



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 7, 2016
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from: N/A
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: Ana Vicuna, Division Chief, Clinical Operations
Behavioral Wellness, 681-5220

SUBJECT: Fiscal Year 16-17 Behavioral Wellness Mental Health Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

Auditor-Controller Concurrence

As to form: Yes

- A) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Community Action Commission** (a local vendor), for the provision of children's mental health services, for a total contract amount not to exceed **\$3,535,635** for the period of July 1, 2016 through June 30, 2019.
- B) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Family Service Agency** (a local vendor), for the provision of children's mental health services, and substance use prevention services, for a total contract amount not to exceed **\$1,001,622** for the period of July 1, 2016 through June 30, 2017.
- C) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Phoenix of Santa Barbara, Inc., dba Crescend Health** (a local vendor), for the provision of adult mental health services and substance use disorder services for dually-diagnosed adults, for a total amount not to exceed **\$1,193,425** for the period of July 1, 2016 through June 30, 2017.

- D) Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in potentially physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

The Santa Barbara County Behavioral Wellness Department provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services. Making many of the contracts multi-year will prevent Behavioral Wellness from returning to the Board every year to renew all contracts.

Background:

The contracts being considered for approval provide various specialty mental health services to adults with serious mental illness, including mental health services such as therapy and rehabilitation services.

Community Action Commission (CAC): CAC provides mental health services to Medi-Cal eligible children with Serious Emotional Disorders (SEDs) Countywide. CAC provides rehabilitation specialists located at the three regional Children's clinics, to provide flexible, intensive, and individualized behavioral interventions designed to assist youth to develop interpersonal and social skills, manage negative behaviors and succeed in their home, school, and community. In addition, this contract provides Medic-Cal funding for specialty mental health services for children up to age five through Head Start programs located in Lompoc, Santa Maria, and Santa Barbara.

Family Service Agency (FSA):

Alcohol Drug Program Services – FSA provides early intervention prevention services through the Big Brothers, Big Sisters mentoring project in Lompoc, Santa Barbara, and Santa Maria, and school-based counseling services in Lompoc.

Mental Health Services – FSA provides mental health services to children with SEDs and their families in the Lompoc and Santa Barbara areas. Services aim to improve client and family functioning and to reduce risk of placement outside of the home or community. FSA also provides individual and group counseling to clients through their School-Based Services program. Additionally, FSA provides brief therapy to adults and children and their families in an outpatient setting.

Phoenix of Santa Barbara, Inc. dba Crescend Health (Crescend):

Alcohol Drug Program Services – Crescend provides treatment services including outpatient individual and group counseling and drug testing in Santa Barbara to individuals with co-occurring mental health and substance abuse conditions.

Mental Health Services: Crescend provides intensive residential mental health services to adults in the Santa Barbara area. The Phoenix House and Mountain House programs are licensed by the State

Department of Social Services, Community Care Licensing Division (CCLD) to provide rehabilitation and support services to residents.

Performance Measure:

CAC's programs include Head Start for young children and Rehabilitation services to older children/youth. Heads Start served an average of 111 in Quarters 1 and 2 of FY 15-16 and the Rehabilitation Specialist program served an average of 132 clients. Both programs met or exceeded the goal of minimizing out-of-home placements, with 1 Head Start child and 2 Rehabilitation Specialist youth being placed out-of-home. All children served in Head Start were enrolled in school while 87% of youth in Rehabilitation Specialist were employed, enrolled in education activities or volunteering. There were no psychiatric inpatient admissions in either program. The Rehabilitation Specialist program exceeded the target of 95% of the youth maintaining stable/permanent housing.

FSA provided services to children and youth in the Intensive In-Home (average of 45 clients, Managed Care (average of 51 clients), School-Based Counseling (average of 51 clients), and START (average of 32 clients) programs in Quarters 1 and 2 of FY 15-16. FSA was successful at keeping children in their homes and avoiding out-of-home placements. There were no placements in Quarters 1 and 2. All children in the programs were enrolled in school, employed or volunteering except for Intensive In-Home where 96% of clients were engaged in these purposeful activities. Over 90% of the clients in Intensive In-Home and School-Based had at least one Child and Adolescent Needs and Strengths (CANS) assessment completed (Managed Care and START do not complete CANS). The programs all achieved the goal of minimizing incarcerations. Intensive In-Home was the only program that had incarcerations (1 episode, 2% of clients served). There were no psychiatric inpatient admissions in any of the programs, indicating client stability. Between both quarters, FSA achieved a high rate of clients that were able to maintain stable/permanent housing. Intensive In-Home met the goal of 98% in Quarter 2, as did Managed Care (goal was 100%). School-Based achieved 97% in Quarter 2 (goal was 99%). The START program exceeded the goal of 95% in both quarters.

Crescend provides residential services to adults with serious mental illness at Phoenix House and Mountain House. Through Quarter 2 of FY 15-16, Phoenix House served an average of 10 clients and Mountain House served an average of 15 clients. Both programs exceeded the goal of increasing the percent of clients enrolled in school, employed or volunteering. On average, 53% of Phoenix House clients and 17% of Mountain House clients were engaged in purposeful activities. At 77%, Mountain House exceeded the goal of 59% of clients maintain stable/permanent housing. There were no incarcerations in either program. Psychiatric inpatient admissions were very low. In both quarters, Phoenix House met the goal of 2 or less per quarter, with only 1 admission during the 6-month period. Mountain House met the goal in Quarter 2, but had 3 admissions in Quarter 1. Finally, Phoenix monitors the percent of dual diagnosis clients that remain clean and sober during treatment, but these data will not be reported until Quarter 4 of FY 15-16.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	FY 16-17	FY 17-18	FY 18-19
General Fund			
State	\$ 1,686,796.00	\$ 589,272.50	\$ 589,272.50
Federal	\$ 1,686,796.00	\$ 589,272.50	\$ 589,272.50
Fees			
Other:			
Total	\$ 3,373,592.00	\$ 1,178,545.00	\$ 1,178,545.00

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 2016-2017 Proposed Budget. Execution of these contracts will not increase the use of general fund dollars by Behavioral Wellness.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. The dollars Behavioral Wellness collects from the Centers for Medicare and Medicaid Services (CMS) via the State for specialty mental health services provided to Medi-Cal beneficiaries are subject to a complex and lengthy cost settlement process. Behavioral Wellness is required to submit an annual cost report which reports all costs associated with providing mental health services for a given Fiscal Year (actual cost). The actual cost is one component that the State reviews when it performs its “cost settlement” process. In this process, the State settles to the lower of actual cost or Published Charges, which are the fees charged to the general public (as adopted by the contractor’s Board of Directors). The cost settlement process results in a preliminary settlement, which typically takes place two years after the audit. State audits for Medi-Cal funds for specialty mental health services typically occur five years after the end of the fiscal year being audited. To address these risks and to minimize settlement amounts with contract providers, Behavioral Wellness calculates rates for Medi-Cal services provided by organizational providers on a quarterly basis. Regular reports to contractors on unclaimed and denied units allow providers to correct errors and maximize Medi-Cal penetration rates. Even with these measures, there is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) signature page of each executed contract and one (1) minute order to: admhscontractsstaff@co.santa-barbara.ca.us

Attachments:

- Attachment A: Community Action Commission FY 16-19 BC
- Attachment B: Family Service Agency FY 16-17 BC
- Attachment C: Phoenix of Santa Barbara FY 16-17 BC

Authored by:

Q. Lopez