

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 10/26/2005  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 12/06/2005  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, Ph.D., Director  
Alcohol, Drug & Mental Health Services

**STAFF CONTACT:** Carrie Topliffe, ADMHS Assistant Director - Administration  
805.681.5231

**SUBJECT:** Child Abuse Listening and Mediation, Santa Maria Valley Youth and Family Center, and Casa Pacifica Contract Amendments.

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## Recommendations:

That the Board of Supervisors:

1. Approve and execute a contract amendment in the amount of \$250,000, with Child Abuse Listening and Mediation (CALM), a local vendor, to expand therapeutic foster care services to children and their families. The new FY2004-06 total contract amount will be \$1,884,150.
2. Approve and execute a contract amendment in the amount of \$250,000, with Santa Maria Valley Youth and Family Center (SMVYFC), a local vendor, to expand therapeutic foster care services to children and their families. The new FY2004-06 total contract amount will be \$ 1,739,340.
3. Approve and execute a contract amendment in the amount of \$650,000, to allow Casa Pacifica, a local vendor, to continue to provide residential, case management, and therapeutic behavioral services and mobile crisis response services to children with severe emotional disturbances in Santa Barbara County. The new FY2004-06 contract amount will be \$4,008,450.
4. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contracts' dollar amounts.

## Alignment with Board Strategic Plan:

The recommendations are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

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### **Executive Summary and Discussion:**

The **CALM** and **SMVYFC** contract amendments provide funding to support additional therapeutic foster care services. The therapeutic foster care program creates a structure for all foster home and extended family home placements to have Intensive In-Home (IIH) services available to them. Intensive In-Home services are intensive, short-term, home-based, crisis or urgent intervention services offering extended family placements or foster homes the support and tools necessary to maintain the placement of a child in their homes and reduce multiple placement moves of the child. The IIH services program combines skill-based intervention with maximum flexibility so that services are available to families and foster homes according to their unique needs. Services are focused upon assisting in the management of situations that would otherwise cause a child to experience multiple placements and aim toward restoring the family unit to an acceptable level of functioning. In addition, IIH services assist families to become knowledgeable of support and natural resources within their community to enable a family to remain safely together.

The therapeutic foster care program will improve the likelihood that children will remain in their community thereby reducing out of county placements. The program will also increase the time a child remains in a foster care or extended family home and, through the intensive service provided, the program will reduce children's acute admissions and probation violations.

**Casa Pacifica** will provide children's mobile crisis response program services to ADMHS. This program will be called the Safe Alternatives for Treating Youth (SAFTY) program. Casa Pacifica will provide countywide mobile crisis response available to children and families 24 hours a day, 7 days a week. Services will be provided to children enrolled in our ADMHS system, and to children with open mental health cases in the Juvenile Hall, as well as those who do not have open cases. The SAFTY program will work closely with community agencies such as Family Service Agency's "211" help line, American Medical Response's Mental Health Assessment Team (MHAT), Hospital Emergency Rooms, Law Enforcement, ADMHS' north county C.A.R.E.S. program and the Access Team.

A major focus of the program will be on crisis planning and relationship building as the primary means of preventing psychiatric hospitalizations with high-risk children and families. The SAFTY program will work as a team with existing clinic staff and will provide brief case management for children not yet connected with services while linkages are established.

The SAFTY initiative will provide a reduction in children's acute admissions, a reduction in probation violations and will increase the number of children remaining in their own community (thereby reducing out of county placements). Outcomes will be measured on an ongoing basis to ensure the efficacy of the program.

Casa Pacifica will continue to provide day rehabilitation, crisis intervention, case management, medication support, mental health services, and Therapeutic Behavioral Services (TBS).

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**Performance Measures:**

The CALM, SMVYFC and Casa Pacifica contract amendments will assist ADMHS in meeting **Recurring Performance Measures (RPM) 214 and 0198**, to provide effective mental health services to 2,450 youth and their families and to provide high quality Mental Health services to children in order to keep the number of new out of home placements below 100 per year.

**Mandates and Service Levels:**

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

**Fiscal and Facilities Impacts:**

The recommended actions have no impact on the General Fund Contribution. The funding source for the CALM, SMVYFC and Casa Pacifica contracts is Medi-Cal/EPSDT revenue. These funding sources are identified in the Proposed FY 2005-06 Budget, Federal and State Funding, Medi-Cal line item 5405; and, Realignment funds line items 4102; in the Children's Services Division, County Budget Book, page D-156, and in the Adult Services Division page D-150.

These actions will not result in a need for any additional facilities.

**Special Instructions:**

Please send one (1) fully executed copy of each contract amendment and endorsed minute order to:

Alcohol, Drug & Mental Health Services  
ATTN: Jennie Pittman, Contracts Analyst  
300 N. San Antonio Road  
Santa Barbara, CA 93110

**Concurrence:**

Auditor-Controller  
Risk Management