



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 7-15-08
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug, and Mental Health Services, 805-681-5220
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director 805-681-5220

SUBJECT: FY 08-09 Agreements for Adult Mental Health Services

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions: Consider recommendations regarding contracts for Adult Mental Health services for FY 08-09, as follows:

1. Approve and execute a contract with Mental Health Association in Santa Barbara (a local vendor) for the period of August 1, 2008 through June 30, 2009 in the amount of \$392,434.
2. Approve and execute a contract with PathPoint (formerly Work Training Programs) (a local vendor) to provide adult mental health services for the period of August 1, 2008 through June 30, 2009 in the amount of \$637,470.
3. Approve and execute a contract with Telecare Corporation (a local vendor) for the period of August 1, 2008 through June 30, 2009 in the amount of \$1,420,029.
4. Approve and execute a contract with Transitions Mental Health Association (a local vendor) for the period of August 1, 2008 through June 30, 2009 in the amount of \$387,563.
5. Approve and execute a contract with Phoenix of Santa Barbara (a local vendor) for the period of August 1, 2008 through June 30, 2009 in the amount of \$883,962.
6. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

Summary Text:

This Board Letter has been updated to include the contract for Phoenix of Santa Barbara, which was signed by the contractor after the deadline for submission of the Board Letter. In order to avoid an interruption in services, the contract is being submitted for Board of Supervisors consideration.

The recommended action approves new contracts for the Adult Mental Health Division of the Department of Alcohol, Drug and Mental Health Services (ADMHS). During FY 08-09 Budget hearings, the Board of Supervisors approved the ADMHS budget and appropriated additional one-time funds for the Department. Based on this one-time appropriation, ADMHS has developed FY08-09 contracts to support adult mental health services in the County. The contracts submitted for Board approval include new financial provisions, updated program descriptions and program goals/outcomes exhibits customized to each type of service. The contracts reflect ADMHS' intent to fund services that promote cost effectiveness and easily adapt to individuals' changing needs and life circumstances.

Approval of the recommended action will allow adult mental health services to continue into FY08-09 without interruption. The majority of the contracts rely on one-time appropriations to continue services at FY07-08 levels for the first few months of FY08-09, while detailed plans for clients and new services are developed. By January 2009, all services will transition to a funding level that can be maintained into FY09-10, when there will be an opportunity for Mental Health Services Act (MHSA) and core programs to meld together into a more cohesive service system.

Background:

Consistent with previous reports to the Board, ADMHS is focused on the following goals for program and business operations in FY 08-09:

1. Maintain a balanced budget for FY 08-09 and manage available resources while meeting requirements for the provision of mandated "safety net" services.
2. Provide quality services to the extent resources allow:
 - a. Manage the client admission process;
 - b. Manage the types and frequency of service delivery consistent with individual need; and
 - c. Foster client recovery through evidence-based treatment, rehabilitation and support services.
3. Strengthen internal controls to implement and maintain system efficiencies.

Overall, ADMHS' FY08-09 adult mental health contracts will support five core services:

Homeless Services. Provider contracts will continue at FY07-08 service levels throughout FY08-09.

Day Rehabilitation/Consumer Centers. Effective January, 2009, current day rehabilitation and drop-in programs in Santa Barbara, Santa Maria and Lompoc will be reconfigured as consumer recovery centers that offer peer support, self-help and connections to community resources, including health and wellness activities.

Intensive Residential Services. The current capacity of 66 beds will be modified: 1) 34 beds in Adult Residential Facilities (augmented board and care homes) will continue as intensive residential services providing 24 hour per day on-site supervision and rehabilitation and 2) effective November 2008, other augmented board and care beds in Santa Barbara may be converted to other types of housing, where

individuals will continue to receive rehabilitation and support services consistent with their needs, but through a Supported Housing model.

Assertive Community Treatment (ACT). Three teams, offering the most intensive service level outside of 24 hour residential programs, will operate across the County in the Santa Barbara, Santa Maria and Lompoc areas. Two of these teams (Lompoc and Santa Barbara) will be supported by Mental Health Services Act (MSHA) funding. Transitions Mental Health Association (Transitions) will continue to operate the Lompoc team. A County-operated team will serve the Santa Barbara area. The third team, serving Santa Maria and surrounding communities will be acquired through a Request for Proposal (RFP) process.

