



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 6/24/08
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug, and Mental Health Services 805-681-5220
Contact Info: Marianne Garrity, R.N., Deputy Director Administration
805-681-5220

SUBJECT: FY 08-09 Psychiatrist Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions: Consider recommendations regarding Contractors on Payroll for psychiatric services as follows:

1. Approve and authorize the Chair to execute a Contractor on Payroll agreement with Harold Ginsberg, M.D., to continue provision of psychiatric services for the period of July 1, 2008 through June 30, 2009 in the amount of \$46,000.
2. Approve and authorize the Chair to execute a Contractor on Payroll agreement with Herman Schornstein, M.D., to continue provision of psychiatric services for the period of July 1, 2008 through June 30, 2009 in the amount of \$66,000.
3. Approve and authorize the Chair to execute a Contractor on Payroll agreement with Lawrence Levy, M.D., to continue provision of psychiatric services to mentally ill and emotionally disturbed clients for the period of July 1, 2008 through June 30, 2009 in the amount of \$244,720.
4. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Summary Text:

Dr. Ginsberg provides psychiatrist services to clients with co-occurring mental health and alcohol or other drug conditions in the Mental Health Services Act (MHSA) Bridge to Care program in North County. Dr. Schornstein provides psychiatrist services to clients with co-occurring mental health and

alcohol or other drug conditions in the MHSA Bridge to Care program in South County, as well as staffing to ADMHS outpatient clinics. Dr. Lawrence Levy, M.D. provides staffing to Santa Barbara County ADMHS sites. Dr. Levy has provided psychiatric services for the Santa Maria Crisis and Recovery Emergency Services (CARES North) and the Santa Maria Assertive Community Treatment (ACT) program since November 2007.

Both contracts comply with the Santa Barbara County Contractor on Payroll Policy approved by the Board of Supervisors on October 3, 2006 and have received the concurrence of the CEO/Human Resources Office. Approval of these contracts will continue the psychiatric services provided at the Bridge to Care, CARES North, and Santa Maria ACT programs.

Background:

ADMHS has experienced continuing difficulty in recruiting and retaining certain key staff, particularly doctors, to the area. The use of Contractors on Payroll has successfully bridged this gap and helped ADMHS meet the needs of a growing population.

Harold Ginsberg, M.D.

The Bridge to Care Program is part of Santa Barbara County's MHSA Plan, approved by the Board of Supervisors on November 22, 2005. This program provides psychiatric medication evaluation, prescriptions, and medication monitoring to stabilize people with co-occurring mental illness and substance abuse issues. The Bridge to Care Program provides a medication "bridge" for people currently in recovery programs who are awaiting assessment and intake at mental health service delivery sites, or who may be in need of short-term medication support that will allow them to be diverted from outpatient clinics or ADMHS acute care service locations.

Dr. Ginsberg is contracted to provide psychiatric services one day per week, including diagnostic evaluations, and medication evaluation, prescription, and monitoring, to clients of Bridge to Care North County. Dr. Ginsberg also participates in the development, review, revision, and approval of client assessments and treatment plans. Approval of the recommended action will continue to enable ADMHS to integrate the alcohol and other drug addicted mentally ill into the system of care by ensuring the dually-diagnosed of Santa Barbara County continue to receive expert care while in the Mental Health System.

Herman Schornstein, M.D.

Dr. Schornstein provides psychiatric services, including diagnostic evaluations, and medication evaluation, prescription, and monitoring, to clients of the Bridge to Care Program in South County. He also participates in the development, review, revision, and approval of client assessments and treatment plans. Dr. Schornstein also provides psychiatric services, including evaluations, assessments, and medication monitoring, prescription, and education, to clients at the ADMHS Calle Real Clinic.

Lawrence Levy, M.D.

The CARES program offers residents access to crisis assessment and crisis resolution services outside of regular business hours. CARES serves as a 24/7/365 resource for crisis services that are coordinated with existing services such as ADMHS clinics, community-based organizations, law enforcement, shelters, hospital emergency rooms, and the Mental Health Assessment Team. The Vida Nueva Santa Maria Program (previously known as State Housing Initiative Act or SHIA) provides treatment,

rehabilitation and support services to mentally ill clients in their home or community settings rather than in clinics.

Dr. Levy performs intake assessment, diagnosis, treatment planning, and risk assessment for suicide or harm to others for ADMHS clients at the CARES North and Vida Nueva programs. Dr. Levy provides the following psychiatric services: prescribes and administers psychiatric medications as needed, and provides medication education for staff, clients, and families; training, education and support to ADMHS staff and/or Multi-Disciplinary Team members. Dr. Levy participates in the development, review, revision, and approval of client assessments and treatment plans.

Performance Measure:

Approval of the recommended action will help ADMHS meet Recurring Performance Measure 0230 to provide effective mental health care for 5,200 seriously mentally ill adults.

Staffing the Bridge to Care Program contributes to the following outcomes:

- Decreased necessity for crisis services including emergency room visits for physical health, mental health, and substance abuse problems.
- Decreased substance abuse among clients through prevention and early intervention (linking clients to substance abuse services) when a substance abuse problem is identified.
- Decreased hospitalizations.

Staffing the ADMHS clinics contributes to the following outcomes:

- Avoiding involuntary interventions such as hospitalization or incarceration, whenever possible.
- Shifting expenditures from highly restrictive and expensive institutions (e.g. hospital, jail) to community-based care, whenever possible.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State - MHSA	\$ 92,000.00		
State - Realignment	\$ 132,360.00		
Federal - Medi-Cal (FFP)	\$ 132,360.00		
Other:			
Total	\$ 356,720.00	\$ -	\$ -

Narrative:

Dr. Ginsberg’s contract is funded by MHSA revenue which is identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-172 in the FY 2008-09 County Budget Book, in the Mental Health Services Act Division). Dr. Schornstein’s contract is funded by MHSA revenue, and by Realignment and Medi-Cal revenue, identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160 in the FY 2008-09 County Budget Book, in the Adult Mental Health Services Division) Dr. Levy’s contract is also funded by Realignment and Medi-Cal revenue identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160 in the FY 2008-09 County

Budget Book, in the Adult Mental Health Services Division). Execution of these contracts will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) copy of the minute order and one (1) copy of each executed contract to:

Alcohol, Drug & Mental Health Services
ATTN: Contracts
300 N. San Antonio Road Bldg. 3
Santa Barbara, CA 93110

Attachments:

08-09 Ginsberg COP Contract
08-09 Schornstein COP Contract
08-09 Levy COP Contract

Authored by:

Danielle Spahn

cc: