

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
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Agenda Number:
Prepared on: 06/13/2006
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 06/27/2006
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Marianne Garrity, ADMHS Assistant Director, Administration
805-681-4092

SUBJECT: Family Service Agency, People Helping People, Sojourn Services, Inc., Community Action Commission and Casa Pacifica contracts.

Recommendation(s):

That the Board of Supervisors:

- A. Approve and execute a contract amendment in the amount of \$1,009,300 with Family Services Agency (FSA), a local vendor, for school, home and clinic-based mental health services to children and their families who are experiencing emotional, social, and behavioral difficulties. The contract term is from July 1, 2006, through June 30, 2007.
- B. Approve and execute a contract amendment in the amount of \$120,000 with People Helping People (PHP), a local vendor, for continued provision of mental health services to severely emotionally disturbed children and families in the Santa Ynez Valley. The contract term is from July 1, 2006 through June 30, 2007.
- C. Approve and execute a contract amendment in the amount of \$1,935,300, with Sojourn Services Inc., (a local vendor) for continued provision of mental health services to severely emotionally disturbed children and families in the North County. The contract term is from July 1, 2006, through June 30, 2007.
- D. Approve and execute a contract amendment in the amount of \$2,581,900 with Community Action Commission, (CAC), a local vendor, to continue providing psychiatric services to seriously emotionally disturbed children. The new contract term is from July 1, 2006, through June 30, 2007.

- E. Approve and execute a contract amendment in the amount of \$2,354,100 with Casa Pacifica, (a local provider), for continued provision of residential, case management and Therapeutic Behavioral and other services to children with severe emotional disturbances (SED). The contract term is from July 1, 2006, through June 30, 2007.

- F. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

Family Services Agency (FSA) provides several services through a sub-contract with ADMHS – Intensive In-Home and Intensive In-School MISC (Multi-Agency Integrated System of Care), CRIS/HelpLine, and Intensive In-School Services with students in the Lompoc Unified School District.

The Intensive In-Home and Intensive In-School MISC program involves four Master's level counselors, as part of a multi-disciplinary team, providing services to severely emotionally disturbed youth and their families. These youth are identified by the school and family members as in need of services and are referred to these counselors via the Care Coordination Service Plan.

The CRIS/HelpLine is Santa Barbara County's only 24-hour, bilingual information and referral and crisis intervention hotline. With the capability to trace calls and connect them directly to 911, law enforcement, or the MHAT Team, the CRIS/HelpLine provides after-hours suicide prevention services as well as after-hours support to callers in crisis. The CRIS/HelpLine has also been designated to provide services for Santa Barbara County under "211", a national initiative to provide health and human service information to callers throughout the country. This free service is designed to reduce unnecessary calls to 911 and 411, especially during a disaster.

Intensive In-School Services are provided to programmatically identify elementary and secondary level children and youth throughout the Lompoc Unified School District who are Medi-Cal eligible. This pilot project has allowed children and their families who were not MISC eligible to receive services that they could not otherwise have afforded.

People Helping People (PHP) provides services in the Santa Ynez Valley to children who are experiencing SED, and to the families of those children. Services will be school-based, individual, group, or family rehabilitation services, case management, and crisis intervention services. Case management services are those services directed at assisting clients access needed medical, rehab, and other community services. Crisis Intervention is a short term service typically lasting less than 24 hours that requires a more timely response than a regularly scheduled visit. Services provided to children under this contract are reimbursable through state Early Periodic Screening, Diagnostic, and Treatment (EPSDT) funding. People Helping

People's school-based counseling program provides the only mental health counseling and intervention for low-income children and families in the Santa Ynez Valley, Los Alamos and Sisquoc schools. Bilingual services are provided that allow access to services previously inaccessible due to language and cultural barriers. The school-based counseling assists children and families to promote positive academic outcomes, prevent out of home placements and reduce hospitalization.

