

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
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Santa Barbara, CA 93101
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Agenda Number:
Prepared on: 08/3/2004
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 09/28/2004
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: Phoenix of Santa Barbara contracts.

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract with Phoenix of Santa Barbara (Phoenix), a local vendor, to provide mental health services to local children ages birth to 5 years of age, and their families, for the two year period of July 1, 2004, through June 30, 2006, in the amount of \$264,792;
2. Approve and execute a contract with Community Action Commission (CAC), a local vendor, to continue providing mental health services to emotionally disturbed children for the period of July 1, 2004, through June 30, 2005, in the amount of \$379,500;
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

The services provided under these contracts will enable 250 Santa Barbara County children and their families to be provided early childhood mental health services including individual and family assessment, crisis intervention, crisis stabilization and mental health services. Services:

1. Child Abuse Listening and Mediation (CALM): In FY 2002/03, State Proposition 10 Funds were allocated to Santa Barbara County which in turn formed the Santa Barbara County Children and Families Commission also known as First Five. One of First Five's core initiatives is the Early Childhood Mental Health-Special Needs Initiative. The Early Childhood Mental Health-Special Needs program enables Santa Barbara County to provide mental health treatment services, to residents age birth through five years of age, and their families. The mental health treatment services are provided by Child Abuse Listening and Mediation (CALM), Santa Barbara County Office of Education (SBCEO) and Santa Maria Valley Youth and Family Center (SMVYFC), among other agencies. For FY 2004-05, the program has been restructured to place ADMHS as the lead contracting agency providing oversight and contractual relations with each of the service provider partners in the collaborative. The CALM contract for the Great Beginnings Program is the sole Board Contract arising from this restructuring.

Child Abuse Listening and Mediation (CALM) developed the Great Beginnings Program addressing early childhood mental health issues through a comprehensive array of services designed to decrease risk factors and enhance protective factors in the child, the family and the community. The goals of the program are to enhance optimal child mental health and development, promote positive parenting practices, and prevent child abuse and neglect. These goals will be accomplished by partnering with clients and collaborating with other service providers to promote coordinated systems of care for children pre-natal to five years of age and their families.

Collaborative partners: Alcohol Drug and Mental Health (ADMHS), as the lead agency, is collaborating with the Public Health Department (PHD), and Department of Social Services (DSS), University of California at Santa Barbara's (UCSB's) Department of Education, and Antioch University. These collaborations include programmatic and fiscal support, joint training opportunities and gathering research and evaluation data. Other service provider partners include Sojourn's Welcome Every Baby (WEB) and A Child's Path programs, SBCEO's Child Assistance Team Creating Hope (CATCH) program, People Helping People program, and Family Services Agency (FSA).

The funds in this contract will augment and leverage private funds and provide a match for Title IVE funding to support early intervention, prevention, and family support services delivered through bi-lingual home visitors and specialist staff. These family support services include regular home visits, health and safety education, developmental screening, parent/child interaction therapy, parent support groups, father outreach, advocacy, case management, and psychiatric evaluation.

CALM Outcomes: Early intervention through the Great Beginnings Program will generate three important outcomes:

a. Improved Child Health and Mental Health by 1) providing parent education and support to ensure that parents are aware of the importance of child health and development, 2) facilitating access to comprehensive, preventative and primary health care for children and families, 3) providing early mental health screenings and treatment, and 4) screening young children for developmental/health risk and delay.

b. Improved Family Functioning by 1) screening and treating parental depression, 2) increasing the positive involvement of fathers, 3) promoting positive parenting practices, and 4) decreasing the incidence of family violence/child abuse and neglect.

c. Improved Systems for Families by 1) providing a comprehensive, culturally responsive, array of services to families, 2) working actively to promote service integration and developing a system of care for children ages birth through five years, and 3) long term funding strategies for sustainability of programs.

2. Community Action Commission (CAC) operates the Lompoc, Santa Maria and Santa Barbara Head Start program. The Head Start program offers quality early care and education for children ages 0-5 years of and pregnant women. Total family involvement is sought using parent groups, volunteerism, social services, case management, health screening, and mental health services, all provided in a culturally sensitive environment. Part day, full day and year-round child care options are available at the various centers. CAC offers a warm and nurturing environment that helps the eligible children attain school readiness. All classes welcome children with disabilities.

CAC also runs the Guadalupe Healthy Start program which serves children and families in the Mary Buren Elementary School and McKenzie Jr. High School. CAC provides bilingual staff and case management services involving parents as active partners within a one-stop resource center in the community. In Guadalupe, CAC works with more than 20 collaborative partnerships related to health and human services, county government, and local non-profit organizations.

Head Start and Healthy Start Program Performance Measures. The Head Start and Healthy Start Programs provide early childhood family and individual counseling to 250 eligible clients and their families per year. These programs provided more than 5,643 hours of Medi-Cal eligible services to clients focusing mostly on Family related individual and group therapy sessions.

CALM and CAC Performance Measures:

CAC Head/Healthy Start and Early Childhood Mental Health Initiative (First Five) will assist ADMHS in meeting **Recurring Performance Measure (RPM) 214**, to provide effective mental health services to 2450 youth and their families.

CAC Head/Healthy Start and Early Childhood Mental Health Initiative (First Five) will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0198**, to provide high quality Mental Health services to children in order to keep the number of new out of home placements below 100 per year.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The recommended actions with CAC and CALM have no impact on the General Fund Contribution.

The funding sources for the CAC contract are from Medi-Cal/EPSDT revenues reimbursed to the county. This funding source is identified in the Adopted FY 2004-05, Budget, line item 7460, in the Children's Services Division, page D-152.

Mental Health Services provided by CALM will be funded by the Proposition 10/First Five Initiative and will be reflected in the FY2004-05, Adjusted Budget of Division 5 – Children's Services, upon approval of the related Budget Revision Request to reflect an increase in Professional and Special Services (Line Item Account 7460) and the related increase in County and 999 Fees (Line Item Account 5561).

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of the contract and an endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management