

**SANTA BARBARA COUNTY  
BOARD AGENDA LETTER**



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 1/20/06  
**Department Name:** Public Health Department  
**Department No.:** 041  
**Agenda Date:** 2/21/06  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** Elliot Schulman, MD, MPH, Director and Health Officer  
Public Health Department

**STAFF CONTACT:** Karen L. Mira, 681-5271  
PHCA Coordinator

**SUBJECT:** Preventive Health Care for the Aging (PHCA)  
Revenue Contract Amendment #03-75377 A02

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**Recommendation(s):**

That the Board of Supervisors:

- A. Approve and execute Amendment No. A02 to Agreement #03-75377 with the California Department of Health Services for Preventive Health Care for the Aging (PHCA) for the period of July 1, 2003 through June 30, 2006, increasing the amount by \$13,050 for a total contract amount of \$234,276.
- B. Approve a Budget Revision for the receipt of unanticipated revenue from the California Department of Health Services in the amount of \$13,050 to fund nutrition education for seniors. (4/5 vote required.)

**Alignment with Board Strategic Plan:**

The recommendations are primarily aligned with:

Goal No. 2: A Safe and Healthy Community in Which to Live, Work, and Visit

Goal No. 5: A High Quality of Life for all Residents

**Executive Summary and Discussion:**

The Preventive Health Care for the Aging (PHCA) program is a non-mandated, county-wide program aimed at improving or maintaining the health of the community-dwelling, non-frail older adult population. These clients are troubled with chronic and disabling diseases, are uninformed concerning health habits and medication use, and are in need of health education and health counseling. The scope of services includes outreach, comprehensive health assessments, targeted community prevention services and epidemiological data collection. The mission is to enhance and protect the health of older adult county residents age 55 and over, especially high-risk and underserved individuals.

The program serves 500 clients each year through one-to-one conferences between the client and a Public Health Nurse (PHN), and also serves 480 participants through group health education by a Public Health Nurse. The PHCA staff consists of one PHN and one Clinical Nurse Specialist who deliver services to clients at sites where they live or congregate, for example, in a community room at a senior housing complex or at a senior meal site. This service delivery all but eliminates the transportation barrier for clients.

PHCA program performance measures show that 83% of older adults in the PHCA program performed physical activity within the past month. This compares with CHIS (Community Health Information Survey) data, which show that 33% of all Santa Barbara County older adults were limited in their activity. CHIS data also reported that 69% of SB County older adults had a flu shot within a year, while PHCA data revealed that 78% of PHCA clients had a flu shot within the same time period.

On May 21, 2003 the Board approved the original three-year agreement in the amount of \$186,426 (FY 03-04) and on May 11, 2004 approved Amendment No. A01, to increase the amount from \$186,426 to \$221,226 (FY 04-05). The current contract amendment will increase the third year of a three year on-going contract, by \$13,050 from 221,226 to \$234,276 (FY 05-06), allowing the Preventive Health Care for the Aging program to continue with nutrition education for seniors.

While this Amendment is effective October 1, 2005 the document was sent to us by the State in December, 2005. The delay resulted from the time needed to prepare, review and docket a board letter.

**Mandates and Service Levels:**

This is a non-mandated program. Receipt of these funds obligates the county to comply with statutes: Welfare and Institutions Code, Part 6, Division 9, Chapter 6.5: Preventive Health Care for the Aging (as amended by Chapter 1274, Stats. 1980.) This authorizing legislation assists county health agencies to provide preventive health care through public health nursing services to the aged. Scheduled visits by Public Health Nurses are made to senior citizen housing and center facilities for health consultant services.

**Fiscal and Facilities Impacts:**

This agreement totaling \$234,276 is funded through a grant from the California Department of Health Services. The amendment amount of \$13,050 will be part of the adjusted Public Health Department Fiscal Year 2005-06 budget. A budget revision is attached with this request. The allotment will be included in the Chronic Disease and Aging Cost Center found on page D-194 of the 2005-06 budget. The 2005-06 General Fund contribution for Preventive Health Care for the Aging is approximately \$195,790. This amount includes a required local match of \$62,142. There will be no increase in the General Fund contribution as a result of executing this amendment.

This Agreement will not result in any additional need for facilities.

**Special Instructions:**

Please return eight (8) original signed Standard Agreement Amendments with a copy of the minute order to the PHD Contracts Unit, 300 North San Antonio Road, Santa Barbara, CA 93110 Attn: Margaret A. Granger (805) 681 5367.

**Concurrence:**

None required.