Supported Housing Services. These services are designed to help individuals get and keep community housing in apartments or other independent living arrangements. Supported Housing will serve, across the County, approximately 200 adults with serious mental illness who do not require the level of structure and staffing provided through either Intensive Residential or Assertive Community Treatment services, but who still require a moderate level of rehabilitation and support services. To achieve service efficiencies, current Supported Housing funding, dispersed across multiple agencies, will be consolidated into a single, unified program in the Santa Barbara area. Supported Housing services in North County will also be provided. These new Supported Housing services will be acquired through an RFP process.

Requests for Proposals

By mid-July 2008, ADMHS will release RFPs for:

- 1) Assertive Community Treatment Team for Santa Maria and the surrounding areas, and
- 2) Supported Housing services for both North and South County.

Respondents will be asked to submit proposals by mid-August 2008, and ADMHS will award and negotiate new contracts for these services by early September 2008. To facilitate continuity of care, contracts with existing vendors for Assertive Community Treatment in Santa Maria and for Supported Housing programs County-wide are being continued through October 31, 2008, as detailed below. Contract completion, program start-up and client transitions will take place between September and October 31, 2008.

Contract Agencies

ADMHS has developed contracts with community based organizations (CBOs) for delivery of core adult mental health services. The following section describes the specific services to be provided through each agency's contract. For all planned program changes, ADMHS is developing an implementation work plan to assure that the treatment, rehabilitation and housing needs of all clients are carefully evaluated and addressed.

- **Mental Health Association in Santa Barbara (MHA)** provides residential and outpatient adult mental health services in the Santa Barbara area.
 - MHA's Family Advocate offers services to families of clients with serious mental illness through education, support and linkage to resources. For FY08-09, this position has increased from 0.5 FTE to 1.0 FTE to better meet the needs of families.

- Fellowship Club is a consumer drop-in center where adults with mental illness can socialize, enjoy recreational activities and receive Medi-Cal-funded rehabilitation services. This program will continue through December 31, 2008. In the interim, consumers, ADMHS and MHA will collaborate to develop a new consumer-run center offering adults with mental illness peer support, self-help, and connections to community resources, including health and wellness activities.
- The Lyons House and Casa Juana Maria programs are Adult Residential Facilities providing in-home rehabilitation and support services to 14 residents. These programs will continue at the FY07-08 contract level through October 31, 2008. In the interim, ADMHS will:
 - ❖ Work with MHA to evaluate the ongoing service needs of Lyons House and Casa Juana Maria residents;
 - ❖ Determine how Lyons House and Casa Juan Maria can continue as housing resources for adults with mental illness; and
 - ❖ Conduct a formal bid process (RFP) to acquire Supported Housing services for approximately 200 adults across Santa Barbara County, including the individuals residing in Lyons House and Casa Juana Maria.
- **PathPoint (formerly Work Training Programs)** provides residential and outpatient mental health services in the Santa Barbara area.
 - PathPoint provides mental health case management services to residents of the El Carrillo apartments, located in Santa Barbara, which will be maintained at FY07-08 contract levels throughout FY 08-09.
 - The Vocational Services Program, offering clients the opportunity for paid work experiences and assessment of their vocational skills and interests, will continue at FY07-08 service levels during FY08-09.
 - Vida Nueva Santa Barbara is an Assertive Community Treatment (ACT) Model Program for 60 adults with mental illness. This program will continue at current FY07-08 contract levels through October 31, 2008 at which time the responsibilities for these clients will be transferred to a County-operated Assertive Community Treatment team. Known as the OARRS program, this County team will be fully funded by MHSA resources and will have a total program capacity of 100 clients.
 - The following PathPoint programs will continue at the FY07-08 contract level through October 31, 2008. In the interim, ADMHS will conduct a formal bid process (RFP) for a Supported Housing program to serve adults in both northern and southern Santa Barbara County, including clients of these PathPoint programs. ADMHS will work with PathPoint to evaluate the ongoing service needs of all clients in these PathPoint programs:
 - ❖ The Housing Support Services program provides in-home instruction and counseling services for 40 adult clients with serious mental illness to help them find and maintain safe, affordable housing and to enhance their independent living skills.
 - ❖ The Community Independent Living Program provides independent living skills and social skills training in individual and group sessions to 26 clients.
 - ❖ The Assessment Center Program (ACP) is an Adult Residential Facility, originally designed to provide temporary living arrangements for six clients who are homeless or are in danger of homelessness. The program currently operates as a longer stay residential program for adults with mental illness requiring rehabilitation and support to maintain community living. During the next several months, ADMHS will work with PathPoint to determine how ACP can continue as a housing resource for adults with mental illness.

