



COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING NOVEMBER AS AMERICAN DIABETES MONTH

WHEREAS, over 23 million people in the United States have diabetes. Roughly 5% of Santa Barbara County's population has been diagnosed with diabetes and an additional 5% has the disease but does not know it; and

WHEREAS, diabetes was the 9th leading cause of death in Santa Barbara County in 2007, and diabetes related deaths are almost twice as common among Latinos in Santa Barbara County; and

WHEREAS, untreated diabetes can cause serious health problems, including heart attack, vision problems, blindness, kidney disease, and severe circulation problems in the legs and feet; and

WHEREAS, diabetes can be prevented by maintaining a healthy weight and getting regular physical activity, including eating at least five servings of fruits and vegetables, and being physically active for at least 30 minutes each day; and

WHEREAS, local organizations like Sansum Diabetes Research Institute, the Diabetes Resource Center, Sansum Clinics, Santa Barbara Neighborhood Clinics, Marian Medical Center, and the Public Health Department are actively addressing the prevention and treatment of diabetes; and

WHEREAS, the Public Health Department has produced four Healthy for Life/Una Vida Saludable television shows on diabetes prevention and treatment that will be broadcast countywide in November and December; and

WHEREAS, the County of Santa Barbara wants healthy residents who have a high quality and long life without the complications of diabetes.

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that the Board of Supervisors of the County of Santa Barbara does hereby proclaim November as American Diabetes Month.

PASSED AND ADOPTED, by the Board of Supervisors, County of Santa Barbara, State of California, this ninth day of November 2010, by a unanimous vote of all members present.



ATTEST:

Charlene Walker
Clerk of the Board

SIOCE
Supervisor - 1st District
Janet W. W.
Supervisor - 2nd District
Andrew L.
Supervisor - 3rd District
Joni Gray
Supervisor - 4th District
John L.
Supervisor - 5th District