Sojourn Services Inc., (Sojourn) provides mental health services county-wide to children and their families in their natural environments (home, school, recreation, etc.) These services offer mental health assessment and evaluation, individual and family therapy, case management, individual and family rehabilitation services. Services are provided by an interdisciplinary team of licensed clinical staff, child developmental specialists, and occupational therapists who are bi-lingual and bi-cultural. Sojourn's service delivery is based upon a combination of service providers including county partners, family members, and other community agencies (Child Welfare Services, Head Start, Santa Barbara County Office of Education, family day care and other private preschools). Services provided to children under this contract are reimbursable through Medi-Cal and state EPSDT funding.

Sojourn serves clients experiencing various issues that impact normative children's development. Approximately 40% of the families served by Sojourn are involved with CWS. To assist teachers and care providers with strategies and interventions that promote successful placement for the child, direct services are provided at local schools, Head Start, as well as other private day cares. Forty percent (40%) of parents experience Mental Health issues and over 55% of the parents served by Sojourn have either co-occurring (mental health and alcohol/drug problems) or developmental delay issues regarding their children. Fifty-six percent (56%) of the children are from single parent homes with 19% having been exposed to domestic violence. Forty-two percent (42%) are below the poverty level with 55% having living arrangements that are unstable. Families served by Sojourn are 26% monolingual Spanish and 12% bi-lingual. Currently 52% of the families are served in North County.

Community Action Commission (CAC) operates the Lompoc, Santa Maria and Santa Barbara Head Start programs. The Head Start programs offer quality early care and education for children ages 0-5 years of age and pregnant women. Total family involvement is sought using parent groups, volunteerism, social services, case management, health screening, and mental health services, all provided in a culturally sensitive environment. Part day, full day and year-round child care options are available at the various centers. CAC offers a warm and nurturing environment that helps the eligible children attain school readiness. All classes welcome children with disabilities.

CAC also runs the Guadalupe Healthy Start program which serves children and families in the Mary Buren Elementary School and McKenzie Jr. High School. CAC provides bilingual staff and case management services involving parents as active partners within a one-stop resource center in the community. In Guadalupe, CAC works with more than 20 collaborative partnerships related to health and human services, county government, and local non-profit organizations.

The Head Start and Healthy Start Programs provide early childhood family and individual counseling to over 150 eligible clients and their families per year. These programs provided more than 500,000 minutes of Medi-Cal eligible services to clients focusing mostly on family related individual and group therapy sessions.

Casa Pacifica provides Therapeutic Behavioral Services (TBS), residential treatment, and emergency shelter care to Medi-Cal eligible children. TBS is a relatively new, mandated Medi-Cal entitlement service for children who are receiving other Mental Health services and are at-risk of being moved out of the community into institutional care. TBS is designed to keep seriously disturbed and acting-out children in the community by providing intensive one-on-one services that enable children and families to stay together, thus reducing the need for high cost out-of-county residential care. Casa Pacifica also provides residential treatment to children in need of intensive, out of home, therapeutic, and related services.

Casa Pacifica's TBS program served 78 clients during the last fiscal year in a variety of settings including group homes, schools and family homes. Of the 78 clients served, 5 were referred directly from a high cost psychiatric hospital at the time of discharge and all were successful in maintaining their in-home placement. Seven clients were referred to TBS in order to stabilize their behavior in the home and assist in the transition home from a high level residential setting. All seven were able to transition successfully. For the remaining 66 clients served, the focus was on stabilizing the client's behavior to prevent out-of-home placement in a very high cost and generally out-of-county group home with a Rate Classification Level (RCL) of 12 or higher. Of the 78 client's served during the past fiscal year, 63 (88%) were able to meet their TBS goals and maintain their placement.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The recommended action has no impact on the General Fund contribution above what is already budgeted. The funding sources for these contracts will be provided by a combination of Medi-Cal/EPSDT, LIA 5404/5405, Federal grants, LIA 4789 and reimbursement from partner agencies, for a portion of the Casa Pacifica contract LIA 5739. Expenditures for these contracts are reflected in the FY 2006-07 Budget, LIA 7460 – Professional Services and Special Services in the Children Services Division, page D-154

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of each contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Jack Juntunen, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Co-Counsel
Auditor-Controller
Risk Management