




BOARD OF SUPERVISORS AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Submitted on:
(COB Stamp)

Department Name: Behavioral Wellness
Department No.: 043
Agenda Date: April 8, 2025
Placement: Administrative Agenda
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Director(s): Antonette Navarro, LMFT, Director 
Department of Behavioral Wellness, 805-681-5220
Contact Info: Laura Zeitz, RN, Assistant Director
Department of Behavioral Wellness, 805-681-5220
SUBJECT: Helios Healthcare, LLC d.b.a. Idylwood Care Center (Helios) Services Agreement for Skilled Nursing Facility Services for FY 2024-27

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- a) Approve, ratify, and authorize the Chair to execute the Agreement for Services of Independent Contractor with **Helios Healthcare, LLC d.b.a. Idylwood Care Center (Helios)** (not a local vendor) for the provision of Skilled Nursing Facility (SNF) services for the period of July 1, 2024, through June 30, 2027, for a total maximum contract amount not to exceed **\$700,000**, inclusive of \$300,000 for FY 2024-25, \$200,000 for FY 2025-26, and \$200,000 for FY 2026-27, and inclusive of \$200,000 under Purchase Order CN9061, but which otherwise cancels, nullifies, and supersedes Purchase Order CN9061;
- b) Delegate to the Director of the Department of Behavioral Wellness or designee the authority to (i) suspend, delay, or interrupt the services under the Agreement for convenience as provided in Section 20 of the Agreement; (ii) make immaterial changes to the Agreement as provided in Section 26 of the Agreement; (iii) amend the Program goals, outcomes, and measures as provided in Exhibit A-1 Paragraph 4.A.4 and Exhibit E of the Agreement; (iv) reallocate funds between funding sources as provided in Section I.E of Exhibit B of the Agreement; (v) deny or withhold payment for services for unsatisfactory clinical documentation or non-submission of service data and other information per Exhibit B; and (vi) increase the supplemental rate as provided in Exhibit B-1 of the Agreement; all without altering the maximum contract amount and without requiring the Board of Supervisors'

approval of an amendment of the Agreement, subject to the Board of Supervisors' ability to rescind this delegated authority at any time; and

- c) Determine that the above-recommended actions are not a project that is subject to environmental review under the California Environmental Quality Act (CEQA), pursuant to CEQA Guidelines section 15378(b)(4), finding that the actions are governmental funding mechanisms and/or fiscal activities that will not result in direct or indirect physical changes in the environment.

Summary Text:

The above-referenced item is on the agenda for the Board of Supervisors to approve, ratify, and authorize the Chair to execute the Agreement for Services of Independent Contractor with **Helios Healthcare, LLC d.b.a. Idylwood Care Center (Helios)** to provide Skilled Nursing Facility (SNF) services to residents with significant health conditions for a total contract maximum amount not to exceed **\$700,000**, inclusive of \$300,000 for FY 2024-25, \$200,000 for FY 2025-26, and \$200,000 for FY 2026-27, for the period of July 1, 2024 through June 30, 2027, inclusive of \$200,000 for Purchase Order CN9061, but which otherwise cancels, nullifies, and supersedes Purchase Order CN9061. Approval of the recommended actions will allow Behavioral Wellness (BWell) to ensure our work continues with Helios to provide SNF services without a gap in services, including skilled nursing and rehabilitation services.

Background:

The Department of Behavioral Wellness (BWell) provides a continuum of specialty mental health services to Santa Barbara County residents, partly through contracted providers. Contracts with facilities providing services at various levels of care are key to ensuring that client's needs are optimally met.

Skilled Nursing Facilities (SNF), as defined in Title 22 California Code of Regulations (C.C.R.) § 72103, are health facilities or a distinct part of a hospital which provides continuous skilled nursing care and supportive care to patients whose primary need is for availability of skilled nursing care on an extended basis. It provides 24-hour inpatient care and, at a minimum, includes physician, skilled nursing, dietary, pharmaceutical services, and an activity program.

Helios' SNF facility is located in Santa Clara County and provides comprehensive skilled nursing, rehabilitation, and specialized neurobehavioral services to clients in a locked setting. These skill-building and symptom-management services are designed to support clients in returning to community living as soon as possible.

BWell has contracted with Helios for SNF services since May 2014. In July of 2024, the agreement was renewed with Purchase Order CN9061. Due to Helios' specialization in Serious and Persistent Mental Illness (SPMI) with significant health conditions, it is necessary to increase their funds to cover additional costs for patients with high acuity needs.

Performance Measure:

This Agreement with Helios has Performance Measures to monitor program implementation. Exhibit E - Program Goals, Outcomes and Measures of the Agreement details the program goals and performance expectations of the Contractor.

Contract Renewals:

Performance Outcomes

Data for FY 2024-25 is not yet completed. However, as of Q2, Helios has met 14 of their 15 goals.

For Q1 & Q2 of FY 2024-25, Helios had the following outcomes:

- 6 total clients served, with 1 total client discharged;
- 0% of clients were incarcerated with a goal of 5% or less;
- follow-ups after discharge from incarceration within 7 days (goal of 95% or more) was not applicable;
- 0% of clients received crisis services with a goal of 10% or less;
- 0% of clients were admitted to acute psychiatric inpatient care with a goal of 10% or less;
- follow-ups after discharge from inpatient care within 7 days (goal of 95% or more) was not applicable;
- 0% of discharged clients were transitioned to a higher level of care with a goal of 40% or less;
- 100% of discharged clients were transitioned to a lower level of care with a goal of 60% or more;
- 1 client per quarter, an average of 33%, had incidents requiring a higher level of supervision with a goal of 5% or less;
- 0% of clients were discharged against client choice with a goal of 5% or less;
- 0% of clients had property management issues with a goal of 5% or less;
- 100% of clients were linked to physical health care services with a goal of 95% or more;
- 100% of clients were linked to mental health/substance use services with a goal of 95% or more;
- 100% of clients were linked to benefits with a goal of 90% or more;
- 100% of clients had weekly rehab services focused on housing/program retention and basic living skills with a goal of 95% or more;
- 100% of clients had weekly service coordination with the clinical team with a goal of 95% or more.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

| Funding Sources | FY 2024-25 | FY 2025-26 | FY 2026-27 | Total |
|---------------------------------|-------------------|-------------------|-------------------|-------------------|
| General Fund | \$ - | \$ - | \$ - | \$ - |
| State | \$ 300,000 | \$ 200,000 | \$ 200,000 | \$ 700,000 |
| Federal | \$ - | \$ - | \$ - | \$ - |
| Fees | \$ - | \$ - | \$ - | \$ - |
| Other: Medi-Cal Patient Revenue | \$ - | \$ - | \$ - | \$ - |
| Total | \$ 300,000 | \$ 200,000 | \$ 200,000 | \$ 700,000 |

This contract is funded with State Realignment funds. The funding source was included in the FY 2024-25 Adopted Budget and will be included in future recommended budgets submitted to the Board of Supervisors' for approval. An increase to FY 2024-25 is necessary to cover additional costs for patients with high acuity needs.

Special Instructions:

Please email one (1) complete, executed copy of the above contract and one (1) Minute Order to Svetlana Arriaga at sarriaga@sbcbswell.org and to bwelcontractsstaff@sbcbswell.org.

Attachments:

Page 4 of 4

Attachment A – Helios Healthcare FY 24-27 Board Contract

Attachment B – Helios Healthcare FY 24-25 CN9061

Authored by:

Svetlana Arriaga

Contracts Analyst

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