDT offers mental health and support services that identifies and addresses, at a very early age, children with Severe Emotional Disturbances (SED). These early intervention services are provided in Santa Barbara County, including underserved areas, to promote emotional well being in a multi-cultural poly-linguistic context to low income families.

Subject: Professional Service Contract Renewals for FY 03-04
Agenda Date: September 23, 2003
Page: 4 of 6 Pages

Community Action Commission, (Contract number BC-04-071) to provide alcohol, drug, and mental health services through a Family Mentor Program which assists families in navigating through their child's treatment process. Crisis intervention and prevention planning are also provided through a Therapeutic Emergency Response Service. Each of these services is designed to enhance already existing Children's Mental Health services that promote skill building, crisis and placement prevention and ancillary mental health services.

Your Board is now requested to approve the renewal of the Casa Serena, Inc. contract for a maximum amount of \$146,500; Family Services Agency contract in the amount of \$566,300; Santa Maria Valley Youth and Family Center contract in the amount of \$684,600; Phoenix of Santa Barbara, contract amount not to exceed \$770,545; the Mental Health Association of Santa Barbara contract in the amount of \$773,500; Sojourn contract in the amount of \$925,000, and Community Action Commission contracts in the amounts of \$330,000 and \$2,237,000. Approval of these contracts will allow for continued psychotherapy and crisis intervention services to be provided to seriously emotionally disturbed youth, residents, and their families in Santa Barbara County. Approval of these contracts will also provide for continued residential treatment services for pregnant or parenting women and severely mentally ill adults in Santa Barbara County, and will authorize the Director of ADMHS to approve future amendments to the proposed contracts, provided that any such amendment or modification do not exceed ten (10%) of the original total contract value.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600 and CCR Title 9 Chapter 11.

Phoenix House will serve a total of 46 clients per year between their two residential facilities, with their outpatient facility serving more than 50 acutely mentally ill clients per year.

The Community Action Commission will deliver services to more than 250 children under the term of their contract (number BC-04-085)

In accepting state or federal funds earmarked for alcohol and drug program services, counties are obligated to comply with federal and state laws, regulations, and administrative policies specified as a condition of the receipt of funds. Casa Serena, Inc. will provide residential treatment services (including tobacco education) for women with children in three homes. It is estimated Casa Serena will serve 11 unduplicated clients for a total of 1,085 bed days. The agency will also coordinate and provide case management services to perinatal treatment clients referred from the Council on Alcoholism and Drug Abuse (CADA), with an average caseload of 30 clients per month.

Fiscal and Facilities Impacts:

This action will not result in a need for any additional facilities.

Subject: Professional Service Contract Renewals for FY 03-04
Agenda Date: September 23, 2003
Page: 5 of 6 Pages

The recommended action has no impact on the General Fund Contribution. The revenue that supports the services has been appropriated in the adopted ADMHS budget for FY 03-04.

The maximum payable amount of the Sojourn contract is \$925,000, for a 12 month period, based on fee for service estimates and projections for continued delivery of program services. This contract is funded by a combination of Medi-Cal revenue with matching State funds through EPSDT. Both the revenue and expenses related to this contract have been accounted for in the ADMHS adopted budget.

The maximum payable amount for this contract with Mental Health Association of Santa Barbara County is \$773,500, for a 12 month period. This amount is based on projections for continued service delivery of the grant funded MIOCR and for WRAP services. Additional funding will be provided by Realignment Funds and Medi-Cal Revenues where appropriate with the balance coming from state Realignment Funds.

The maximum payable amount for this contract with Family Services Agency is \$566,300, for a 12 month period based on estimates and projections for continued delivery of program services. The majority of the funding will be provided by Medi-Cal Revenues with the balance coming from state Realignment Funds.

The maximum payable amount for this contract with Santa Maria Valley Youth and Family Center is \$684,600, for a 12 month period based on estimates and projections for continued delivery of program services. The majority of the funding will be provided by Medi-Cal Revenues with the balance coming from state Realignment Funds.

The \$146,500, in funding for Casa Serena Inc. is provisional and is contingent upon the final year-end cost report. Services are supported with federal perinatal, SACPA (Prop-36), SATTA (Drug Testing), DSS-CalWORKs (State General Funds), and TSAC (Tobacco Settlement Advisory Committee) funds.

The maximum payable amount for this contract with Community Action Commission, (Contract number BC-04-071) is \$2,237,000. The and the contractor is expected to maximize their Medi-Cal claiming and majority of the services are Medi-Cal eligible. The balance of the funds will be from Realignment monies.

The Casa Serena, Inc. expenditures are included in the Recommended Budget 2003/04, Children's Mental Health Programs, on Page D-20, and ADP – Treatment Service, on Page D-24. Adult ADMHS Service expenditures are located in the Recommended Budget 2003/04 on page 142. Youth ADMHS Service expenditures are located in the Recommended Budget 2003/04 on page 148.

Special Instructions:

Please forward one (1) copy of the fully executed contract and one (1) copy of the Minute Order to:

Alcohol, Drug & Mental Health Services
ATTN: Contracts Office
300 N. San Antonio Road

Subject: Professional Service Contract Renewals for FY 03-04
Agenda Date: September 23, 2003
Page: 6 of 6 Pages

Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management