- ❖ Project Life Skills in Lompoc provides classroom and community-based rehabilitation services in individual and group sessions to support continuing education, independent living, and social skills development and retention for 50 clients.
- Casa Del Mural has operated as a twelve (12) bed Adult Residential Facility, providing 24 hour, structured residential rehabilitation and support services. Contract funding for Casa Del Mural is continuing at FY07-08 levels through September 30, 2008. Effective October 1, 2008, Casa Del Mural will be established as a supportive housing environment offering more independent living for approximately 6-8 residents, with each person having an individual bedroom. Transition plans for a number of Casa Del Mural clients already have been successfully carried out over the past several months. Five clients currently remain in the program. ADMHS is earmarking a portion of Supported Housing funds to provide on-site staffing support to Casa Del Mural residents after October 1, 2008.
- **Telecare Corporation** provides intensive residential and outpatient mental health services in Santa Maria.
 - Santa Maria ACT is an Assertive Community Treatment (ACT) Model Program. The Program currently has the capacity to serve 45 adults with mental illness. This program will continue at FY07-08 funding levels through October 31, 2008. In the interim ADMHS will conduct an RFP process for the provision of one ACT program serving Santa Maria and surrounding communities, with a total program capacity of 100 adults. Over the coming weeks, ADMHS will work together with Telecare to evaluate the ongoing service needs of all clients in the Telecare ACT program.
 - McMillan Ranch provides 24 hour, structured mental health rehabilitation services, residential care and room and board to adults with serious mental illness at high risk for acute inpatient or long-term state hospital care. The program has a capacity of 10 beds and has been budgeted at FY07-08 funding levels for the FY 08-09 contract.
 - North County Crisis and Recovery Emergency Services (CARES) Residential Program is a Short-Term Crisis Residential Facility in Santa Maria. The program has a capacity of 12 beds and provides services 24 hours per day, 7 days per week to adults in crisis due to mental health or co-occurring substance abuse conditions. This program will operate throughout FY08-09.
- **Transitions Mental Health Association** provides residential and outpatient mental health services in Santa Maria.
 - A Homeless Services Clinician provides mental health treatment services for residents of the Good Samaritan Shelter in Santa Maria. This service will continue at FY07-08 contract levels through FY08-09.
 - The Gatehouse Center is a consumer drop-in center where adults with mental illness can socialize, enjoy recreational activities and receive Medi-Cal-funded rehabilitation services. This program will continue at the FY07-08 contract level through December 31, 2008. In the interim, consumers, ADMHS and Transitions will collaborate to develop a new consumer-run center offering adults with mental illness peer support, self-help and connection to community resources, including health and wellness activities.
 - The Lompoc Drop-In Center is a consumer-operated drop-in center with consumer staff hired to provide positive and inspirational role models for other clients. The Lompoc Drop-in Center is a comfortable, supportive, safe meeting place for consumers. This program will continue at the FY07-08 contract level through December 31, 2008. In the interim, consumers, ADMHS and Transitions will collaborate to determine how this consumer-run center might be improved or

changed to assure that adults with mental illness have access to peer support, self-help and connection to community resources, including health and wellness activities.

- Vida Nueva Santa Maria is an Assertive Community Treatment (ACT) Model Program with a capacity to serve 70 adults with serious mental illness. This program will continue at the FY07-08 contract level through October 31, 2008. In the interim ADMHS will conduct an RFP process for the provision of one ACT program serving adults in Santa Maria and surrounding communities, with a total program capacity of 100. Over the coming weeks, ADMHS will work together with Transitions to evaluate the ongoing service needs of all clients in the Vida Nueva Santa Maria ACT program.
- **Phoenix of Santa Barbara** provides intensive residential and outpatient mental health services in Santa Barbara.
 - The Mountain House and Phoenix House Intensive Residential Programs provide 24 hour, structured mental health rehabilitation services, residential care and room and board to adults with serious mental illness at high risk for acute inpatient or long-term state hospital care. These programs, having a capacity of 24 beds under the ADMHS contract, will continue at FY07-08 funding levels throughout FY08-09.
 - The Mainstream Outpatient program provides outpatient community based mental health services and supports to help clients gain success in independent living environments. This program will continue at FY07-08 funding levels through October 31, 2008. In the interim ADMHS will conduct an RFP process for the provision of a single Supported Housing program in the Santa Barbara area, to include clients of Mainstream. In the coming weeks, ADMHS will work together with the Phoenix staff to evaluate the ongoing service needs of all clients in the Mainstream program.

