



# Mental Health Services Santa Barbara County Jail

A Presentation for  
Santa Barbara County Board of Supervisors  
January 18, 2011





# Santa Barbara County Jail

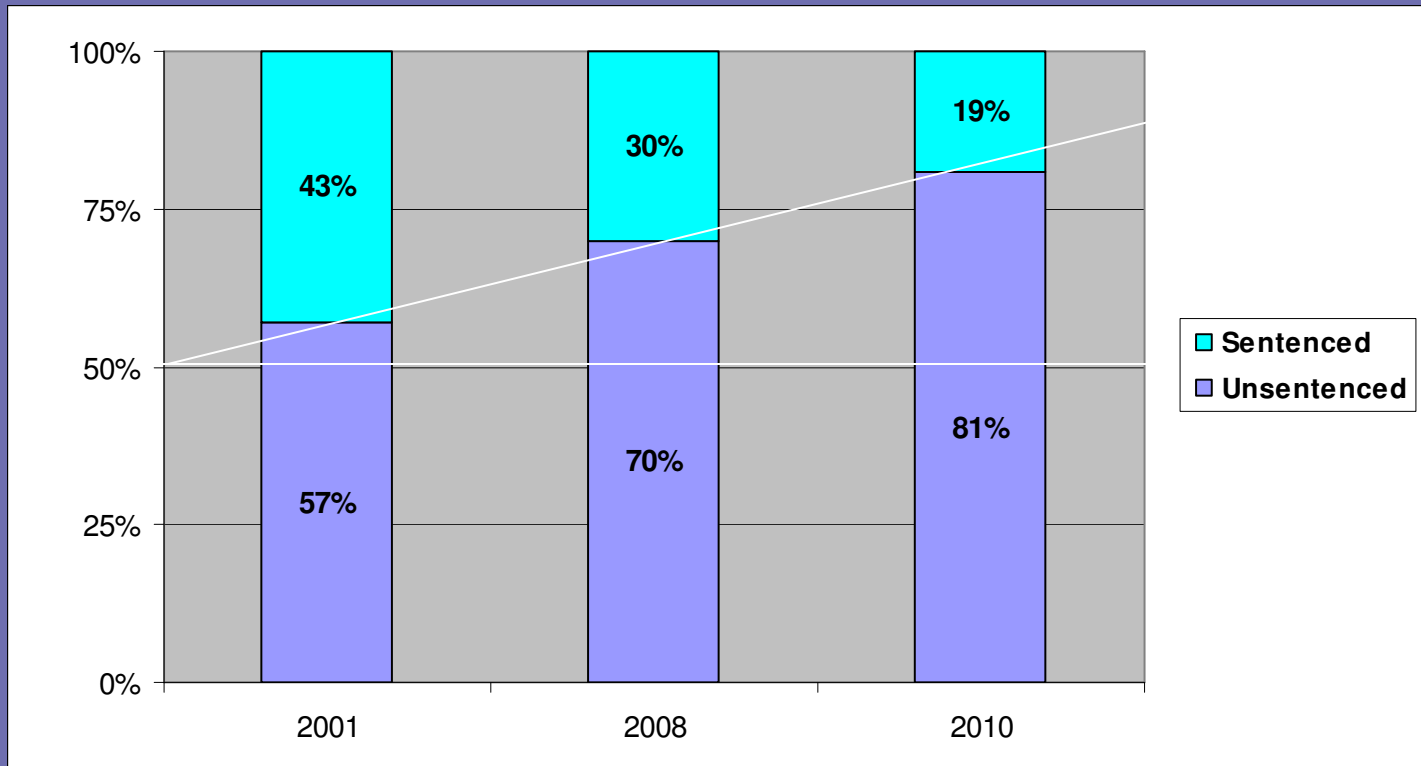
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- Medium Security Facility (MSF)- Built 1961
- Main Jail-Built 1971
- Mental Health Services only in Santa Barbara at Main Jail and MSF
- Average Population is about 940 for 2010



# Jail Population 2001-2010

## Unsentenced vs. Sentenced



*Integrity, Caring, Courage, Fairness and Service*



# Industry-Wide Mental Health Issues

- ❑ Diagnosing in a jail environment
- ❑ Continuity of care
- ❑ Consistency in care
- ❑ Timeliness of care
- ❑ Co-occurring conditions
- ❑ Court process
- ❑ Formulary
- ❑ Effective Diversion Program/  
Discharge Planning



# Goals Presented to the Board May 2009

- ❑ To deliver quality mental health services to those inmates in our custody and care
- ❑ To make the best use of resources
- ❑ To maintain continuity of care
- ❑ To enhance the relationship with stakeholders in the community

