



# COUNTY OF SANTA BARBARA CALIFORNIA

## RESOLUTION FOR COMMENDATION SUICIDE PREVENTION MONTH SANTA BARBARA COUNTY – SEPTEMBER 2018

**WHEREAS**, This Resolution recognizes suicide as a national and statewide public mental health problem, and suicide prevention as a national and statewide responsibility, and designates the month of September as "National Suicide Prevention Month" in Santa Barbara County. This month overlaps World Suicide Prevention Day, September 10<sup>th</sup>, recognized internationally and supported by the World Health Organization.

**WHEREAS**, suicide is the 11<sup>th</sup> leading cause of death in California, the 2<sup>nd</sup> leading cause of death among individuals between the ages of 25 to 34, and the 3<sup>rd</sup> leading cause of death for youth ages 15 to 24; and

**WHEREAS**, one person completes suicide every 2 hours in the United States; and

**WHEREAS**, more than twice as many people die by suicide in California annually than by homicide; and

**WHEREAS**, over 90% of the people who die by suicide have a diagnosable and treatable mental illness at the time of their suicide; and

**WHEREAS**, it is estimated that 4.73 million people in the United States are survivors of suicide loss (according to the American Association of Suicidology); and

**WHEREAS**, the stigma associated with mental illness and suicidality works against suicide prevention by discouraging persons at risk for suicide from seeking life-saving help and further traumatizes survivors of suicide;

1. Recognize suicide as a national and state public health problem and declare suicide prevention to be a priority.
2. Promote awareness that suicide is a public health problem that is preventable.
3. Develop and implement strategies to reduce the stigma associated with being a consumer of mental health, substance abuse, and suicide prevention services.

**IT IS HEREBY ORDERED AND RESOLVED** that the Board of Supervisors recognizes the Month of September as Suicide Prevention Month in Santa Barbara County.

**PASSED AND ADOPTED** by the Board of Supervisors of Santa Barbara County, State of California, this 11th day of September 2018, by the unanimous votes of the members present.



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Supervisor - 1st District

*[Signature]*  
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Supervisor - 2nd District

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Supervisor - 3rd District

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Supervisor - 4th District

*[Signature]*  
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Supervisor - 5th District

ATTEST: *[Signature]*  
Clerk of the Board