Performance Measures:

Outcome evaluation is a part of ADMHS’ Business Operations Improvements, as reported to the Board on March 11, 2008. The FY 08-09 adult mental health contracts being recommended for approval contain Exhibit E (Program Goals, Outcomes and Measures), which specifies outcomes for the three major program areas, as follows:

Adult Program Evaluation ACT Programs		
Program Goal	Outcome	Measure
❖ Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems	<ul style="list-style-type: none"> ✓ Decreased incarceration rates ✓ Decreased inpatient/acute care days and length of hospital stay ✓ Decreased emergency room utilization 	<ul style="list-style-type: none"> ➤ Number of incarceration days ➤ Number of hospital admissions; length of hospital stay ➤ Number of emergency room visits for physical and/or psychiatric care
❖ Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy and productive lives in the community	<ul style="list-style-type: none"> ✓ Reduced homelessness by maintaining stable/permanent housing ✓ Increased life skills needed to participate in purposeful activity and increase quality of life 	<ul style="list-style-type: none"> ➤ Number of days in stable/permanent housing ➤ Number of clients employed, enrolled in school or training, or volunteering ➤ Number of clients graduating to a lower level of care

Adult Program Evaluation Residential Programs		
Program Goal	Outcome	Measure
❖ Prepare clients to transition from institutional care to community living	✓ Increased life skills needed to participate in purposeful activity and increase quality of life	➤ Number of clients employed, enrolled in school or training, or volunteering
❖ Secure community living arrangements for client prior to graduation	✓ Successful transition to community living ✓ Reduced client homelessness	➤ Number of clients graduating to lower level of care community living ➤ Number of clients re-entering residential treatment ➤ Number of clients with stable/permanent housing at graduation
❖ Reduce mental health and substance abuse symptoms resulting in reduced need for involuntary or higher level of care services	✓ Decreased inpatient/acute care days and length of hospital stay ✓ Decreased incarceration rates	➤ Number of hospital, IMD and State Hospital admissions; length of hospital stay ➤ Number of incarceration days

Adult Program Evaluation Supportive Housing Programs		
Program Goal	Outcome	Measure
❖ Reduce mental health and substance abuse symptoms resulting in reduced involuntary care utilization	✓ Decreased incarceration rates ✓ Decreased inpatient/acute care days and length of hospital stay ✓ Decreased emergency room utilization	➤ Number of incarceration days ➤ Number of hospital admissions; length of hospital stay ➤ Number of emergency room visits for physical and/or psychiatric care
❖ Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy and productive lives in the community	✓ Reduced homelessness by maintaining stable/permanent housing ✓ Increased life skills needed to participate in purposeful activity and increase quality of life	➤ Number of days in stable/permanent housing ➤ Number of clients employed, enrolled in school or training, or volunteering ➤ Number of clients graduating to a lower level of care

In addition, measures for consumer-operated sites will be developed during the program transition process, which will take place through December 2008. During FY 08-09 standardized outcomes for services to Homeless Shelters will be further developed.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund	\$ 1,298,430.00		
State	\$ 1,094,321		
Federal	1,328,707		
Fees			
Other:			
Total	\$ 3,721,458	\$ -	\$ -

Narrative: The above referenced contracts are funded by a combination of State and Federal revenue and General Fund Contribution. Certain types of programs (Homeless and Intensive Residential Services) are continuing while others (Consumer, ACT and Supportive Housing Services) are being redesigned and will go out to bid via an RFP process. Redesigned services will continue at FY07-08 levels for an interim period in FY08-09 until the RFP process is completed. For this reason, the Annualized On-Going Costs section cannot be completed as the cost and providers of these new services beyond the interim periods is yet to be determined. Funding sources for these contracts are identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160 in the FY 2008-09 County Budget Book, in the Adult Division) and augmented by the Board of Supervisors approved Budget Expansion during FY 08-09 Budget Hearings, which provided additional funding to ADMHS.

Special Instructions:

Please send one (1) complete copy of each contract and one (1) minute order to:

Alcohol, Drug, and Mental Health Services
ATTN: Contracts Office
300 North San Antonio Road, Bldg. 3
Santa Barbara, CA 93110

Attachments:

Complete FY 08-09 Contracts for the following agencies are available at the Clerk of the Board office:

- Mental Health Association in Santa Barbara
- PathPoint
- Phoenix of Santa Barbara
- Telecare Corporation
- Transitions Mental Health Association