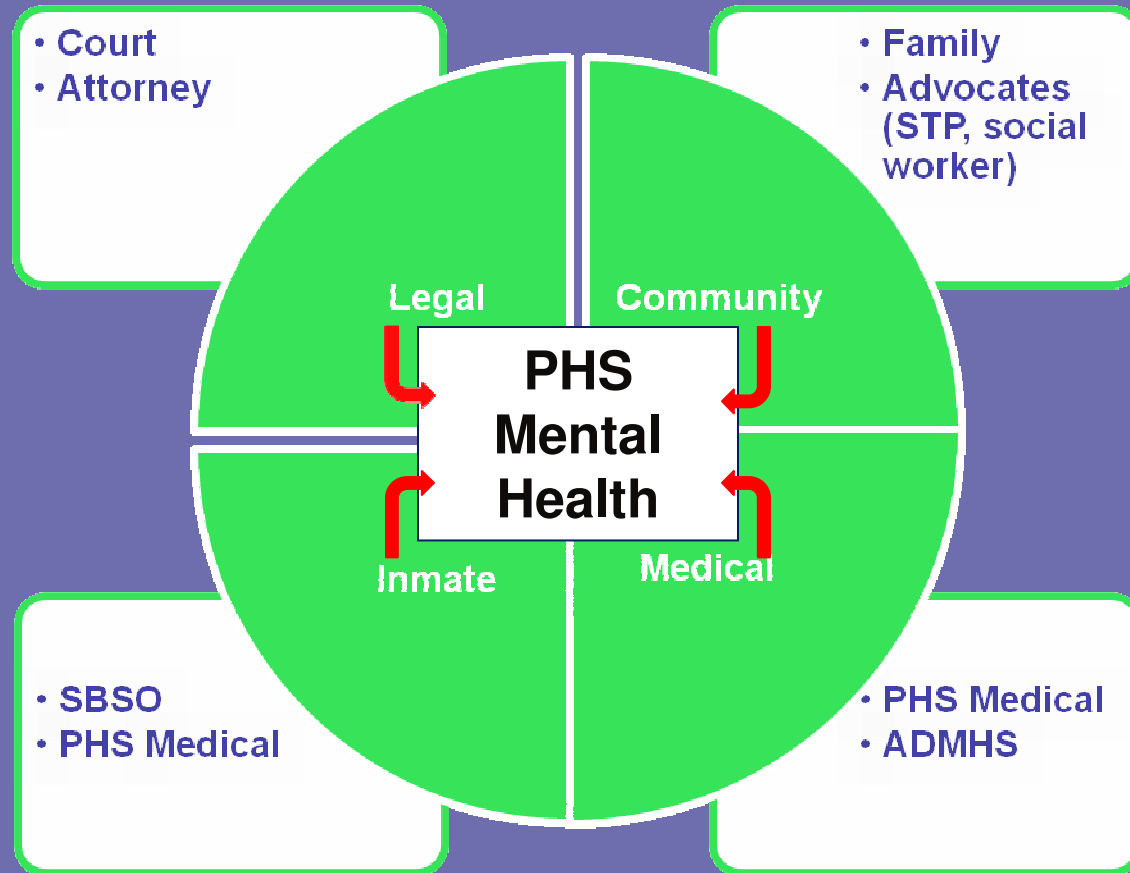


## **GOAL ONE:**

**To deliver quality mental health services to those inmates in our custody and care**

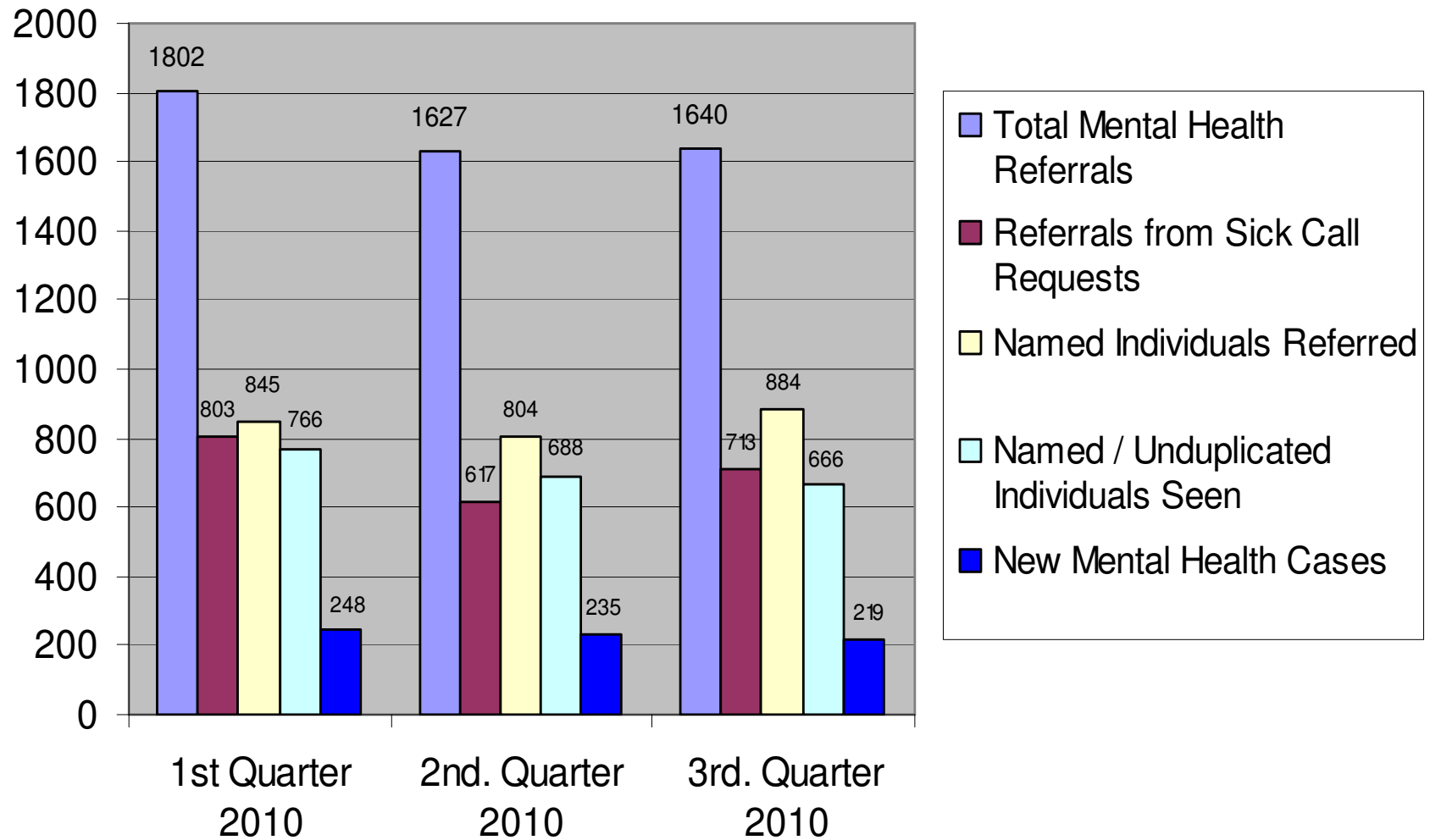


# Referral Sources to Mental Health





# PHS MENTAL HEALTH 2010







## **GOAL TWO:**

**To make the best use of  
resources**



# LOCAL PHS MENTAL HEALTH STAFFING

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- ✓ Full-time RN assigned to Mental Health team
- ✓ Two full-time licensed Masters-level Mental Health professionals (LCSW, MFT)
- ✓ Half-time psychiatrist
- ✓ Use of PHS Nursing and Administrative staff for assistance as needed



## **GOAL THREE:**

**To maintain continuity of  
care**



# Continuity / Consistency/ Timeliness of Care

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- ✓ Use of administrative and nursing staff to extend Mental Health benefits for 24/7 coverage
- ✓ Mental Health discharge planning in conjunction with our community partners
- ✓ Provision of medications on discharge



# Medication Management

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- ✓ Each month we spend 40 to 50 thousand dollars in medications, of which 60-70% are psychiatric medications
- ✓ A review of prescribing habits reveals 22 different psychotropic medications had been prescribed in an average month



## **GOAL FOUR:**

**To enhance the relationship  
with stakeholders in the  
community**



# Helping Others Know What We Do

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Presentations to:

- ✓ Substance Abuse Treatment Court and Mental Health Court
- ✓ Mental Health Commission meeting
- ✓ Mental Health Commission jail tour
- ✓ NAMI



# Those We Work with for Follow-Up Treatment

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- ✓ Mental Health Inside / Outside Meeting with SBSO, MHC, ADMHS, PHS at the table
- ✓ Bringing Our Community Home homeless project
- ✓ SATC Drug Treatment and Mental Health Courts
- ✓ Court liaisons
- ✓ ADMHS /PHS collaboration  
Including the Business Agreement for use of Clinician's Gateway electronic medical record





# Summary

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- ✓ 24/7 services including intake assessment by Nursing
- ✓ Increased Staff Qualifications – Masters-level MHT staff, Psych RN, Psychiatrist
- ✓ MHT staff Discharge Planning-all trained to participate in this function
- ✓ Daily Onsite Management including Oversight Supervision
- ✓ Training for Custody Deputies – provided continually with mandatory quarterly training block scheduled for January 2011



# Mental Health Treatment: Santa Barbara County Jail

Questions?

