

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 5/13/04  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 5/25/04  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, PhD., Director  
Department of Alcohol, Drug and Mental Health Services

**STAFF CONTACT:** Al Rodriguez, Assistant Director – Alcohol and Drug Program  
681.5442

**SUBJECT:** Application for Federal Grant to Expand Substance Abuse Treatment  
and Supportive Services for Pregnant and Parenting Women in Santa Maria

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## **Recommendation(s):**

That the Board of Supervisors:

- A. Authorize the Director of Alcohol, Drug and Mental Health Services (ADMHS) to develop and submit a federal grant application to fund Residential Treatment for Pregnant and Postpartum Women and Residential Treatment for Women and Their Children for the period October 1, 2004 through September 30, 2007, for an amount up to \$500,000 for three years.

## **Alignment with Board Strategic Plan:**

The recommendations(s) are primarily aligned with Goal No.2. A Safe and Healthy Community in Which to Live, Work, and Visit, and Goal No.7. Strengthen the Safety and Well-Being of Children and their Families to Ensure a Strong Future for our Community.

## **Executive Summary and Discussion:**

ADMHS is seeking authorization to submit a federal grant application for Residential Treatment for Pregnant and Postpartum Women and Residential Treatment for Women and Their Children (PPW/RWC) through the U.S. Department of Substance Abuse and Mental Health Administration (SAMHSA). The purpose of PPW/RWC grant is to expand the availability of comprehensive, high quality residential substance abuse treatment services for low-income women, age 18 and over, who are pregnant, postpartum (the period after childbirth up to 12 months), or other parenting women, and their minor children, age 17 and under, who have limited access to quality health services.

SAMHSA is releasing \$7 million to fund up to 14 awards nationally in FY 2004-05, with a maximum allowable award per grantee of \$500,000 per year for three-years. ADMHS proposes a grant application for an amount less than the \$500,000, as there may not be enough costs to substantiate a larger award.

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The proposed grant would be earmarked for expanded perinatal residential services in North County to provide for a comprehensive service system designed to improve the overall treatment outcomes for homeless or near homeless women, their children and the family unit as a whole.

Currently, ADMHS funds perinatal treatment and supportive services with Good Samaritan in the North County for substance abusing women that are pregnant or have young children. The decision to focus on Santa Maria including Guadalupe is based on the need to develop additional service capacity due to the rapid growth in population and use of methamphetamines in the area. The development of a Family Homeless Shelter by Good Samaritan has resulted in a clear and demonstrable need for additional substance abuse treatment and supportive services in the community. These direct services would be contracted with existing ADMHS contract providers. In addition, the PPW/RWC grant is seriously needed in Santa Maria due to:

- a scarcity of medical services for women, homeless or housed, throughout the county and specifically in the Santa Maria area;
- single women and their children are the fastest growing subpopulation of the homeless community;
- the reduction or elimination of physicians providing obstetric (OB) services throughout the County;
- a 55% reduction in providers of OB services in North County;
- increased obstetric/gynecology (OB/GYN) clients' enrollments at County clinics since local providers prepared to assume care of patients with better revenue sources and turned away new Medi-Cal patients;
- reduction of OB physicians due to retirements and/or soaring malpractice premiums;
- approximately 40-60 pregnant and/or parenting women with children will be served per year; the predominant population effected are of Hispanic or Latina descent.

Funding from the PPW/RWC Grant would ensure the required comprehensive continuum of care through a collaborative partnership with ADMHS' Early Childhood Mental Health services; Public Health's Women's Clinic and Homeless Health Outreach project; Department of Social Services Child Welfare and CalWorks programs; the First Five Commission's Welcome Every Baby initiative; and other community agencies. To comply with SAMHSA's obligations under Government Performance and Results ACT (GPRA) it is proposed that UCSB, (under an amended county agreement), would collect, evaluate, maintain, follow-up and report the extensive baseline data required by SAMHSA and the County. In addition, there will be a specific component to reach out to and serve the Latina population in the area.

The due date for the grant application is June 2, 2004, with implementation beginning on October 1, 2004.

### **Mandates and Service Levels:**

Should the County be awarded the PPW/RWC grant, the County of Santa Barbara would be required to comply with: Executive Order 12372 (E.O. 12372), as implemented through Department of Health and Human Services regulation at 45 CFR Part 100 setting up a system for State and local review of applications for federal financial assistance and the federal grant requirements for: submission of progress and financial reports, lobbying, debarment, audits, drug-free workplace, civil rights compliance, non-supplantation of funds and confidentiality.

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The required services would consist of:

- Outreach, education and recreational services, screening, assessment; counseling, and treatment of Hepatitis's, HIV/AIDS and other sexually transmitted diseases (STD's) , and related issues;
- Therapeutic interventions, including counseling, occupational, and physical therapies.\
- Pediatric health care
- Social services and financial supports; and
- Detoxification;
- Substance abuse education & treatment;
- Medical, dental other physical health care services;
- Training in parenting;
- Employment readiness, training, and placement;
- Education and tutoring assistance for obtaining a GED and higher education
- Childcare during periods in which the woman is engaged in therapy or in other necessary health or rehabilitative activities; and
- Transportation and other wraparound services;
- Services that are coordinated and integrated to ensure that specific aspects of the individual treatment plan and services for children are addressed;
- Access to additional services that will include primary health, mental health and social services.

In addition, the grant application would require a Project Director. If authorized, ADMHS proposes to hire a Project Director through a Contractor on Payroll to avoid long term costs beyond the grant period and to oversee the implementation and management of this collaborative program. Funding for this position would be supported by the 10% administrative overhead costs allowed under the PPW/RWC grant.

### **Fiscal and Facilities Impacts:**

There will be no anticipated facility impacts, no increase in General Fund contribution and no match requirement.

If the grant is approved by the SAMHSA, we will present to your Board a request to accept the grant and approve either a Final Budget Adjustment, or Budget Revision for fiscal year 2004-2005 (the first year of the grant).

A sustainability plan will be developed in Year One of the grant to identify those services that can be reasonably sustained with other funding sources such as Medi-Cal and through Public Health's reimbursement mechanism through their Federally Qualified Health Clinic.

### **Special Instructions:**

Please return (2) Certified Minute Orders to Al Rodriguez, Assistant Director, ADMHS-Alcohol and Drug Program, 300 N. San Antonio Road, Santa Barbara, CA 93110

### **Concurrence:**

Public Health Department