

**SANTA BARBARA COUNTY  
BOARD AGENDA LETTER**



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 7/31/06  
**Department Name:** Public Health  
**Department No.:** 041  
**Agenda Date:** 8/15/06  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** Elliot Schulman, MD, MPH, Director and Health Officer  
Public Health Department

**STAFF CONTACT:** Anne Patterson, RD, MPH, 681-5279  
Manager, Nutrition Services

**SUBJECT:** Project LEAN Program Revenue Agreements for FY 06-07

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**Recommendation(s):**

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute Subcontract #1011418 with the Public Health Institute (PHI) for the California Project LEAN Program (Leaders Encouraging Activity and Nutrition) for the period of July 1, 2006 through June 30, 2007 in the amount of \$20,000.
- B. Approve and authorize the Chair to execute Contract #06-55335 with the California Department of Health Services for the California Project LEAN Program (Leaders Encouraging Activity and Nutrition) for the period of July 1, 2006 through June 30, 2007 in the amount of \$18,000.

**Alignment with Board Strategic Plan:**

Goal II: A safe and healthy community in which to live, work and visit.

Goal V: A high quality of life for all residents.

Goal VII: A community that fosters the safety and well being of families and children.

**Executive Summary and Discussion:** California Project LEAN (Leaders Encouraging Activity and Nutrition) (CPL) is a joint program of the California Department of Health Services and the Public Health Institute and focuses on youth empowerment, policy and environmental change strategies, and community-based solutions. CPL strives to reduce the prevalence of obesity and chronic diseases through policy/environmental changes that support healthy eating and physical activity, educational efforts, and leadership in the coordination of State and local efforts to promote nutrition and physical activity.

The Project LEAN program of the Public Health Department was awarded a contract with California Department of Health Services for FY 06/07 in the amount of \$18,000. In addition, due to the receipt of funding from private sources, the Statewide Project LEAN program has also awarded the County of Santa Barbara Public Health Department with a subcontract in the amount of \$20,000 for the Project LEAN Program; these funds will be administered through the Public Health Institute (PHI).

Locally, Project LEAN staff works closely with community partners and coalitions to address nutrition and physical activity issues and respond to the many impacts of the obesity epidemic in our community. For example, Project LEAN staff has been integral in the development of a federally mandated Wellness Policy for the Santa Barbara School District. This policy promotes improvements in nutrition, physical activity opportunities, and health education in our local schools and will have a positive impact on students, school staff, and the potential to reach the community at large. In addition, through Project LEAN efforts, improvements have been made on local high school campuses to improve the availability of healthy food options for students and encourage the adoption of lifelong healthy habits. Work is in progress to incorporate a Student Garden at one high school and provide opportunities for all students to take part in after school physical activity opportunities. Much of the work of Project LEAN incorporates student advocacy and provides students with training opportunities in order to become leaders in making changes they feel are important; by empowering students to work with their peers and within the school community Project LEAN has been able to facilitate change and policy level improvements while providing students with skills they will carry into the future. Project LEAN is promoting health and preventing the incidence of disease within our community through the creation of environments that support healthy eating and physical activity.

**Mandates and Service Levels:** This is a non-mandated program.

**Fiscal and Facilities Impacts:** Approval of this subcontract does not increase General Fund contribution or the use of Public Health Department special revenue funds.

The total amount of funding for the LEAN Program for FY 2006-07 is \$38,000. There are two contracts: one for \$18,000 with the California Department of Health Services, and one for \$20,000 with the Public Health Institute. This funding represents a \$9,000 reduction for Project LEAN from the Public Health Department's Fiscal Year (FY) 2006-2007 adopted budget. Therefore, the proposed expenditures listed above would decrease the Nutrition Services cost-center shown on page D-188 of the FY 2006-07 budget from \$2,270,890 to \$2,261,890. The Source of Funds on the same page would also decrease by \$9,000 under the Federal & State Revenues line from \$9,621,112 to \$9,612,112.

Upon adoption by your Board, a budget revision will follow amending the Department's budget for unanticipated reduction to revenue and appropriation in the amount of \$9,000. This grant pays for a 0.4 FTE Health Educator plus a small budget for necessary operating costs and required travel. Salary and benefits costs will be approximately \$32,000. Reductions will be made in the services and supplies categories of the grant so that \$6,000.00 will be sufficient to cover the non-salary costs.

This action will not result in a need for any additional facilities.

**Special Instructions:** Please return: a.) One signed original Public Health Institute agreement; b.) One copy of the signed Standard Agreement 06-55335 which includes signature on Contractor Certification Clauses, and seven (7) original signatures of STD 213 face sheets and a minute order to PHD Contracts Unit, 300 North San Antonio Road, Building 8, Santa Barbara, CA 93110 Attention: Margaret Granger.

**Concurrence:** None required.